OCTOBER 2022

PRSRT STD U.S. POSTAGE PAID PERMIT NO.3

ECRWSS

Duesta Del Rio News

D RIVER . CERRO . COSTILLA . AMALIA . LAMA . SAN CRISTOBAL

SSUE



AGUA ES VIDA OUR WATER IS LIFE EDITION

Cambalache Harvest Festival, Sunday, October 2 See ad, Page 5

COMMUNITY NEWS

Senator Carlos R. Cisneros Memorial Highway *Page 4*

Green Hydrogen for Questa? Page 14

Chevron Water Rights Update Page 15

EDUCATION

Wildcats Sports
Page 8

Questa 4-H Club Goes to State Fair Page 9

BLM Junior Rangers Page 9

ARTS & CULTURE

Questa Creative Council Hires Executive Director Page 10

FISHING, RECREATION & WILDLIFE

Agua es Vida Para Aves Page 12

Beavers! Page 13

OBITUARIES

Cavaliere Carlo Rodolfo Gislimberti Patricia Aragon William Floyd Scott Orlando Feliciano Rael, Sr. Felix Quintana Shannon Pages 25-26

Acequia Comes to Questa Farmers Market

STAFF WRITERS

Over the last few years, the Questa Farmers Market site, adjacent to the Questa Visitor Center, has become a welcoming place for the community to gather. It includes a demonstration garden, a place where community members, including youth, can plant, tend, and gather produce and flowers throughout the garden season.

Gaea McGahee, Farmers Market
Director, along with many volunteers and
interns have planted trees, built shade
structures, created art, and made other
improvements. It keeps getting better and
better and, being in the middle of town,
you could say it has become the heart of
the community in many ways.

Now, the Questa Farmers Market has a swale that is irrigated by the local acequia bringing seasonal running water to the market area. It includes a new culvert that runs beneath a driveway after it passes under Cabresto Road. It brings water from the acequia madre that runs along the east side of Hwy 522 from the Cabresto Watershed to Cabresto Ditch No 3, also called Acequia de la Plaza.

The swale also catches storm drainage when not moving water from the ditch. There are new fruit trees running along the acequia which may be extended to water other trees already planted. More trees may be added, growing shade for market vendors and visitors.

The water from the acequia passes through Estevan Rael Galvez's historic property where it is also used to irrigate a historic orchard and the grandfather apricot tree, which is thought to be the oldest apricot tree in New Mexico. The water will also be used to irrigate future fruit trees in a planned community orchard and vegetable garden. It will contribute



Photo by Gaea McGal

Service with a smile! Environmental Designer Scott Sutton volunteers his time on the acequia, with young trees planted beside it. Behind him are a new culvert and swale that brings seasonal running water to the Questa Farmers Market site.

to the creation and expansion of the community space which will eventually include a dye garden, vegetable garden, and orchard at the farmers market.

Artist Scott Sutton studied landscape architecture and refers to what he does as ecological design. He has helped with the Questa Mural Project, the design of Questa's youth-led Skatepark, and a site plan for the future development of the park at the Questa Library/Youth and Family Center. Scott has brought the acequia to life with the help of Gaea McGahee, Malaquias Rael, and Danny Garcia from the Questa Acequia Association, which provided the necessary documents showing the historical use of water rights on the property and enabling the activation of them for use at the farmers market.

A Questa Farmers Market Instagram

post recognized those who made this possible: "Thank you to all who helped to get the water flowing on this land again! And trees planted, too. This was all made possible by a huge effort from people across the community and afar; youth energy from Vida del Norte Coalition Interns and Sangre de Cristo Youth Ranch camp kids; community volunteers, Questa Farmers Market interns, QFM mentors, Scott Sutton and Jesse Hardy. Plus, Questa Lumber and the support of the Questa Economic Development Fund, LANL Foundation, Taos Community Foundation, and many more. Especially people who raised the trees up, may they thrive!"

The addition of the water element to the market plaza, reminds us that agua es vida, so welcome in the high desert of New Mexico!

NFL Flag League Clinic Launches in Questa

BY PATTI SUNDAY

Saturday, Oct 15 will be an exciting sports day for Taos County youth and families: The Questa Independent School District and Village of Questa have partnered with SMART Sports NFL Flag to host an NFL

Flag Football clinic for area youth ages 5 to 16. Several retired NFL players will be flying in that weekend to help with the event.

The flag-football clinic is scheduled for Saturday, Oct. 15 at the Questa High School and football field. All those wishing to attend must register before 8:30 am and the clinic

will go until noon. SMART SPORTS NFL Flag clinic combines football drills and fundamentals with guest speakers, life-skills sessions, and loads of fun. The clinic is FREE if you register by Monday, Oct. 7. Free

NFL FLAG LEAGUE cont'd on page 28

Questa Del Rio News

NOTICIAS QUESTA DEL RIO

Published Monthly by the
QUESTA ECONOMIC DEVELOPMENT FUND
Publicación mensual por
EL FONDO PARA EL DESARROLLO ECONOMICO DE QUESTA

LOU McCALL Editor

LYNN SKALL Business Manager/Gerente de negocios ELLEN MILLER-GOINS Assitant Editor/Editor asistente

GARY AVINGER Sales Manager/Gerente de ventas sales1@questanews.com • (575) 613-0856

EMILY WILDE Graphic Design & Pagination/Diseño gráfico y paginación

DYLAN R. N. CRABB Reporter/Reportero

EDWARD H. CAMP Reporter/Reportero

ELIZABETH BRUNAZZI Food Editor/Editor de comida

TERESA DOVALPAGE Translator/Traductora

Columnists/*Columnistas*:
Monthly Features/*Presentaciones Mensuales*:

DUANE ABEL
BRYCE FLANAGAN
MARTA GLOVER
MARIA GONZALEZ
CHARLENE R. JOHNSON
TONER MITCHELL
SHARON NICHOLSON
MANDY STAPLEFORD
BARBARA TRACY
JOHN WALSH
ELLEN WOOD
MICHAEL YOUNG

VANETTE HARRIS Subscription Manager/Gerente de subcripciones FREE SUBSCRIPTIONS VIA EMAIL SUBCRIPCIONES POR CORREO ELECTRONICO PAPER SUBSCRIPTIONS VIA USPS \$60 per year SUBSCRIPCIONES EN PAPEL POR CORREO USPS \$60 por año

Contact us to subscribe/Pónganse en contacto para subscribir <u>QuestaNewsSubscriptions@gmail.com</u>

TO VIEW PAST ISSUES OF THIS PUBLICATION PARA REVISAR PUBLICACIONES ANTERIORES https://questanews.com/pdf-back-issues/

QUESTA DEL RIO NEWS EDITORIAL ADVISORY BOARD

ERNESTO CISNEROS DYLAN CRABB LOU McCALL EMILY WILDE ELLEN WOOD

QUESTA DEL RIO NEWS PO Box 1072 1 Highway 38 Questa, NM 87556

OUR MISSION

To Inform, Inspire, Connect and Unite the Communities of Northern Taos County.

 $NUESTRO\ OBJETIVO$

 $Es\ informar,\ inspirar,\ contactar,\ y\ unir\ a\ toda\ la\ comunidad\ del\ norte\ del\ condado\ de\ Taos.$

 $\underline{www.questanews.com}$

Check out our donate button! ¡Mira nuestro botón para donar! Like us on FaceBook/Questa Del Rio News!

PLEASE SEND ALL COMMENTS AND CONTRIBUTIONS BY THE 15TH OF THE MONTH NOS PUEDEN CONTACTAR PARA INFORMACIÓN ENVÍE ANTES DEL DÍA 12 DEL MES

<u>news@questaedf.com</u> (575) 586-2149

'Fall' into spectacular scenery!

By ELLEN MILLER-GOINS

Mid-summer in northern New Mexico can be challenging, packed as it is with visitors escaping sweltering temperatures at home, but those in the know, locals and tourists alike, find October the most glorious time to be in the mountains: The days are typically sunny, but cool, the nights chilly and clear (perfect for stargazing) — and, of course, the entire region can be ablaze with color! Many come to this area just to see the way aspen leaves shimmer and glisten like gold in late afternoon sunlight. Northern New Mexico can be dazzling in the fall as the trees give their last shout of joy before winter and snow begins to cap local peaks.

For driving pleasures, the Enchanted Circle around Wheeler Peak is a "no brainer." This 86-mile trek can begin and end in Angel Fire, Eagle Nest, Questa, Red River or Taos and takes visitors past some of the finest aspen viewing anywhere with, of course, vistas of Wheeler Peak, Gold Hill, Touch-Me-Not Baldy, Taos Mountain and more. For more

Alpine glory, take side trips to the Upper Red River Valley, Taos Ski Valley, or Cimarron Canyon.

The Valle Vidal unit of the Carson National Forest from Amalia to Cimarron (or vice versa) is another great road trip. Unlike the others, this is mostly on an unpaved road (though you do not need a four-wheel drive vehicle). Valle Vidal is home to a magnificent elk herd and other abundant wildlife. Its vistas of high peaks, forests, and alpine meadows are breathtaking. From Questa, head north on N.M. 552 to Costilla then turn east onto N.M. 196 past Amalia onto F.R. 1950 to F.R. 1900, then F.R. 1910 and onto N.M. 204 to U.S. 64 and Cimarron. Just past Cimarron on U.S. 64, take N.M. 204 to Forest Road 1910, F.R. 1900 and, finally, F.R. 1950 to Costilla. Info, (505) 586-0520.

For another gravel road trek past high country gold, take Mallette Road in Red River to F.R. 54 all the way to the 360-degree views of Greenie Peak, then head

ASPENS cont'd on pg 28



Photo by Ellen Miller-Goin

View of Wheeler Peak from Bobcat Pass on NM38.

THANK YOU TO EVERYONE WHO HELPED CREATE OUR OCTOBER ISSUE!

STEPHANIE HAAN-AMATO, LINDA BETZ, AUBREY C, JOSHUA CASTRO, LITA CISNEROS, PETER CRIDER, RYAN L. DARR, PAUL FIGUEROA,
LOUISE GALLEGOS, ERNIE GRIEGO, VANETTE HARRIS, MARTIN HEINRICH, CHRISTIAN ISELY, DAN KEUHN, MAX KHUDIAKOV, RACHEL KUC',
OFFICE OF SENATOR BEN RAY LUJÁN, GAEA MCGAHEE, TODD MICHAEL,
FELIZ ORTEGA, JOHN ORTEGA, QUESTA LIBRARY STAFF,
MELLIE RODRIQUEZ, MARTHA SHEPP, PATTI SUNDAY,
SCOTT SUTTON, PEGGY TRIGG, CYNTHIA RAEL-VIGIL, SOFIA VIGIL,
VALERIE VIGIL, JOHN WALSH

Introducing our New Ad Sales Manager, Gary Avinger

STAFF WRITERS

The Questa Del Rio News is happy to welcome Gary Avinger as our new advertising accounts manager. He has taken over ad sales from Dina Coleman who is enjoying a new full-time job while continuing part-time as QEDF's Office Manager.

Gary, his wife Annie, and their two dogs Bananas and Cookie moved to Taos from Houston, where Gary worked as a Harris County Deputy before transferring to work as Human Trafficking and Missing Children Investigator. Gary co-founded and led a Missing Children and Human Trafficking task force over Eight Counties in the greater Houston area, with over six million residents. After recovering over two hundred missing children, Gary felt like his work there was done.

He is now focusing on a career in comedy and entertainment, he's currently co-hosting "Fresh Out the Box", a three-times-weekly livestream for Tabletop Gaming, and Fresh Out the Podcast, a movie, streaming show, and video game podcast https://linktr.ee/freshouttheboxofficial.

Gary is enjoying his new life in New Mexico and loves the Questa commu-

nity. From barbecue to scenic views, the small and quiet community Questa is a piece of heaven on Earth. Tucked in between Taos and Colorado, Questa is the perfect sized town surrounded with endless landscapes, a national park, and the most friendly folk in New Mexico.

Gary has been a great help to the Q News team, and brings creative, innovative energy to our newsroom — taking our technology to the next level. We are so glad he is here!

Would you like to advertise in the *Questa Del Rio News*? Gary is helping us go digital with ads on our website and across our social media plat-



forms, in addition to our print advertising. Maybe you'd just like a laugh? Text Gary at (575) 613-0857 or email him at Sales1@QuestaNews.com.



GRATITUDE FOR WATER

Our October issue is all about WATER. How do you celebrate water in your life? Do you have a story about water and how it has affected your way of life? Has there ever been a lack of water in your life or too much water that made your existence risky or challenging? We are all grateful to have enough water to wash dishes, bathe, water the garden and wash our clothes. Water is precious. Water is sacred.

Community Resident

"We catch all our water off our roofs. All our containers are full, which has never happened before. Water is precious, we use it for so many things, everything from showering to watering animals."

Dave Mamich:

"My friend and I were hiking the Colorado Trail...we did not carry enough water. We were on a dry area of the trail. We were getting thirsty and looking all over the place. We look down and see a little creek. My friend was so dehydrated that I had to go down to the spring to get the water. Best water I ever tasted. I was very grateful for water that day. My wife and son both work with water."

Kestral:

"Having moved here from New York, I used to be around tons of water, I took it for granted, never considered not having water. I moved to Santa Fe for three months and realized I had to drive two hours to get to any body of water. Abiquiu was half empty and I freaked out. Now I treat water as sacred. Years later I find the

beautiful town of Questa and I feel like I am home. I built a sustainable home in Sunshine Valley and was unable to dig a well, so I collect all my water. Elders tell me it's been 200 years since this much rain has fallen, you have to respect it."

Daniel:

"I celebrate water by irrigating and growing crops for the local community. I am blessed by an underground river that enables me to grow food. Before I was a farmer, I was a mayordomo, I passed water out to the neighborhood. I have lived in the desert for 43 years and spent most of my time using water to grow food."

Kate

"I was in Texas Hill country at a retreat with my husband and son. We went to bed and there was a deep pouring rain. We wake up to a knock on the door, "The flood water is rising." We moved to higher ground. I sat in the open door of our van watching trees, cars and fenceline float by

in rapidly moving water. I was concerned about the earth changes as I watched the water and I wondered, "What do I need to know about this?" My inner voice indicated, "You needed to know you can be in the middle of devastation without being harmed." Brought me peace about the earth changes. I have always had a connection and respect for water."

Paine:

"I have been longing to go to my favorite body of water in Idaho. It's the most beautiful, healing, rejuvenating, divine hot springs I have ever been to. It's located in a large river and there is an amazing waterfall in the rock boulders. There are 12 natural pools there. It is located in the Payette River Basin."

Lynn Galusky:

"We are very thankful for water. Our horses like to get in the arroyo to cool their feet. We try to do the best thing for the world..."

OOPS!

In our June issue, in an article entitled "Taos Democrats Gather", we mistakenly identified candidate Brian Colon, NM State Auditor, as the current Attorney General. He was running in the primary for Attorney General. We apologize for any confusion.

Questa **Del Rio** News

We are an editorially independent local news source published by the Questa Economic Development Fund, a 501(c)(3) nonprofit organization that works in the public interest to advance a diversified sustainable local economy.

OUR JOURNALISTIC ETHICS POLICY

The Society of Professional Journalists declares four principles as the foundation of ethical journalism and encourages their use in its practice by all people in all media. We have adopted these principles as our own:

- Seek Truth and Report It.
- Minimize Harm.
- Act Independently
- Be Accountable and Transparent.

EDITORIAL INDEPENDENCE AND DONOR TRANSPARENCY POLICIES

The *Questa Del Rio News* retains full authority over editorial content to protect our best journalistic and business interests.

- We accept gifts, grants and sponsorships from individuals and organizations to support our paper. Our editorial decisions are not made based on donor support.
- We give no right of review or influence of editorial content.
- We are committed to transparency in every aspect of funding our organization.
- Accepting financial support does not mean we endorse donors or their products, services, or opinions.
- We accept gifts and grants from individuals, organizations, and foundations to help with general operations, coverage of special projects and specific topics and maintain editorial control of that coverage.
 Our editorial judgments are made independently — not based on or influenced by donors. We do not give supporters the rights to assign, review, or edit content.
- We make public all donors who give $5,\!000$ or more per year.
- We do not accept donations from anonymous sources, government entities, political parties, elected officials, or candidates actively seeking public office. We do not accept donations from sources who, deemed by our board of directors, present a conflict of interest with our work, or compromise our independence.
- Download PDFof correction policy go to https://questanews.com/about/

THANK YOU TO OUR MAJOR DONORS & SUPPORTERS









CONTRIBUTING WRITERS

The Village of Questa is hosting a "Trunk or Treat" event Friday, Oct. 28, 2–4 pm. We would like to invite all businesses and community members

to participate in the event. It is free, just bring candy and/or games to give to Trick or Treaters. This is a great way to promote a business and help plan a successful Halloween event for Questa and surrounding areas. Please contact Valerie at (575) 586-0694 or (575) 741-5334.

Our Chief of Police, Ron Montez, is hard at work getting the Police Station ready to go. He is working with his unit, polishing up the equipment, and looking to hire new police officers so they can start patrolling the Village of Questa. The village is still covered by a memorandum of understanding (MOU) between the Taos County Sheriff's Office and the Village of Questa signed during the Taos County Commission Meeting March 1.

The Village of Questa is currently hiring certified police officers to join the Questa Police Department. The job description and employment application is uploaded to the website: www. questa-nm.com. Under the government tab there is a job positions tab. For any questions please contact: Valerie Vigil

Clerk/HR at (575) 586-0694 or <u>vvigil@</u> <u>villageofquesta.org</u>.

The Questa Independent School District and Village of Questa have partnered with SMART Sports NFL Flag to host an NFL Flag Football clinic for area youth ages 5 to 16. Several retired NFL players will be flying in that weekend to help with the event, held on Saturday, Oct. 15 at Questa High School. The event is free for those registering before Oct. 7. Please call Julie at (575) 586-0421. (For more information see Front Page Story)

Village, School Board Discuss Well Easement/Improvements

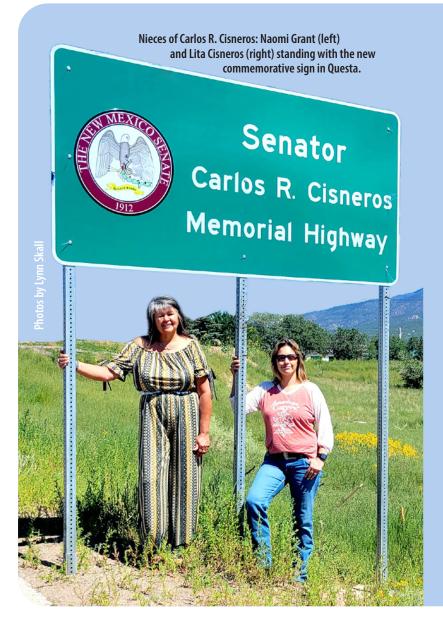
By DYLAN R.N. CRABB

Village officials and members of the Questa Independent School District (QISD) are working together to update access issues and needed improvements to a Village well that sits past school property.

On Sept. 19 a group including Questa Mayor John Ortega, Councilors Louise Gallegos and Katrina Gonzales, Village of Questa Projects Manager Jake Lefore, Village Attorney Chris DeFillippo, QISD Superintendent John Maldonado, School Board Member Juan Cisneros, and QISD Maintenance Supervisor Robert Martinez toured a Village of Questa water well behind the Questa High School. They discussed an update to the easement defining the property boundaries between the Village well and the high school.

Because the Village-operated well sits on a small piece of property behind the high school surrounded by QISD property, the Village and the school district are cooperating to upgrade the fencing around the property, add a gate to the well's access road, as well as to service the access road.

The Village and QISD are currently drawing up documents to make the required property updates; there is no deadline for the updates. Superintendent Maldonado expects construction to begin at the end of the 2022-2023 academic year.



Senator Carlos R. Cisneros Memorial Highway

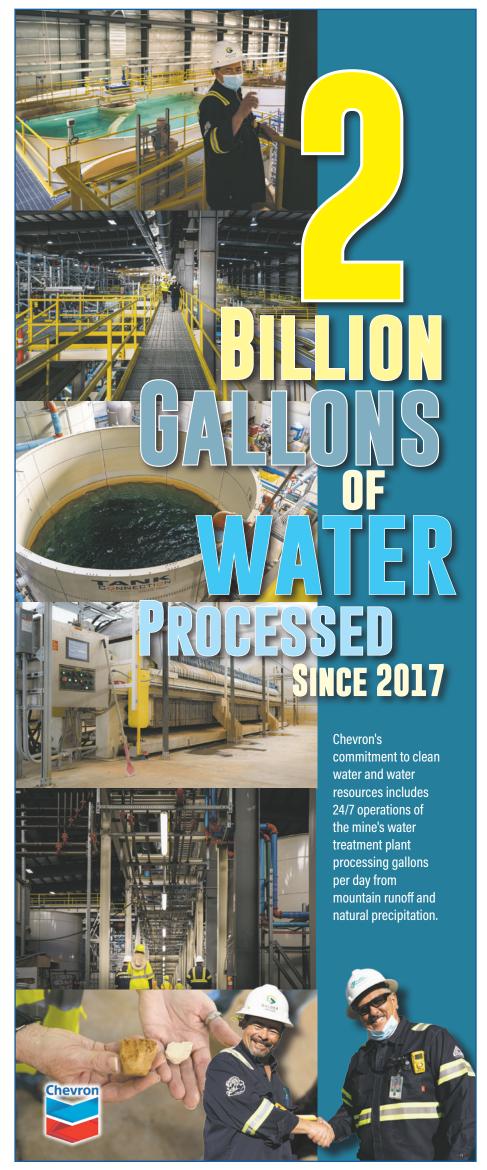
The Senator Carlos R. Cisneros Memorial Highway was dedicated on Sept. 1 with the unveiling of four road signs that commemorate the late Senator from Questa. During his 34 years of serving in the legislature, Senator Cisneros made many contributions to our community, including securing millions of dollars for capital projects. Senator Bobby Gonzales, who was appointed to take the late senator's place in the New Mexico Senate, sponsored the legislation that passed to rename NM Hwy 522 in honor of Carlos Cisneros from the Colorado border south to the intersection of Hwy 64 north of Taos.



Family of the late senator during the dedication of the Senator Carlos R. Cisneros Memorial Highway. From left to right: Analisa Rogelio (daughter), Carol Ortiz Wolanin (niece), Albert Ortiz (Carlos's uncle), Carmen Cisneros-Martinez (niece), Cathy Cisneros-Valencia (niece) with Nevaeh Wilson - holding sign (great-great niece), Lita Cisneros (niece), and Naomi Grant (niece).









The Magic of Water

The importance of water to our health and well-being cannot begin to be explained in a few words such as this writing. However, I would like to touch upon certain aspects of water that, when understood, can make a difference in our physical, mental and emotional experience, and perhaps give us a better understanding of our miraculous body and mind.

Dehydration is far more than dry mouth or the desire for a sip of water. In modern society, some may consider that tea, coffee, alcohol and manufactured beverages are a substitute for water intake. These beverages do contain water, but they also contain dehydrating agents. These agents diminish the water they are dissolved in plus they can reduce water reserves in the body. When the body becomes dehydrated, drought management takes place. A lowered water level to the systems and organs of the body would indeed, become a detriment to our health and well-being. Every day the body loses water through breathing, perspiration, urine and bowel movements. This must be replaced through water (80 percent) and food (20 percent). The Mayo Clinic suggests that men consume 15.5 cups (3.7 liters) per day, and women consume 11.5 cups (2.7 liters) per day. Of course, if you sense a need for more, then please listen to your body.

The following is a list of just some of the organs and their percentage of water for optimum function: Blood Plasma – 90 percent, Brain – 80 to 85 percent, Kidneys – 80 to 85 percent, Heart – 75 to 80 percent, Lungs – 75 to 80 percent, Liver – 70 to 75 percent, Muscles 70-75 percent and Skin 70 to 75 percent. When

we reach a state of dry mouth, we are already dehydrated, and these organ and system functions have begun to suffer the effects of the lack of water. Dehydration causes stress, and stress will cause further dehydration.

For more information on what has been touched on here, I recommend Your Body's Many Cries For Water by F. Batmanghelidj, MD. He presents a very strong study of the detrimental effects of dehydration from depression to many physical aches, pains, and diseases.

Water picks up and stores information. This is important to know so that we are aware of how we are feeling and thinking when we are drinking water. One example is from an experiment conducted by Russian scientists where they had three separate people hold slides with four drops of water on them, all from the same water source. After a short while, the slides were set aside to dry. After they had dried, the science team looked at them through a microscope and observed that the dried water from each person's slide had different images of information. Their conclusion

was that the water was influenced by the energetics of the person who was holding the slide of water drops. This was not the only experiment of this kind to come to the same conclusion.

Probably more familiar to us is the work of Dr. Masaru Emoto and his beautiful images of frozen water. Dr. Emoto exposed glasses of water to various words, pictures and music and then froze the water. He then examined the ice crystals to find that the ice crystals exposed to positive speech and thoughts had a pleasing appearance and those exposed to negative intentions yielded "ugly" or chaotic ice formations. He also discovered mountain stream water produced beautiful geometric designs and polluted water produced distorted forms.

For more information on Dr. Emoto, I suggest his beautiful book, The Hidden Messages in Water. We should never underestimate the many gifts of water and the mysteries that it holds along with its great healing powers. Understanding how our body, mind and emotions function with and without adequate water supply is a gift in itself.

SENIOR MENU: OCTOBER 2022

Monday	Tuesday	Wednesday	Thursday	Friday	
3	4	5	6	7	
Macaroni and Cheese, Spinach, Sliced Tomatoes Roll, Pears Roast Chicken, Mashed Potatoes w/Gravy, Green Beans, Biscuit, Tropical Fruit		Cheeseburger with Lettuce/Tomato Onion/Pickle, Potato Salad, Ice Cream Cup	Meatballs w /Rice, Oriental Vegetables, Roll, Apricots	Chicken Adovada, Pinto Beans, Spinach, Tortilla, Rice Pudding	
10	11	12	13	14	
CLOSED	Chicken Tenders, Scalloped Potatoes, Carrots, Roll, Fruit Cocktail	Baked Fish w/Tater Sauce, Tatar Tots, Broccoli Salad, Roll Fruit	Pork and Zucchini Stew, Crackers, Green Beans, Coleslaw, Peaches	Beef Tips over Noodles and Gravy, Peas, Three Bean Salad, Pears	
17	18	19	20	21	
Spaghetti w/Sauce, Broccoli w/Cheese, Garlic Bread, Peaches	Green Chile Chicken Enchiladas, Lettuce/Tomato, Pinto Beans, Spanish Rice, Jello	Pork over Noodles, Broccoli, Beet and Onion Salad, Roll, Sliced Apples	BBQ Chicken, Pork and Beans, Pasta Salad, Biscuit, Butterscotch Pudding	Pork Stir Fry, Rice, Broccoli, Roll, Pineapple	
24	25	26	27	28	
Salisbury Steak, Baked Potato Gravy, Peas and Carrots, Roll, Apricots	Green Chile Stew, Pinto Beans, Salad w /Dressing, Tortilla, Tapioca Pudding	Oven-Fried Chicken, Mashed Potatoes, Gravy, Island Vegetables, Corn Bread, Peaches	Hot Turkey Sandwich, Winter Vegetables, Beets FruH Cocktail	Pork Posole, Cabbage/Radish, French Bread, Sherbet Cup	
31 😃	NOV 1	NOV 2	NOV 3	NOV 4	
Chili Dog, Potato Wedges, Mixed Vegetables, Mandarine Oranges	Chicken Fajlta, Fajlta Vegetable, Refried Beans, Zucchini and Corn, Apple Crisp	Egg Salad Croissant Sandwich, Three Bean Salad, Plckle, StawberryShortcake			

Taos County Senior Program 575-737-8927 • PLEASE NOTE THAT MENU IS SUBJECT TO CHANGE WITHOUT NOTICE

This Senior Lunch menu applies to all Senior Centers in Taos County. Meals are cooked fresh at each location.

Lunch costs \$1.50 to anyone over age 60. Those under 60 pay \$7.50. Lunch hours are 11 am to 1 pm. Grab and Go Lunches are available 11 am to noon. Meals-on-Wheels are provided at the same price to frail, homebound, or atrisk elderly.

To qualify, an in-home assessment at the request of the client's physician is conducted by project staff, stating that this person is not able to travel to the Senior Center.

For our readership area, Senior Lunches and Meals on Wheels are served at Questa Senior Center, 148 Embargo Rd., Questa, NM 87556 (575) 586-0508 and at 583 State Road 196, Amalia, NM 87512, (575) 586-0071.

Free Senior Exercise classes at the Questa Center are Thursdays 10 –11 am. Free transportation is provided to registered Seniors on Tuesdays and Thursdays.

Registering for events or meals (must be over 60) takes only a few minutes. Arrive early to sign up.



LIVE LOVE LAUGH by Ellen Wood a.k.a. Maruška

You Can't Live Without It

Without what? Water! You can't survive for more than three days without water. And when you drink a sufficient amount of pure water every day your skin glows, your energy increases and your overall health improves. Plus, splash some on your face before applying a cream moisturizer. I do that and my complexion is pretty darn good for

85 years old.

Another benefit: water doesn't cost an arm and a leg. When you drink the proper amount of pure water, you're moisturizing your skin from the inside. Your skin, which is your largest organ, is actually made up of about 20 percent water, in addition to protein, fat, chemicals and minerals. Skimp on the water and you're withholding a vital necessity for your skin's optimal health.

Wondering why you're feeling so tired? No energy? Dehydration is the main culprit of the afternoon dip in energy. Literally, when we don't consume enough water, we are drained. Back and joints aching? It could be because you're dehydrated.

Ideally, you should drink half your body weight in ounces every day. If the weather is hot or very dry, you may need to drink more than half your body weight in ounces of water. You also may need to drink more if you're exercising or taking certain medications. Here are some tips for making it easy:

Weigh yourself and divide the number of pounds by two. That is the number of ounces of water to drink. If you weigh 160 pounds, you need to drink 80 ounces of water.

Even though there is water in other beverages and food, don't count that in your daily dose of water.

Measure the number of ounces in your glass water bottle to see how many times you need to refill it.

Thank the water. Even if you don't believe water receives it, research studies show that being grateful is good for your body and mind.

Keep that bottle with you – at your computer, in the car, on the kitchen counter and drink often.

What about bottled water? Keep this statistic in mind: each hour of each day Americans empty 2.5 million plastic water bottles. Each one takes 500 years to decompose. Every choice you make has an impact, so be kind to the Earth and take your reusable water bottle with you. Production of plastic continues to increase, along with its wastestream. If this continues, oceans will contain more plastic by weight than fish by 2050 and marine life will be damaged beyond repair.

Ellen Wood of Questa is an award-winning author as well as an artist using the name, Maruška. The website for her books and paintings is www.North-ernNewMexicoArtists.com/ellen-wood. Contact Ellen at ellen@howtogrowyounger.com.

No puedes vivir sin ella

POR ELLEN WOOD

¿Sin que? ¡Sin el agua! No puedes sobrevivir más de tres días sin agua. Y cuando bebes una cantidad suficiente de agua pura todos los días, la piel te brilla, tu energía aumenta y la salud en general se te mejora. Además, échate un poquito en la cara antes de aplicarte una crema hidratante. Es lo que hago eso y mi complexión es bastante buena para tener 85 años.

Otro beneficio: el agua no cuesta un ojo de la cara. Cuando bebes la cantidad adecuada de agua pura, hidratas la piel desde el interior. La piel, que es el órgano más grande del cuerpo, en realidad se compone de aproximadamente un 20 % de agua, además de proteínas, grasas, sustancias químicas y minerales. Si no usas la suficiente cantidad de agua, no estás proporcionando una sustancia vital para la salud óptima de la piel.

¿Te preguntas por qué te sientes tan cansado? ¿Sin energía? La deshidratación es la causa principal culpable del bajón de energía que ocurre en la tarde. Literalmente, cuando no consumimos suficiente agua, estamos drenados. ¿Tienes dolor de espalda y en las articulaciones? Podría ser porque estás deshidratado.

Idealmente, debes beber la mitad de tu peso corporal en onzas todos los días. Si el clima es cálido o muy seco, es posible que debas beber más de la mitad de tu peso corporal en onzas de agua. También es posible que debas beber más si hace ejercicio o tomas ciertos medicamentos. Aquí hay algunos consejos para que el cálculo te resulte más fácil:

- 1. Pésate y divide el número de libras por dos. Ese es el número de onzas de agua para beber. Si pesas 160 libras, necesitas beber 80 onzas de agua.
- 2. Aunque hay agua en otras bebidas y alimentos, no la cuentes en tu dosis diaria de agua.
- 3. Mide la cantidad de onzas que hay en tu botella de agua de vidrio para ver cuántas veces necesitas volver a llenarla.
- 4. Agradece al agua. Incluso si no crees que el agua reciba tu agradecimiento, los estudios de investigación muestran que ser agradecido es bueno para el cuerpo y la mente.
- 5. Mantén contigo esa botella —en la computadora, en el automóvil, en el mostrador de la cocina— y bebe con frecuencia.

¿Qué pasa con el agua embotellada? Toma en cuenta esta estadística: cada hora de cada día, los estadounidenses vacían 2,5 millones de botellas de agua hechas de plástico. Cada una tarda 500 años en descomponerse. Cada elección que haces tiene un impacto, así que sé amable con la Tierra y lleva contigo tu botella de agua reutilizable. La producción de plástico sigue aumentando,

junto con su flujo de residuos. Si esto continúa, los océanos contendrán más plástico en términos de peso que peces para 2050 y la vida marina sufrirá daños irreparables.

Ellen Wood de Questa es una autora galardonada y una artista que usa el nombre de Maruška. El sitio web de sus libros y pinturas es www.NorthernNewMexicoArtists.com/ellen-wood. Para ponerse en contacto con Ellen escriba a ellen@howtogrowyounger.com.

Traducido por Teresa Dovalpage

JR (Malaquias) says:

"Are those red and yellow lights on your car's dash giving you a spooky feeling?"





Let us check it out.



575-586-0561 • 2460 State Road 522, Questa NM

Quetsa Del Rio NewsWorking for our Community.

CALL OR E-MAIL US FOR AD RATES! (575) 586-2258 or Sales1@QuestaNews.com



By EDWARD H. CAMP

VOLLEYBALL:

The Ladycats JV team put on a dynamite performance Sept. 6 against the Cimarron Lady Rams. The Ladycats took the first set handily with a score of 13–25, with Cimarron never taking the lead. Though the Lady Rams fought harder through the second set, scoring first and even taking the lead for a moment at 11–10, the JV Ladycats came roaring back to finish the second set 16–25 and win the game, 0–3.

The varsity squad was not as lucky, but played a convincing game none-theless. The Ladycats smashed through Cimarron's defenses in the first set, winning 14–25. But, over the next three sets, the Lady Rams were able to edge out the hard-fighting Cats, 25–20, 24–26 and 25–21 for a final of 3 sets to 1. Kiara Arellano had a stand out performance with 24 digs and 28 receptions, as did Jordyn Martinez with 29 kills. Alyana León had an unbelievable 63 assists (national player avg. of 23 per game).



Photos by Edward H. Camp

QHS soccer playing Monte Del Sol Dragons on October 22.

FOOTBALL:

The Wildcat's single home game for October against Dulce High School was a beauty! Cat's Freshman kick returner Noah Rael scored on the opening kickoff to put the Dulce Hawks on the heels from the start. The Hawks responded quickly though, marching down field once and capitalizing on a Wildcat fumble before Questa could respond with their own touchdown (Martin Rivera, Junior) and 2-pt conversion (Carlos Ortega, Sophomore) to go ahead 12–14.

Dulce put up another TD to end the 1st quarter 18–14. It would be their last lead of the game.

Already into Hawks' territory before the 2nd quarter, Freshman Adam Gordon's quick touchdown gave the Wildcat's the lead they would keep the rest of the game. Quarterback Dawson Breen, Senior, kept the Hawks defense guessing, putting up 72 rushing yards himself over the last 3 quarters.

In the end, the Hawks had to face their first of two defeats by the Cats

in a three week span. Final: Dulce 30, Questa 62.

SOCCER:

As of Sept. 22, Questa has played four home games but have had trouble finding their stride in Wildcat's Stadium.

The Wildcats had back-to-back home matches on Sept. 7 and 8. In the first against East Mountain High School saw the Cats lose 1-2. Questa Junior Nathanial Rael scored Questa's lone goal in the 22nd minute.

The next day against Taos JV, Nathaniel Rael scored a banger at 38 minutes to put the Cats ahead. The Tigers responded in kind in the 47th to open the second half. Though the Wildcats held the Tigers off through the second half, they were not able to find the back of the net either. Final Questa 1 – Taos 1.

Academy for Technology and the Classics of Santa Fe visited Questa on Sept 13. The Wildcat's played solid ball, but did not pull out the W. Freshman Alyse Lovato scored at 55 minutes to keep the Cats in the game, but ATC went on to win 1 – 3.

Big Blue played Monte Del Vista of Santa Fe on Sept. 22nd after a long rain delay. The visitors opened the scoring in the 3rd minute and never let up. The Cats lost 10 - 0 to finish their month at home 0W-1D-3L.

OUESTA WILDCAT'S OCTOBER SPORTS SCHEDULE

Football				
0ct-1	7:00 PM	HOME	QUESTA HIGH (HOMECOMING)	Menaul School
Oct-8	1:00 PM	AWAY	Pine Hill	QUESTA HIGH
0ct-13	6:00 PM	НОМЕ	QUESTA HIGH	Legacy Academy

Soccer				
0ct-7	4:00 PM	НОМЕ	QUESTA HIGH	Tierra Encantada Charter School
0ct-11	4:00 PM	AWAY	Academy For Tech & Class	QUESTA HIGH
0ct-12	4:00 PM	AWAY	Monte Del Sol Charter	QUESTA HIGH
0ct-17	4:00 PM	AWAY	Tierra Encantada Charter	QUESTA HIGHW
0ct-19	4:00 PM	AWAY	Moreno Valley High	QUESTA HIGH

	7th Grade	8th Grade	Junior V	Varsity			
0ct-3		4:00 PM		5:00 PM	HOME	QUESTA HIGH	ANTONITO MIDDLE/HIGH
0ct-6			4:00 PM	5:00 PM	AWAY	Escalante Middle/High School	QUESTA HIGH
0ct-8			1:00 PM	2:30 PM	HOME	QUESTA HIGH	Mora High
0ct-13				5:00 PM	AWAY	Mesa Vista High	QUESTA HIGH
0ct-18		3:00 PM	4:00 PM	5:00 PM	AWAY	McCurdy Charter	QUESTA HIGH
0ct-20		4:00 PM	5:00 PM	6:00 PM	HOME	QUESTA HIGH	Peñasco Middle/High
0ct-22			4:00 PM	5:00 PM	HOME	QUESTA HIGH	Escalante Middle/High School
0ct-27			5:00 PM	6:30 PM	AWAY	Mora High	QUESTA HIGH
0ct-27				1:00 PM	HOME	QUESTA HIGH	Mesa Vista High
Nov-3		3:00 PM	4:00 PM	5:00 PM	HOME	QUESTA HIGH	McCurdy Charter



Questa Achievers 4-H Club Go to State

By FELIZ ORTEGA

Taos County Fair was held Aug.19-21, and our Questa Achievers 4-H Club did an outstanding job. Congratulations on their accomplishments at the Taos County Fair. Kingston Trujillo took 2nd place for his beautiful, stamped leather work.

Some of the Achievers showed poultry, rabbits and livestock; they raised and cared for their animals for five months – feeding, walking, bathing, and grooming them in preparation to be shown, judged, and sold at the auction.

Bradley Ortega showed both his Suffolk lambs, Tom and Jerry. J.T. Radcliff showed two Call Ducks named Artemis and Athena which were also shown at the state level winning first place. Jaylee Rael showed her Mini Lop Rabbit, Valentino. Candice Stroback showed her Black Jersey Woolly rabbit, Hot Pocket and won a buckle for showmanship. Adrianne Rael won Reserved Grand Champion and a buckle with her Mini Lop Rabbit, Lola Bunny. Mariana Ortega won buckles for both Reserved Grand Champion and Showmanship for her Hampshire Suffolk lamb, Timber.

Diego Ortega won Grand Champion and a buckle with his Hampshire Suffolk Lamb, Smokey.

The following Questa Achievers 4-H members also entered in other categories winning First place in their designation and divisions and earning a spot at the New Mexico State Fair.

- JT Radcliff: Novice Creative Arts and Arts & Crafts 1007 Unit 1
 Macro Photo
- JT Radcliff: Novice Creative Arts and Arts & Crafts 1009 Unit 2 – Photo showing Good Composition
- JT Radcliff: Novice Creative Arts and Arts & Crafts 1010 Unit 2 – Action Photo
- JT Radcliff: Novice Horticulture & Agronomy 112 Produce basket (collection of produce grown by the member and list of vegetables included)
- JT Radcliff: Novice Horticulture & Agronomy 106 Floral Arrangement
- Mariana Ortega: Junior in Creative Arts and Arts & Crafts 1800 Self-determined advanced Arts exhibit including Self-Determined Project
- Mariana Ortega: Junior Home



Photo by Feliz Ortega

Questa Achievers 4-H Club: From left to right: Kingston Trujillo, JT Radcliff, Adrienne Rael, Jaylee Rael, Mariana Ortega, Bradley Ortega, Diego Ortega. Not Pictured: Candice Stroback, Jeremiah Ortega, Jackson Ortega, and Darren Trujillo

Economics 1302 Three (3) Chocolate Chip Cookies

 Candice Stroback: Junior Animal Science 26 Rabbit III: All Ears Exhibit

Chevron was a sponsor for the 2022 State Fair in Albuquerque. Community Affairs Advisor, Christian Isely gave free tickets to the Questa Achievers and their parents to attend the state fair. A good time was had by all!

Questa Achievers has 10 members this year. Members have met for fishing trips, hiking, orienteering, working with their animals, and more is yet to come! The new year will begin on Oct. 1. If you would like to join Questa Achievers 4-H Club, or have questions, please contact Denise Winslow-Lawrence at (575) 200-9947 or Feliz Ortega at (575) 770-1676.

The BLM Junior Ranger Training

By JOHN WALSH

On Sept. 8, 2022, 4th, 5th, and 6th graders from Alta Vista Elementary ventured out to Wild Rivers for a day of training to become Junior Rangers. Six staff and 48 students headed out after breakfast in one of Charley's buses to the Wild Rivers Ranger Station along the Rio Grande Gorge. We arrived to find the parking lot was set up as an outdoor classroom. Head BLM Ranger Tim Long greeted us and we moseyed up to the amphitheater to begin several hours of instructions.

A Junior Ranger Guidebook and pencil were handed out and class began. First thing Tim had us do was divide up into classes and quiet our minds by taking in the scenery. After a couple of minutes, we started into the manual. **LEAVE NO TRACE** was the object of the course.

The first principle we talked about was KNOW BEFORE YOU GO. Make sure you have the right gear, water, and a map before you head out into the wilds. STAY ON THE TRAIL to keep down erosion and minimize the potential for getting lost. When you find beautiful rocks and plants

and things along the trail leave them there for the next person who comes along to enjoy. These things belong to nature and not to you.

PACK IT IN PACK IT OUT. Whatever you bring in with you, bring it back. Help keep the forest pristine by packing out any trash you find. Respect wildlife and don't feed them. Be respectful of other campers and keep the noise down. Don't build your fire on the ground. It destroys the soil and can leave hot roots which can start a fire after you leave. Bring along a steel pan or fire pit that stands above the ground. Mostly have FUN, be safe, and leave no trace.

After this introduction the different groups split up and went to one of three guided stations. Our group of 5th graders ended up at the Pollinators tent. Here we learned about what types of bugs and bats pollinate the flowers to produce fruit and seed. We also learned some flower anatomy. Bugs, flies, and bees crawl all over these flowers and pick up pollen which they carry to the next flower. It can then produce seeds and fruit. Lesson learned:



Photo by John Walsh

Pollination in action! Junior Rangers learned the importance of pollinators to produce food that many life forms depend on, not just wildlife, but human beings, too.

BE KIND TO THE POLLINATORS!

From the pollinator tent we sauntered over to the PACK IT IN PACK IT OUT demonstration. Our guides told us stories of having to clean up campsites; because



Photo by John 1

Part of the Junior Ranger training was to learn to identify animal tracks.

some campers don't clean their camps when they get ready to leave. They talked about managing your personal waste by burying your poop and carrying out the

BLM TRAINING cont'd on pg 28

QUESTA CREATIVE COUNCIL



Courtesy Phot

Sierra Hedberg, Questa Creative Council's new executive director.

QCC Hires First Executive Director

By MARTHA SHEPP

On the heels of Questa's best studio art tour ever this past August, the Questa Creative Council is becoming better known and appreciated as a valuable asset for this community. One of five main categories identified for economic development after the Moly Mine closure was The Arts, and the increased number of the tour's artists and visitors attests to the benefit of this and other QCC events highlighting the creative talent in our community.

It takes a lot of combined effort to keep an arts council such as the QCC going. This non-profit is 5 years old now, and can thank its success on many volunteer hours, an increasing ability to fund professionals for specific work, and now we are proud to announce that we have hired our first-ever executive director, Sierra Hedberg!

Ms. Hedberg and her young family are new residents to the Questa area. She most recently lived in Taos and was the Taos Farmers Market Manager for several years. Enthusiastic to lend her skills to her new community, Sierra has been a fan of the QCC's work. Her management skills, interface skills with students, writing and grant-management, and budgeting abilities, as well as a keen interest in the arts, will be great assets for the QCC.

Sierra's job was previously tagteamed by Board Chair Alberta Bouyer and Betsy Irwin, the most recent funding manager.

In addition, Sierra will bring a



Courtesy Photo

Bone Orchard: Carole and Daniel



Photo by E. Wilde

Mark Dudrow and Martha Shepp will be performing for the All Souls Concert at Yoga Sala, Oct. 26.

community outreach component that has been missing in the last few years, as volunteers covered more essential duties to keep us up and running. This means we can look forward to increased collaboration with area nonprofits to work together and support one another.

Alberta reports that this level of the QCC's success is thanks to the energy of Peggy Trigg and Roger Harrington, who founded the nonprofit—no easy feat. The founding board members are almost all still active, and proud of the relationships they've built with local, state, and federal funding agencies. It takes years of work building confidence to fund this level of administrative expense that can keep our popular projects and events going.

New executive director Sierra says, "I feel it is an inspiring time to be invited to serve my community. I give thanks to the many hands and hearts who've invested so much energy toward growing the QCC into what it is today. I am excited to join in the fun now and bear witness to the growth to come!"

Active Questa Creative Council projects include: the the Questa Studio



Courtesy Photo

Day of the Dead, painting by local artist, B. I. Konior

The Musicians

Bone Orchard: Husband and wife duo Carole Morgan-Eagle and Daniel Pretends Eagle have been writing and performing music together for over 20 years. After meeting in the music scene of Los Angeles in the 1980s, they moved to Taos, NM, where the inspiring beauty of the vast landscape and rich history of the southwest found their way into their music.

"One of New Mexico's most exciting acts... Bone Orchard symbolizes the romanticized spirit of the west... and finds the hidden beauty amongst the sand and the stones, redefining Americana."

—Gabe Gomez, The Santa Fe New Mexican

Mark Dudrow, cello and Martha Shepp, piano: These local musicians will perform reflective and haunting tunes by Latin American composers on piano and cello, to take you on an inner journey of reflection and resolution.

Arts Tour, Questa History Trail, and the Questa Chamber Music Series of performances at Yoga Sala (see upcoming concert Oct. 28, described below), workshops for all ages held at the Cisneros Youth and Family Center, and a new literary project, P3: Pandemic Poetry, that will build a focus on expression through words for our area youth and adults, with dynamic performances envisioned. Learn more about us on our web page, www.questacreative.org, and join us! Contact us at questacreative-council@gmail.com.

Live Music! All Souls Concert at Yoga Sala Oct. 28

By MARTHA SHEPP

The Questa Chamber Music Series is pleased to present a concert to celebrate Halloween, All Souls Day, and Dia de los Muertos. Many traditions recognize and mark this time of the year. With honesty and even humor, we present this concert (with a dinner option!) to honor this season of transition, when the veil is thin, and the souls of those who have gone may be close.

Let us gather our souls together in community, in sharing a simple meal and listening to the deep and beautiful offerings of these musicians.

What: All Souls Concert **When:** Friday, October 28, 6 - 8 pm

\$10-20

Dinner for an additional donation: \$10-20

Admission: At the door, sliding scale

Where: Yoga Sala, 2331 State Hwy 522, Questa, NM 87556

Who: Bone Orchard (Carole Morgan-Eagle, vocals, and Daniel Pretends Eagle, guitar and vocals), with Mark Dudrow, cello, and Martha Shepp, piano

Contact: Martha Shepp (575) 776-7579 **More:** To protect the wood floor we ask you to leave your shoes at the door and welcome you to bring slippers.

This collaborative event is hosted by Yoga Sala and sponsored by the Questa Creative Council. Yoga Sala is a yoga

studio, hosting expressive arts, dance,

and music events.

"SOUTHWEST REFLECTIONS: IN BETWEEN SHADOWS OF THE LAND" NINE NEW MEXICO ARTISTS AS DOCUMENTARIANS OF THE LAND

A diverse exploration of environmental relationships conveyed through shadows, reflections, and movements at The Millicent Rogers Museum in Taos.

The featured artists approach the land as truth-telling from several cultural perspectives.

The exhibition opens to the public on October 8 with a public reception on Saturday, October 8, 5:30-7:30pm. It will be on view through January 29, 2023.

Taos Artist Ed Sandoval lands National Magazine Cover

STAFF WRITERS

Questeños know Ed Sandoval as the talented — and generous — Taos artist who painted Questa's St. Anthony's Church, and donated the image of the church to use as a fundraiser. At an initial event, held in April, the artist was available to sign the prints. Additional prints, notecards and coffee cups featuring the image of St. Anthony's Church can be purchased at Rael's Store & Coffee Shop. Money raised goes to St. Anthony's Parish to help with maintenance of the historic church.

More recently, Sandoval was brought to national prominence when one of his paintings, "Changing of the Seasons" was featured on the September/ October cover of the famed *Saturday Evening Post*. The historic magazine has a tradition of featuring prominent American artists on their covers, including such greats as Norman Rockwell and Andrew Wyeth. It was first published in Philadelphia in 1821 at the same print-

ing press that Benjamin Franklin started.

The Post quoted "this month's cover artist," Ed Sandoval, who stated that "New Mexico is timeless and sacred — our landscapes and skies are a symphony of color, and our people live contented lives in weathered adobe homes while keeping their centuries-old culture and traditions alive," and added he views his paintings as visual stories that "preserve the way of life of hard-working people like my grandparents."

See a preview of the magazine here: https://www.saturdayeveningpost.com/2022/08/preview-the-Octoberoctober-2022-issue-of-the-saturdayevening-post/

For more information on purchasing items featuring Sandoval's image of St. Anthony's, visit Rael's Store & Coffee Shop, 2430 State Highway 522, in Questa, NM 87556; call (575) 779-9249 or (575) 613-5490.

To see more of Ed Sandoval's other work, visit <u>edsandovalgallery.com</u>.



Courtesy Photo

Taos Artist, Ed Sandoval's painting was featured on the September/October cover of the Saturday Evening Post.

A Conversation Between Two Poets

By VANETTE HARRIS

One bright spring morning a friend sent me a link to a poetry event sponsored by The Andrew W. Mellon Foundation. My first thought was that this event would probably be way over my head. Two very intelligent women in conversation about poetry, was I worthy? Would I be able to relate to these women?

After doing some soul-searching, I realized that I truly love poetry. I've written poems, I've taught poetry writing to my fourth-grade students, I've attended

Please go to the website to listen to this conversation in its entirety. It will be worth your time. https://mellon.org/news-blog/articles/join-us-reading-poetry-engaging-america/
We wanted to include a poem by Joy Harjo, entitled *Perhaps the World Ends Here*, but were unable to attain permission to reprint it. Enjoy it here at https://www.poetryfoundation.org/poems/49622/perhaps-the-world-ends-here
Here is the audio version of *Perhaps the World Ends Here*:
https://www.poetryfoundation.org/

podcasts/142658/perhaps-the-world

<u>-ends-here</u>

poetry writing workshops, I've been to countless poetry readings... So, yes, I am worthy of this event and yes, I can relate to these women.

Elizabeth Alexander is a poet and president of the Mellon Foundation and Joy Harjo is the Poet Laureate of the United States and the first Native American to hold that position.

The title of the event was "Reading Poetry, Engaging America." It began with Elizabeth introducing Joy. Joy is a member of the Muscogee (Creek) Nation. She is author of books of poetry, children's books, and memoirs. She is a musician and is a member of the Arrow Dynamics Band. She plays the saxophone and flute. Her newest album is *I Pray for My Enemies*.

Joy began the conversation with a reading of her poem, "Perhaps the World Ends Here...," a beautiful piece that makes me think back to my child-hood... talking, eating, playing, learning, loving. Her words speak to your heart... your soul.

Elizabeth was a delightful interviewer. She had obviously done her homework and was up for the task of engaging Joy in conversation. I am going to touch on some of the moments (there were so many) that spoke to me.



Courtesv Photo. Poetrv.ora

Joy Harjo, Poet Laureate of the United States and the first Native American to hold that position. Please see Page 19 for Poem of the Month by Joy Harjo.

Joy's earliest language experience included sounds, shapes, colors, movement. There was lots of music in her house; her mother wrote songs and was always singing. Her first memory of a poem was her mom reciting "Little Lamb" by William Blake. Once she deciphered the code of the written word, she read everything she could get her hands on.

Her poetry evolved during college, where her plan was to be a visual artist.



Photo by Djeneba Aduayom

Elizabeth Alexander, poet and Yale professor of African American Studies, author of The Trayvon Generation.

For Joy it was always about the shapes and colors of objects. She felt handicapped with words, but then she began to put those same shapes and colors into words. She began to take part in everything involving poetry... construction, rhythms, patterns, shapes, meanings, color. She wanted to be changed... and she was.

One of her quotes that really spoke

CONVERSATION cont'd on pg 28

State Eyeing Respiratory Disease In Local Bighorn Sheep

By RYAN L. DARR, ASSISTANT CHIEF OF INFORMATION, NEW MEXICO DEPARTMENT OF GAME AND FISH

Editor's Note: A Sept. 8, Taos News story, Respiratory disease detected among bighorn sheep, prompted the Questa del Rio News to reach out to New Mexico Department of Game and Fish officials for more information.

In winter 2022, the New Mexico
Department of Game and Fish discovered
the Mycoplasma ovipnuemoniae bacteria
in a bighorn sheep ram that died near the
Questa ranger station. The bacteria has
been present in the nearby Rio Grande
Gorge population of sheep since 2020, it
is implicated in bighorn sheep respiratory
disease, and it can spread to wild bighorn
via direct contact with domestic sheep and
goats – the likely source of this spillover occurrence.

The department suspects that the bacteria may be linked to a decrease in lamb recruitment since its appearance two years ago. The diseased ram east of

Questa was infected with the same strain of bacteria found in sheep living along the Rio Grande Gorge. This development prompted a collaring and sampling effort of bighorn sheep in the Red River corridor along New Mexico 38 in March 2022. While no one handled or observed sheep exhibiting symptoms of respiratory disease during the two days of capture, we did detect that some individuals had been exposed and were actively infected with the bacteria. Many of these sheep move seasonally between the Red River corridor and Gold Hill, which is considered a subpopulation of the Wheeler Peak bighorn herd.

The department's aerial and ground surveys on Wheeler Peak this summer indicated an increase in the minimum known number of bighorn sheep but also indicated an active respiratory disease event throughout their range from Taos Pueblo to Gold Hill. We predict that the respiratory disease observed results from the same strain of bacteria we have found in other area sheep populations, but will be submitting biological samples collected



Photo by F Wilde

Male Big Horn Sheep on HWY 38 between Questa and Red River.

by our hunters to confirm. Coinciding mortalities have been documented and one of the 14 ewes that were collared in March 2022 has died.

The department has concerns about established Mycoplasma ovipnuemoniae bacteria in the Rio Grande Gorge bighorn sheep herd and from recent transmission to bighorn sheep in the Red River corridor, Gold Hill, and likely Wheeler Peak populations. We believe the bighorn sheep in the nearby Latir Mountain herd are currently unexposed to the bacteria.

The department continues to be concerned about contact between wild sheep and domestic sheep and goats and the introduction of new respiratory bacteria strains.



Agua es Vida Para Aves

This year's monsoons were a welcome reprieve from the dry conditions of previous years to both human and avian kind. New Mexico has been in a drought since 2000, and a paper recently published in Nature Climate Change found this to be the worst drought since 800 A.D. Droughts are projected to increase in severity and frequency as climate change continues. Global warming is human caused, large corporations and the super-rich contribute more than their share of greenhouse gasses; 100 companies cause 70% of all carbon emissions. Taylor Swift alone emitted 8,293.54 tons of carbon with six months of private jet use — 1,184.8 times more than the average person's total annual emissions.

Drought conditions hurt the smallest and weakest animals most, like the Rio Grande silvery minnow, which saw the loss of its Albuquerque habitat this year after the Rio Grande ran dry in the city for the first time in 40 years. Fish, plants, and insects make up the majority of food sources for birds and without reliable feeding spots spread out across the land they congregate together in the few remaining watering holes, leading to a drastic increase in disease-spreading vectors. Starvation and dehydration are other lethal effects of prolonged drought. With changes in resources birds have to alter their historic migration routes, making an already precarious journey even more dangerous.

Where is the water going? In New Mexico and Taos County, it goes mainly to agriculture. Water for agricultural use makes up 2,376,065 acre feet, or 76% of statewide water usage according to an info-graphic produced by Samantha Stroud of UNM in 2020. Of that 2,376,065 acre feet of water, 425,618 acre feet (or 33%) are lost to off-farm conveyance. In Taos County, the 2015 Water Use Report recorded 66,605 units (the report does not specify whether the water is measured in gallons or acre feet) used for agriculture out of a total of 84,771 units for the whole county.

The most prevalent method of irrigation used by 51% of farmers is sprinkler irrigation, which loses 35% of water to evaporation and runoff. Flood irrigation is the second most common, used by 45% of users and losing about half of every gallon used. This method is favored because it's the most inexpensive and easiest to set up. With 3.1% of farmers using drip irrigation, the most efficient method, only 10% of water is lost to evaporation and runoff.

With the majority of water from a state in a historic drought going to agriculture, one might assume the state gets some return on investment. Not so. Just 3% of New Mexico's GDP comes from agriculture, and our state produces 0.83% of all food in the country. NM Political Report noted in 2021 that in spite of this drastic disparity in water usage and profit, there hasn't been a single large legislative effort to reduce or cap water use by the agriculture sector. New Mexicans wouldn't have to worry about water rationing were it not for a 100,000 acre feet debt owed to Texas by New Mexico under an archaic water agreement reached in 1938 called the Rio Grande Compact. Colorado ignored this compact from its signing until 1966, when New Mexico and Texas sued Colorado into compliance. Despite owing 1 million acre feet of water to New Mexico, Colorado had its debt wiped clean in 1985 due to the Elephant Butte reservoir reaching capacity, a term stipulated in the original agreement. This did nothing for New Mexico's debt to Texas, which has decreased from its original 500,000 acre feet but remains unpayable due to drought.

Overuse of soil across the nation has led to a massive depletion of topsoil nutrients, and this in turn affects the nutritional value of fruits and vegetables. Today's carrots and oranges have a fraction of the vitamins and minerals they contained seven decades ago, losing up to 38% of their nutrients compared to 1950. One solution to this was proposed by the UN in their sixth IPCC (Intergovernmental Panel on Climate Change) report: return land management to indigenous hands. What we now call "sustainable agriculture" is what indigenous peoples the world over used as standard farming practices. Instead of trying to extract as much food and usage from the soil as possible for the sake of profit, sustainable agriculture takes a long-term view and prioritizes leaving future generations with harvests rather

BIRD IS THE WORD cont'd on pg 18



By TONER MITCHELL

Rio Costilla Beavers: Friend and Foe

The Rio Costilla has certainly had its share of water troubles in the past. Disputes have flared between towns, acequias, and parciantes on both sides of the Colorado line. If that weren't challenging enough, the watershed has been afflicted by low snowpack and unpredictable monsoons in recent years.

Beavers have been oblivious to their participation in all of this. On the lower Costilla below the main diversion headgate, an array of dams and ponds dominate the floodplain. These dams have played a frustrating role in determining whether people get water to support traditional uses.

Beavers' ability to create high quality wildlife habitat is well-documented. By capturing peak flows from spring runoff and heavy monsoons, these industrious animals enable all manner of birds, fish, amphibians, and mammals to flourish.

Negative beaver impacts – the cut down trees, inundated fields, roads, and backyards, the acequias plugged with sticks and the water kept from reaching them in the first place – are also well-known. And these problems are real.

Often overlooked, however, are the opportunities for productive coexistence between beavers and human communities. Beaver dams store water upstream of towns, preventing it from racing by without being used in homes and on

fields. Their ponds are natural firebreaks that provide the additional services of diffusing the power of and catching debris from potentially destructive floods produced by forest fires.

In Costilla's case, maximizing the good while minimizing the bad is an achievable goal. During irrigation season, the main dam below the diversion headgate catches whatever scarce water dribbles beyond the structure. That's good. On the other hand, very little of this water makes it past the dam to feed lower acequias or recharge domestic wells. And during high flows, water spreads to places where it's not wanted. Not so good.

Several years ago, Leslie Maes, a board member of the Rio Costilla Cattle and Livestock Association (RCCLA), reached out to Trout Unlimited (TU) to discuss beaver issues. Subsequent reconnaissance missions by TU and New Mexico Department of Game and Fish field staff mapped the extent of the beaver complex. In 2020, lessons from these outings were discussed at a meeting of concerned locals, after which Costilla residents Steven Deherrera, Erminio Padilla, CJ Ortiz, Lonnie Roybal, and John Lapin took charge of bringing the Costilla back to life.

Thanks to their collaboration, a pond leveler was installed in the main dam this October. A leveler consists of a 20-foot, 12-inch diameter pipe placed in a notch cut out of the beaver dam and extending into the center of the pond above it. The device acts as a drain, enabling the pond to empty without the beavers noticing (the first-ever leveler was called a "Beaver Deceiver", a name that has been trademarked by its inventor). The effect is to maintain the beaver pond at a predetermined depth, which the Costilla restoration team decided should be approximately two feet below its previous level. The leveler causes the pond, including its saturated margins,





Photos by Toner Mitchell

Residents of the Costilla area have been learning to work together with beavers to restore habitat, capture water and slow down run-off.

to drain towards the stream channel, yielding water for downstream use.

Rio Grande Return, a statewide restoration organization, installed the leveler and will provide technical services as the project moves forward. Defenders of Wildlife, a national conservation organization, provided funding and mapping expertise for several installations. Last but not least, the Carroll Petrie Foundation provided funding support for these two organizations, along with Trout Unlimited.

"El Rio de la Costilla has brought livelihood and so much more to Amalia, Costilla, Garcia, and surrounding settlements," says Steven DeHerrera. "Lots of fond memories, and many more issues than just beavers."

The dream is to extend flows to the state line, which is possible but not easy. More levelers will need to be installed. The stream channel is choked with debris that will need to be removed. The streambed below the highway will need to be raised and reshaped, the goal being to narrow the channel, increase bank water storage, and reduce evaporation.

Community meetings will need to be

conducted to assess priorities, determine project costs, and to inform and engage the community. A healthier river will produce more willows and cottonwoods, increasing shade while reducing water temperature and evaporation. Although trout might be enticed to reoccupy the restored river, better habitat might encourage beavers to move into the lower river.

Such a result might not be all bad. Again, beaver activities "charge" stream systems by raising groundwater tables, keeping water in the system instead of letting it escape as quickly as it would through rapid flow and evaporation. Healthy stream zones are essentially sponges. When activated by beavers, they release water in times of drought and store it in times of flood. Ideally, restoration of the Costilla will recreate such a sponge and deliver more reliable water to farms and households.

Efforts are underway to raise funds for what could be an expensive project, though a well-considered beaver strategy will cut costs significantly. Fortunately, for all their faults, beavers work for free.



You've heard about the Slow Food movement, and even Slow Flowers, but what about Slow Water?

It could hold the key to combating soil

erosion and polluted waterways, as well as help prevent flooding in rainy places such as Great Britain.

Enter the Beaver, nature's engineer.
Considered the second largest rodent in the world, beavers are uniquely suited for the job. But there was one problem: they'd been extinct in the U.K. for over 400 years.

In 2015, The Devon Wildlife Trust released a pair of Eurasian beavers into the River Devon as part of a 5-year project.

Their environmental impact was inspiring. The animals created a vast

network of channels, pools, and dams that improved the land's ability to hold water and mitigate soil erosion.

Floods were reduced downstream and the water leaving the beaver wetland was found to be three times cleaner than the water entering it, improving the fish population and drawing in even more wildlife.

Now other countries in Europe are jumping on board, bringing Slow Water and a nearly extinct animal back to the landscape.

Once again, Mother nature proves to have all the answers, we just have to learn

to keep listening to her.

This story was brought to you by
Arroyo Seco Live.

"Building community through creativity.
SecoLive.org
Audio Story: https://mcusercontent.
com/6dd23531465f1c13f80eb7d84/files/
c665db07-ed32-4812-9488-3eb7298fa820/
GN 7.58 BeaversDoItBetter.mp3
Full Transcript PDF: https://mcusercontent.
com/6dd23531465f1c13f80eb7d84/
files/5b026f54-4561-c306-0913-a15d07327c3b/
GN 7.58 BeaversDoItBetter.pdf

Green Hydrogen in Questa Could be a Reality

STAFF WRITERS

There have been rumors about the possibility of building a green hydrogen generating facility near the Questa Business Park. There is some truth to these rumors and they might become a reality.

For the uninitiated, green hydrogen is hydrogen generated by renewable energy or from low-carbon power and has significantly lower carbon emissions than non-renewable fuel scources and can potentially help limit the effects of climate change. Hydrogen can be used for fuel cells or internal combustion engines. Trucks are being designed to run on green hydrogen; in 2020, major European companies announced plans to switch their truck fleets to hydrogen power.

Earlier this year Questa was one of 24 communities in the U.S. that received a technical assistance grant from the U.S. Department of Energy. The funds are being used to explore the possibility of

developing clean energy projects.

The main ingredients of any future green hydrogen project will be land, water and fossil-free power. A feasibility study is underway to determine if Questa is a suitable location to build a green hydrogen production facility. In partnership with the National Renewable Energy Laboratory, Sandia National Labs, Los Alamos National Labs, Chevron and Kit Carson Electric Cooperative, the Village of Questa and the Questa Economic Development Fund are looking at the former Questa Mine tailings site next to the village as a possible site for a future hydrogen facility.

Christian Isely, Chevron Public Affairs Advisor says, "While I cannot speak directly to potential commercial activity related to renewable energy at this time, I do want to reiterate that Chevron will continue to make surplus land and water rights associated with the former Questa Mine available for the economic devel-



Courtesy Photo

Chevron staff inspecting the former mine site. The Village of Questa received a DOE technical assistance grant to study the feasibility of the site for green hydrogen production.

opment of the Village of Questa and surrounding communities."

Stay tuned, folks, this could be an

exciting development, not just for our humble village, but for our beautiful planet, too!

Op-Ed: NM Rural Electric Co-ops Keep Members in the Dark

By STEPHANIE HAAN-AMATO

Enchantment Magazine, the official newsletter for members of the NM Rural Electric Co-op Association, refused to print a \$2,145 paid advertisement. The ad invited statewide electric co-op members to attend a free Zoom talk on how co-ops could move to solar energy by buying out their contracts with electricity supplier Tri-State Electric. Tom Condit, Director of Communications, emailed Ward McCartney, a Socorro Electric Cooperative board member, that his ad would not be run.

"Tri-State is a member of ours and as such in conflict," Condit wrote in the July 26, 2022 email. He also sent Mr. McCartney a copy of *Enchantment's* Advertising Policy which prohibits anything "political, sexually explicit or deemed controversial," which includes "Solar" among subjects such as cannabis, dating sites, alcohol and anti-aging creams. *Enchantment* typically runs a Tri-State ad each month.

The free Zoom talk was presented by Luis A. Reyes, CEO of Kit Carson

Electric Co-op (KCEC) in Taos, NM. The KCEC built its own solar arrays to achieve the lowest co-op electricity rates in the state. It did this by leaving Tri-State Transmission and Generation Association, Inc., the coal-heavy, Colorado-based co-op. Tri-State supplies electricity to almost all of New Mexico's Rural Electric Co-ops. Solar-generated electricity costs one-third of the cost of coal-generated electricity.

Mr. Reyes' Zoom talk was part of the monthly Speaker Series produced by the non-profit 350 New Mexico, a New Mexico chapter of 350.org. 350 New Mexico advocates for policy and actions that slow or stop climate change. The New Mexico Solar Energy Association was a co-sponsor of the Reyes talk.

Ward McCartney thinks that New Mexico electric co-op members should know about available options, "I want other New Mexico electric co-ops to see the cost savings possible for co-op members, the increased local job creation from self-generating solar energy, the support to the local tax base, and the benefit of not being totally reliant on 300

miles of transmission lines for power."

Tri-State supplies electricity to utility co-ops in four states. Tri-State contracts only allow these co-ops to generate five percent of their own energy. That is why New Mexico co-ops do not add their own renewables; they discourage their members from putting their solar arrays on their roofs. That is also why Kit Carson had to leave Tri-State if it wanted more solar to lower its rates.

In his talk, Reyes explained how Kit Carson bought out its contract, inspired other co-ops to exit and is now able to supply its members with 100 percent renewable solar during summer days.

The 5 percent limitation recently induced Jemez Mountain's Electric Cooperative to become the second New Mexico co-op to withdraw from Tri-State, at least partially. The Pueblos and Indian Nations in its service area were pursuing community solar projects that would easily exceed the 5 percent cap. Jemez was faced with losing these important members or buying out 50 percent of its contract with Tri-State.

Tri-State's 2021 Responsible Energy

Plan states that by 2024, 50 percent of its energy will come from clean energy sources, and by 2030 this number will increase to 70 percent. This is a positive step, but most of its planned 1,000 MW of renewable installations will be in Colorado with its higher population.

Tri-State closed its coal-fired Escalante Station near Prewitt, NM in 2020. In May 2021 it increased its stake in the coal-powered Laramie River plant in Wyoming.

In December 2021, Tri-State's largest member, Colorado's United Power Inc., notified Tri-State that it intended to exit in 2024. Two days later, another Colorado co-op and one Nebraska co-op followed suit. Based on Kit Carson's buyout terms, United calculated it owed Tri-State \$154 Million to withdraw, but Tri-State countered with a \$1.2 billion amount. The Federal Energy Regulatory Commission is currently in the process of ruling on United's contract termination payment. Part of the buyout amount is to cover Tri-State's debt from building coal plants during the 1970s oil embargo.

Sustain your Community by ADVERTISING HERE! CALL OR E—MAIL US FOR RATES! (575) 586–2258 or Sales1@QuestaNews.com

Chevron Disputed Water Rights Transfers

UPDATE FROM CHRISTIAN ISELY, CHEVRON'S PUBLIC AFFAIRS ADVISOR

The former Questa Mine's water rights have been in the news this year. We've reported on this story as have other media outlets. Here is an update with Christian Isely of Chevron.

Could you please provide us an update of where things stand regarding Chevron's local water rights transfers?

Chevron still intends to continue with the sale of three acre-feet to Wild Earth Llama Adventures and four acre-feet to Patrick Shaw. Chevron also intends to donate 120 acre feet of water rights to the Village of Questa and to sell 133 acre-feet to nine Taos area mutual domestic water associations under the Abeyta Settlement.

Unfortunately, we are unable to proceed with these transfers at this time due to the recent position taken by the Office of the State Engineer (OSE) that 1,433 acre feet of Chevron's local water rights are "invalid" or "non-existent." This decision reduced the total amount of water rights Chevron has available for its environmental remediation work and for divestment in support of our community partners in Questa and Taos County.

Chevron is continuing to engage in good-faith negotiations with the OSE and we are hopeful that they will recognize the validity of all of Chevron's adjudicated local water rights. Chevron would then be in a position to proceed with the permanent transfers cited above. In the meantime, Chevron is working with the Village of Questa and the Taos area mutual domestic water associations to explore options of leasing water for \$1 on an annual basis in order to help them meet their immediate needs.

When do you expect this to be resolved?

Unfortunately, that is very difficult to predict. If Chevron has to resort to litigation, it may take years. However, we hope a solution may be negotiated quickly without litigation for the benefit of the residents of the Village of Questa and Taos County. If we could proceed with these transfers, our local partners could begin planning their economic futures based on a greater availability of water rights. A delay of years could significantly set back local economic development.

You talk about economic development. What is water's role in that?

Water is fundamental to the economy. Water is required for residential use, com-

mercial use including light manufacturing, retail use especially in food preparation, agriculture, construction, and renewable energy. If Questa is to grow economically, it must have the water rights to do so. Without it, the economy will eventually stagnate, especially once our environmental remediation activities at the mine cease.

How has Chevron worked with the Village of Questa on the use of water related to economic development?

When the mine closed in 2014, the Village of Questa and the Questa Economic Development Fund immediately identified water rights in the 2015 Questa Economic Development Plan as a key component of the community's future. Chevron listened. We immediately began working with them to safeguard water rights for Questa. For example, Chevron agreed to place a deed restriction on local water right sales preventing them from being transferred outside the Questa area for 75 years. This also resulted in a discounted price of \$3,000 per acre foot which made the water far more affordable for local farmers and ranchers. (The market price in Taos County is \$16,000 per acre-foot or more.)

Chevron values the communities where we operate. That's not just a corporate statement made for public consumption. It reflects Chevron's true culture of working with our local partners and caring about the issues confronting them. Access to water rights is one of Questa's and indeed one of Taos County's greatest issues. And even though the monetary value at stake is large, let's set that aside for a moment as we look at water's true value.

Water is a very unique asset and renewable resource in the western part of the United States and especially in New Mexico. Unlike access to financial capital which can always be accessed via legislative appropriations, grant opportunities, local tax revenues, and private sector investment, the access to water resources can be lost forever if water rights are made unavailable or transferred out of an area. Once water rights leave Questa and Taos County, they likely will never come back. Chevron understands this. This is why we support the community 100% on this issue.

How can Questa and surrounding communities partner with Chevron on these efforts?

They already are. There are countless folks playing key roles. Just to name and thank a few:

Questa Mayor John Ortega has been

key in outreach to other elected officials and state agencies in New Mexico. He supported the recent Dia de las Acequias benefit concert in Questa which further highlighted water rights and water resource management.

Former Questa Mayor and current Taos County Commissioner Mark Gallegos worked closely with Chevron to determine the Village of Questa's current and future water rights requirements. This enabled Chevron to proceed with our water rights donations and leases to the village.

Questa Economic Development Fund Chairman Malaquias Rael continues to provide leadership on several projects including agriculture, all of which require water. The QEDF's support for this newspaper has provided the community a very important avenue for public discourse on this topic.

Local event promoter Jamie Archuleta from JA Productions brought the local Dia de Las Acequias benefit concert to fruition thereby commemorating and supporting our local acequias as effective stewards of our water resources. Thank you also to everyone else who helped organize the event

and also to those who attended!

Tied to water, we have seen recent reporting about the use of water for green energy, including green hydrogen. What can you tell us about that?

While I cannot speak directly to potential commercial activity related to renewable energy at this time, I do want to reiterate that Chevron will continue to make surplus land and water rights associated with the former Questa Mine available for the economic development of the Village of Questa and surrounding communities

Beyond renewable energy, it is good to see the Village of Questa thinking ahead to the future and exploring potential uses of water. It took just 66 years between the first sustained flight of an airplane to humanity's landing on the moon. While there are many innovative uses for water currently in development, how can one predict what uses may exist in 50 to 100 years time? Questa and other rural communities are wise to think in such long term time horizons. All the more reason

WATER RIGHTS cont'd on page 22



First Presbyterian Church - Taos, 215 Paseo Del Pueblo Norte



3 pm, Sunday Oct. 23

SUGGESTED DONATION:

\$15-20

FOR MORE INFO, CALL MARTHA AT (575) 776-7579

Weird & Wild Water Facts

Science and History of that Life-giving Liquid

By EDWARD H. CAMP

There are more molecules in one cup of water (0.237 liters) than there are stars in the Milky Way (\approx 8.36 x 1024 water molecules vs. \approx 1 x 1011 stars, or about 8,360,000,000,000,000,000,000,000 vs. 100,000,000,000,000).

At any time, 0.001 percent of all the earth's water is suspended in the atmosphere. If it all fell at once, the whole world would get one inch (2.54cm) of rain.

The earliest known irrigation systems are found in southwestern Iran and date to about 6,000 BCE. Irrigation is so useful that it was invented independently several times around the world. In 2009 the earliest known irrigation in North America — created by the Hohokam culture, which dates to around 1200 BCE — was discovered in Marana, Arizona.

Water is the only non-metallic substance known to expand when frozen.

The wettest place on earth is Mawsynram, India with an average annual rainfall of 467 in (11862mm). Since wood rots so quickly, the local people make bridges with the roots of living rubber trees. The driest place on earth is the Atacama Desert in Chile which has less than 1mm of rain a year or 1/25th of

an inch. Some areas of the Atacama have not received rain in over 500 years.

All the water on earth was present when the earth was formed. That means the water in your morning cup of coffee could have once quenched a dinosaur's thirst.

Many ancient civilizations have fallen to drought, including the Khmer Empire, the Mayans and the Old Kingdom of Egypt. Ancestral Puebloans were forced to move from the Four Corners region to their current pueblos when a 300-year drought struck North America beginning in 1150 AD.

Pure water, which never occurs in nature, is a poor conductor of electricity. However, dissolved minerals and other substances in water are conductive. While water is very common throughout the universe, almost all of it is ice. Liquid water can only exist at specific distances from stars, which scientists call the "habitable zone."

On average, there is about 1 cup of salt in every gallon of ocean water, or 35g per liter. Fresh water constitutes only about 3.5 percent of all water on earth, with much of that frozen.

While camels can famously live for 15 days without water, the Kangaroo rats of the Desert West never drink water their entire lives! Instead, they get all the water they need from the seeds they eat. Their kidneys also make super concentrated urine to save every drop of precious water.

¡Aqua es vida! Hechos sobre el agua de la ciencia y la historia

DE EDWARD H. CAMP

En cualquier momento, el 0.001% de toda el agua de la tierra está suspendida en la atmósfera. Si todo cayera a la vez, el mundo entero recibiría una pulgada (2.54 cm) de lluvia.

Los primeros sistemas de riego conocidos se encontraron en el suroeste de Irán y datan de alrededor de 6000 ACE. El riego es tan útil que se inventó de forma independiente varias veces en todo el mundo. El riego más antiguo conocido en América del Norte se encontró en Marana, Arizona en 2009. Fueron construidos por la cultura Hohokam y datan de alrededor de 1200 ACE.

El agua es la única sustancia no metálica conocida que se expande cuando se congela.

El lugar más húmedo del mundo es Mawsynram, India, con una precipitación media anual de 467 pulgadas (11862 mm). Porque la madera se pudre tan rápido, la gente local hace puentes con las raíces de los árboles de caucho vivos. El lugar más seco de la tierra es el desierto de Atacama en Chile, que tiene menos de 1 mm de lluvia al año. Algunas zonas de Atacama no han recibido lluvias en más de 500 años

Toda el agua de la tierra estaba presente cuando se formó la tierra. Eso significa que el agua en tu taza de café de la mañana una vez sació la sed de un dinosaurio.

Muchas naciones han caído en la sequía, incluido el Imperio Khmer, los mayas clásicos y el Antiguo Reino de Egipto. Los anasazi, los ancestros de los indios pueblo de hoy, tuvieron que mudarse de sus antiguas aldeas en la Región de las Cuatro Esquinas a sus pueblos actuales cuando una sequía de 300 años golpeó a América del Norte a partir del 1150 EC.

El agua pura, que nunca se encuentra

en la naturaleza, es mala conductora de la electricidad. Sin embargo, los minerales disueltos y otras sustancias en el agua son conductores.

En promedio, hay aproximadamente 1 taza de sal en cada galón de agua de mar (o 35 g por litro). Solo alrededor del 3,5 % de toda el agua es agua dulce, y gran parte está congelada.

Mientras que los camellos son famosos por vivir hasta 15 días sin agua, ¡las ratas canguro del desierto occidental nunca beben agua en toda su vida! En cambio, obtienen toda el agua que necesitan de las semillas que comen. Para guardar cada gota de agua preciosa, sus riñones también producen orina súper concentrada.

Traducido por Edward H.Camp



Aqua Es Vida

Water is used in many ways in everyday life. We use it to shower, for laundry, dishes, etc. There are many other ways water is important to everyday life besides just those essentials. My Papo (Beck), for example, uses water to irrigate the yard and the field where the horses graze. He has a system of water pipes connecting on the lawn. Some of them run from the Cabresto ditch on certain days when we are rewarded this precious resource. In the water pipes and hoses, he has certain spots with holes drilled so it becomes a makeshift sprinkler and moves the water to certain spots. In the horse field, there is a small ditch that runs down the sides and he again uses water pipes to move and manipulate the water to different areas.

Before doing this, there are a few

days of ditch cleaning that must happen to clear the "seca" of debris so the water has room to run. There is a group of people who gather with shovels, backhoes, and gloves. They remove the branches and other plant debris from the ditch, make a huge pile and burn it with the supervision of the fire department.

This is just one of the many ways we recycle water and give it back to the earth to keep the plants and trees green so they can provide the oxygen and food not only for us, but for the animals and insects as well.

—Aubrey C., 5th Grader at Alta Vista Elementary and Intermediate School



Photo by John Walsh

The San Cristobal Acequia irrigation system, pictured is parciente Jim Gilroy

LOCAL NEWS ANYTIME AT QUESTANEWS.COM

The Texan Santa Fe Expedition



Photo courtesy of Wikimedia Commons

There was no escape for the Texans from the infamous prison at the San Carlos de Perote Fortress in the Mexican state of Veracuz



Map Courtesy Wikimedia Commons

Donaciano Vigil, who led the force that captured the Texans. He would later serve as governor of the

Photo courtesy of the Museum of New Mexico

By EDWARD H. CAMP

The Republic of Texas made big claims about owning eastern New Mexico. Their one attempt to assert authority across the Plains ended in embarrassment.

The year is 1841 and The Republic of Texas is struggling mightily. The nascent country was still disputed territory. While the United States, Great Britain, France, Belgium, and the Netherlands recognized Texas's sovereignty, the other European powers did not and neither did Mexico, the country from which Texas claimed its independence. The new nation of Texas's economy, a cut-and-paste version of the commodity-based slave system of the U.S. South, was suffering. Cotton was the republic's only major export and prices had fallen significantly. Since hitting an alltime high of 22¢ per pound (about \$144 in 2022 dollars) in 1836, the year of Texas independence, the price had fallen to 8¢ per pound in 1840 (\$52.50 today).

The Texas government had staked the nation's future on increasing cotton profits, which would drive further economic development. What's more, the government owed nearly \$10 million (\$6.5 billion in 2022), mostly for services rendered during the Texas Revolution. Broke and desperate to find a new source of income, Texas president Mirabeau B. Lamar hatched a scheme to fill the government's coffers and make good on a long-standing land claim.

Texas claimed that the Treaty of Velasco, which ended the Texas Revolution, gave the Republic all of Mexico's lands on the left bank of the Rio Grande and its headwaters, all the way into modern Wyoming. This included most of New Mexico as well. Mexico said the treaty was invalid since it had been signed under duress by Mexican president Santa Ana, who was a prisoner of Sam Houston's army at the time.

As far as Mexico was concerned, Texas was merely a province in rebellion, one taken over by Anglo-Americans who had contravened their agreement to settle in Mexico by keeping people in slavery and by refusing to convert to Catholicism as they had promised. To them, Texas ended at the Nueces River and at a line roughly west of today's I-35 corridor and it always had. In reality, the Republic of Texas controlled this area, and just barely. The southern border was lawless, and the western frontier always disputed with the fierce Comanche.

President Lamar decided that if Texas could take control of the trade along the Santa Fe Trail, a trade growing by the month, the profits would be enormous, enough to pay the government's debt in time. There was also a belief that New Mexico's growing dependence on trade with the United States and its taste for US goods might mean significant support among the New Mexican population for joining the Republic of Texas. Lamar decided to send a mission west through the uncharted plains, ostensibly to establish trade relations with Nuevo México. But in addition to merchants, Lamar planned to send a detachment of troops, just in case the opportunity to seize the Mexican state for the Republic of Texas might present itself (which he expected it would). The whole operation was to be unofficial, of course. Just a group of traders, with a small force to defend from Indian raids, finding a new way to Santa Fe.

Claimed territory of the Republic of Texas, Mexico

and the United States, 1836-1845. Not shown is

the extent of Native control at them time.

When Lamar's plan failed to get approval from the Texas Congress, he decided to act on his own. On June 19, 1841, over 120 traders with 21 oxcarts loaded with \$200,000 in goods set out from Fort Kenney north of Austin for Santa Fe, along with at least 200 soldiers.

The ill-fated journey went badly from the start. The one Mexican guide that the party was depending upon abandoned them in less than a month. Poor planning led to a lack of supplies since the party had expected to largely live off the land. Water was scarce, as it still is. A series of Indian raids depleted both food and munitions. Lost, the leaders were forced to send an advance party to scout the way. The scouts reached New Mexico on Sept. 12. They were met by local traders who sent news of their arrival.

Expecting a warm welcome from the locals, the Texans were shocked when, on Sept. 17, they were instead met by 1,500 members of the Mexican Army, including Taos and other Puebloans who were pressed into service, under the command of Santa Fe native, Donaciano Vigil. The exhausted Texans surrendered. The next morning, New Mexico governor Manuel Armijo arrived with more troops. He wanted all the Texans summarily executed and put it to vote by his officers. The majority decide to spare their lives but that

the Texans. He would later serve as governor of the New Mexico Territory under U.S. rule.

did not mean release for the Texans. They

were forced to lead the Mexicans to the main group and on Oct. 5, the rest of the Texans were captured without a shot.

The whole party of Texans was then force-marched 2,000 miles to Mexico City on starvation rations to stand trial, during which many died of fatigue and disease. Beatings by the Mexican soldier certainly contributed as well. The survivors were then imprisoned in Veracruz until diplomatic efforts by the United States secured their release.

While in Mexico, the Texans were seen as interlopers, at best, and criminal invaders, at worst. In the United States, many were sympathetic to the Texans, who were almost all American-born. Many Americans saw them as wayward and adventurous Sons of Liberty who were fulfilling America's Manifest Destiny to spread the Anglo-Saxon race and its institutions across the continent.

The Texan Santa Fe Expedition doomed the presidency of Mirabeau Lamar. Unable to stabilize their economy, the Republic of Texas asked to join the United States in 1845 and was granted statehood. After the conclusion of the Mexican American War in 1848 and the transfer of Mexico's northern half to the United States, Texas surrendered most of its claims on New Mexico in exchange for the U.S. government assuming Texas' massive debt.

So, remember, if you hear a Texan brag about how their state used to "own" most of New Mexico, you can smile knowing just how wrong they are.

Senator Luján Joins Veterans For Fly Fishing

CONTRIBUTING WRITER

On Aug. 5, U.S. Senator Ben Ray Luján joined members of the National Wildlife Federation and New Mexico veterans to fly fish in the Jemez Springs area. They discussed their priorities on veterans' health needs and protecting public lands. Hosted by the National Wildlife Federation, this program connects veterans based on their experiences and interests in the outdoors as a way to promote healing.

Earlier this year, Senator Luján voted for the PACT Act, a vital piece of legislation that will provide 3.5 million veterans health care coverage for treating toxin-exposure related health injuries. Senator Luján also joined New Mexico

Democrats to announce that community-based outpatient clinics (CBOC) in New Mexico are no longer in jeopardy of closing, allowing veterans to continue accessing health care services at the CBOCs in New Mexico in Gallup, Las Vegas, Española, and Raton.

"New Mexico's veterans have always had our back, and it was an honor to spend a day in the great outdoors with them to learn how I can support them in return," Luján said. "Yesterday's experience showed me the mindfulness that you get from fly fishing—promoting wellness and connecting a small group of veterans through their shared experiences. I want to commend the National Wildlife Federation for this program.



Coutesy Photo

I've been proud of the work the Senate has done in passing the PACT Act and stopping the closures of health care services in rural areas. Our work is far from over; I will continue to fight for robust funding for rural and mental health care, find more opportunities to streamline the VA, and provide our veterans with the tools they need to find a good-paying job and be successful."

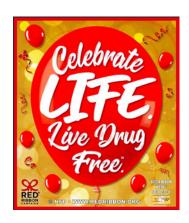
October 23-31 is National Red Ribbon Week!

By RACHEL KUC'

This year, Vida Del Norte is teaming up with the National Guard and Questa Schools to organize fun activities for Red Ribbon Week.

Red Ribbon Week is celebrated across the country every year as one way to raise awareness about substance misuse and prevention. The tradition was started in 1985 in response to the death of Drug Enforcement Administration Agent Enrique "Kiki" Camarena who was killed during a raid. After the death of Agent Camarena, his friends and family wore red ribbons in his memory. Over time, the red ribbon became a symbol to help mobilize communities and educate youth about substance use disorders and substance misuse prevention.

Every year, students around the



country participate in a competition to create a new theme and poster for Red Ribbon Week. This year's theme, Celebrate Life. Live Drug Free.™, was created by Emily King, Chelsea Abbott, and Celise Wicker, 7th graders at Wayland-Cohocton Middle School in Wayland, New York.

According to the 2020 National Survey on Drugs and Health, 40.3

million Americans aged 12 or older had a substance use disorder in the past year while 4 out of 5 Americans who needed treatment for a substance use disorder did not receive it. Some individuals may not seek treatment or receive adequate care for a substance use disorder because of the stigma and lack of support that they encounter surrounding this issue. Stigma can be defined as negative attitudes, judgments, and generalizations towards a group of people. People may hide their substance use or avoid seeking treatment because of feelings of shame, guilt, and fear of discrimination. Red Ribbon Week presents a time for us to show our support to our community and raise awareness about these issues that impact many lives.

Red Ribbon week can be a time to celebrate life and recognize the contributions of people who live drug-free and to

recognize the efforts of people in recovery and their supporters. Students and community members wear red ribbons of solidarity. Businesses put red ribbons on their storefronts, and schools and community centers organize activities related to substance misuse prevention. These reminders present opportunities for people to engage with one another in ways that reduce the stigma around these issues and open pathways to living drug-free, being supportive, working towards recovery, and celebrating life. We are all valuable.

The National Guard will be visiting Questa's elementary and high schools Wednesday, Oct. 19, right before Red Ribbon Week. Please check www.vi-dadelnorte.com for further information about Red Ribbon Week activities and to learn more about reducing stigma and substance misuse prevention.

BIRD IS THE WORD cont'd from page 12

than starvation. Intercropping (planting more than one crop together), fallowing (giving fields a seasonal break from growing), agroforestry (managing trees, crops and animals for the mutual benefit of each) and permaculture (sustainable agriculture systems modeled after naturally occurring patterns) are among the techniques modern farmers have rediscovered as ways to produce food without depleting resources and nutrients.

Even if we do manage our water responsibly and avert a catastrophic drought, this does not change the dangerous amount of PFAS (Per- and polyfluoroalkyl substances) in drinking water and rainwater. These toxic chemicals can lead to infertility, liver damage, and some types of cancers. As scientists search for a solution to these toxic particles (studies of microbes are currently showing promise), the reproductive capability and lifespan of Americans continues to decrease.

All this is to say that birds are our canaries in the coal mine – if they're having a hard time with drought conditions, it's just a preview of what's to come for humans. Responsible water management cannot wait if we want future generations to enjoy the feathered beauties we see today, let alone enjoy safe drinking water.

Photo by E. Wilde

Female mallard floating in the Red River at 4K River Ranch RV Park.





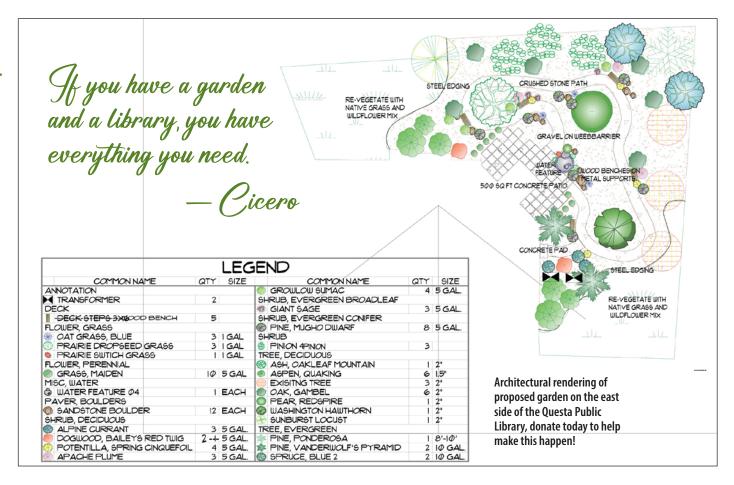
The Garden At the Library

By QUESTA LIBRARY STAFF

Let's talk about the Garden at the Questa Public Library, "What garden?" you ask! "Not that mixture of bare dirt and weeds, sloppy mud, picnic tables, and Russian olive trees behind the building?" you say.

"Doesn't sound much like a garden to me!" you might add. But what if all that became part of a lush garden, an oasis, a place of beauty and refuge? A place with more than 50 shrubs, trees, and plants in a setting with a meandering pathway and benches in shady spots, nice places to sit and read. Maybe even a soothing water feature. Wouldn't you want to spend time in a garden like that? Or hold family events in such a space?

Here's how we will transform this space on the east side of the library. The first phase of the garden—the patio—has already been completed due to the generosity of Dr. Larry Brown and his family. Now the Friends of the Library organi-



zation is pursuing grant support for the second phase of the garden plan.

Our local residents can also participate in funding this proposed oasis. Bricks engraved with names to commemorate a loved one or cherished family event can be purchased. A contribution of \$500

will purchase a memorial tree or other plantings for the garden. All donations, large or small, are welcome, and all donations will be permanently acknowledged in the garden.

You can view the already completed patio at the library during library hours as

well as plans for the next phase of the garden. Any questions about the garden can be answered by calling (575) 586-2023. Tax-deductible donations can be sent to the Friends of the Questa Public Library at PO Box 251, Questa, NM 87556. Donations can also be made at questalibrary.org.

POFM OF THE MONTH

PERHAPS THE WORLD ENDS HERE

The world begins at a kitchen table. No matter what, we must eat to live.

The gifts of earth are brought and prepared, set on the table.

So it has been since creation, and it will go on.

We chase chickens or dogs away from it. Babies teethe at the corners.

They scrape their knees under it.

It is here that children are given instructions on what it means to be human.

We make men at it, we make women.

At this table we gossip, recall enemies and the ghosts of lovers.

Our dreams drink coffee with us as they put their arms around our children. They laugh with us at our poor falling-down selves and as we put ourselves back together once again at the table. This table has been a house in the rain, an umbrella in the sun.

Wars have begun and ended at this table. It is a place to hide in the shadow of terror. A place to celebrate the terrible victory.

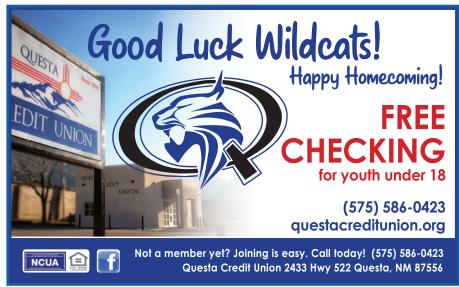
We have given birth on this table, and have prepared our parents for burial here.

At this table we sing with joy, with sorrow. We pray of suffering and remorse. We give thanks. Perhaps the world will end at the kitchen table, while we are laughing and crying, eating of the last sweet bite.

Reprinted from The Woman Who Fell from the Sky: Poems by Joy Harjo. Copyright © 1994 by Joy Harjo. Used with permission of the publisher, W. W. Norton & Company, Inc. All rights reserved.

See related article on page 11.





Oktoberfest - Red River Rolls Out the Barrel

By ELLEN MILLER-GOINS

Dust off your lederhosen and dirndl for Oktoberfest Oct.7 –9 in Red River! The event in Brandenburg Park, features authentic German food and music, New Mexico craft beer and wines, arts and crafts vendors, family friendly activities like Children's Pumpkin Painting, and contests like the popular Ms. & Mr. Oktoberfest.

The event tentatively debuted again last year following a one-year hiatus. "This was right as I came on board last year," said Naoma STaley, Director of Operations at the Red River Chamber of Commerce. STaley added last year's event was planned by chamber board members Sharon Calhoun, co-owner of the Red River Brewing Company and Distillery and Ellen Gay, Manager at Sheehan Winery Tasting Room in Red River.

Despite getting a late start last year due to uncertainty over whether 2021 events would be allowed, STaley said, "We ended up having about 5,000 people last year and 45-50 vendors. It was a huge success!

STaley, Gay, Calhoun and the chamber staff have worked extra hard on this year's event, which will feature breweries, wineries, artisans, music, and food. Food vendors include German food, bakeries, New Mexican cuisine, and more, STaley said, "We're pretty excited, we have a good variety of cuisines."

Missing last year and this year will be live oompah/polka bands. "COVID hit us pretty hard," STaley admitted, adding the chamber is taking it slow to rebuild its coffers. Instead, music will be provided by popular local DJ James Prichard, aka DJ JP who can "spin polka (and non-polka) hits with ease and will also preside as Master of Ceremonies all 3 days. "DJ JP knows our event pretty well," STaley added. "He's great!"

Prichard said, "I have been the DJ for 7 years now, and it has grown so much," Prichard said, adding that, as one of Red River's premier events, "It's becoming one of the best events of the year. As you know, there's nothin' like drinking at altitude!"

Most years the weather and fall colors



A competitor from the 2017 Ms Oktoberfest competition does her best to win.

are glorious and vendors include "a good mix of new and returning vendors," STaley said, adding, "It's going to be exciting to see locals along with new visitors. We always get a lot of people from the Balloon Fiesta, so it will be a good mix.

"We look forward to seeing every-

one at Brandenburg Park this year. So, whether you're a local or out-of-towner, you'll have the opportunity to celebrate the fall season in Red River with the whole family!"

Admission for everyone 13 and older is \$10 for one day, or \$25 for all 3 days. Bring a photo ID if you plan to enjoy beer and/or wine. Children 12 and under get in for free. Well-behaved on-leash dogs and pets are also welcome.

"There are early ticket sales and glassware sales available on our website," STaley noted, adding, "We'll have limited run beer-bottle openers with our logo, and T-shirts."

Along with Ms & Mr Oktoberfest competitions, the event features other contests like the popular Oktoberfest Beard/Mustache Competition, and Children's Pumpkin Painting; plus, attendees will get to vote for Best Brewery, Best Winery, Best Artisan Booth, and Best Food.

For more info, visit https://www. redriverchamber.org/okt22 or call 575-754-2366.

Red River Brewery Nominated for Best Craft Vodka

CONTRIBUTING WRITER

Red River's very own Red River Brewing Company & Distillery has been nominated for the Best Craft Vodka Award in the US by USA Today's 10Best Awards. The town's first and only distillery has been selected for its award-winning and most popular spirit, Silver King Vodka, and is competing with other US-based distilleries.

Silver King Vodka has won many awards and was judged the Best American Craft Vodka in 2021 by the American Distilling Institute amongst more than 900 of the world's best craft spirits from more than 300 craft distilleries participating.

"This is a very exciting opportunity for Red River!" says Max Khudiakov, Tourism and Economic Development Director for the Town of Red River. "The Town won the Best Ski Town Award in 2021, and we are hoping that this iconic Red River business will get its well-deserved recognition. We encourage all our



residents, visitors and brewery patrons to vote for them."

Red River Brewing Company & Distillery is a family-owned business founded in 2018 and operated by Michael and Sharon Calhoun. One of the highest elevation distilleries in the world, RRBC distills spirits in small batches using only the best ingredients and clean cold Red River mountain water.

Vote here: https://www.10best. com/awards/travel/best-craft-vod-<u>ka-distillery/</u>



Flatland Cavalry performing during this year's Annual Red River FolkFest at the Motherlode Saloon. See more event photos @VisitRedRiver on Facebook.



Photo by E. Wilde

The 19th Annual Enchanted Circle EMS Convention this September, featured continuing eductaion and field related vendors. Locals were treated to a helicopter landing in Brandenburg Park, Red River. For more photos or go online to QuestaNews.com.



Darren Cordova performing at the Dia de Las Acequias Del Norte Fundraising event on Sept. 3 raising over \$4000 for the Questa-area Acequia Associations.. For more photos or go online to QuestaNews.com.

Navy Veteran Gustavo Rael Receives a Veteran's Quilt of Honor

I joined the U.S. Navy on March 11, 1952 and went through training in San Diego, California. I returned home on a 15-day leave and then I reported to camp Paul Jones for an outgoing unit. I shipped overseas to Okinawa, Japan, and then to Korea.

In Korea I was assigned to a boat pull unit, the USS APL-30 where I trained to drive landing craft vehicles and personnel (LCVP) boats. Known as a coxswain. My duties as a coxswain were challenging because we traveled by night using colored beacons. I would transport

sailors, food, and ammunition to other ships. My duties while on the ship were maintaining boilers in the boiler room. During battle stations I loaded the 40 mm machine gun. In 1953 there was a ceasefire in the Korean War and I was given leave and reassignment. After returning from leave my new assignment was with an ammunition ship, the USS Paricutin A-18, where I traveled to Korea, Japan, and the Philippines.

After four years of active Naval Service on March 7, 1956 I was honorably discharged from the US Navy and assigned to the U S Navy Reserve for another four years, for a total of eight years of military service. I entered the US Navy in the rank as a Seaman and was discharged in the rank as a Fireman. I received the Korean Service Medal, National Defense Service Medal, and the Good Conduct Medal.

Photo by Sofia Viail

Navy Veteran Gustavo Rael, receives a Veteran's Quilt of Honor on July 31. Pictured is Mr. Rael and his wife, Aurora of Questa. Quilts of Honor is a non-profit organization that provides handmade quilts to veterans and active military members.



Questa Resident Peace Corps Volunteer Goes Overseas



By JOSHUA CASTRO

Questa resident Nicholas Nagawiecki is among the first Peace Corps volunteers to return to overseas service since the agency's unprecedented global evacuation in March 2020 at the onset of the COVID-19 pandemic. The Peace Corps suspended global operations, evacuating nearly 7,000 volunteers from more than 60 countries.

Volunteers have already returned to a total of 29 countries around the world.

"... the idea that a rural community like Questa can somehow connect with another rural community thousands of miles away is a radical and beautiful concept that could be used for good," said Nagawiecki, an architectural graduate of Iowa State University who will serve as an environment volunteer in Senegal.

"The world is at a critical juncture," said Peace Corps CEO Carol Spahn. "The largest global vaccination effort in history is underway while other widespread health, social, political, and environmental issues continue to erode the foundation of our global society. Actions taken in the next few years have the potential to fundamentally impact development trajectories for decades to come."

Newly dispatched volunteers include

both first-time volunteers and those evacuated in early 2020. After completing three-months of training, they collaborate with their host communities.

Currently, the agency is recruiting volunteers to serve in 53 countries around the world. The Peace Corps continues to monitor COVID-19 trends in all its host countries and will send volunteers to serve as conditions permit. Americans interested in transformative service and lifelong connections should apply to Peace Corps service at www.peacecorps.gov/apply.

The Peace Corps is an international service network of volunteers, community members, host country partners and staff who are driven by the agency's mission of world peace and friendship. At the invitation of governments around the world, Peace Corps volunteers work alongside community members on locally priori-

tized projects in the areas of education, health, environment, agriculture, community economic development and youth development. Through service, members of the Peace Corps network develop transferable skills and hone intercultural competencies that position them to be the next generation of global leaders. Since President John F. Kennedy established the Peace Corps in 1961, more than 240,000 Americans have served in 142 countries worldwide. For more information, visit peacecorps.gov and follow us on Facebook, Instagram and Twitter.

Questa resident Nicholas Nagawiecki is among the first Peace Corps volunteers to return to overseas service since the agency's unprecedented global evacuation in March 2020 at the onset of the COVID-19 pandemic.

Nominations Open for Military Academies



FROM MARTIN HEINRICH

It is one of the highest honors of my office to be able to nominate qualified New Mexicans for admission to our nation's military service academies. It is always inspiring to see so many New Mexico students who are eager to apply to our

military academies and serve our nation.

On Thursday, Sept. 8 at 7 pm my office, along with the New Mexico Congressional Delegation and representatives from U.S. Military Service Academies, hosted a virtual Q&A session. The conversation was an opportunity for high school students and recent graduates to ask questions about the nomination process and attending U.S. Military Service Academies. In addition to my staff, we were joined by staff members from the offices of Senator Ben Ray Luján, and Representatives Teresa Leger Fernández, Melanie Stansbury, and Yvette Herrell.

I am committed to running a transpar-

ent and inclusive academy nominations process that ensures every student has an equal chance to serve, regardless of their race, gender, sexual orientation, or socioeconomic status.

Members of Congress may nominate candidates for appointment to four of the five U.S. service academies: U.S. Military Academy (USMA), West Point, N.Y.; the U.S. Naval Academy (USNA), Annapolis, Md.; the U.S. Air Force Academy (USA-FA), Colorado Springs; and the U.S. Merchant Marine Academy (USMMA), Kings Point, N.Y. Each member of Congress is allotted a limited number of nominations that they submit to each academy.

The deadline to apply for a nomination for each of the Congressional offices is Oct. 7, 2022. As part of this process, I am looking for applicants who demonstrate exceptional leadership ability and represent the full diversity of our great state.

For more information about the process, I encourage you to visit the Service Academies Nominations resource guide on my website. And please contact my office if you have any additional questions that we can help answer or if we can help connect you to additional information.

Sincerely, MARTIN HEINRICH United States Senator



HARVEST FARE

By Elizabeth Brunazzi, Food Editor

Some of the best ways to use the abundance of harvest vegetables this season include a tomato tart, a vegetable quiche, and a butternut squash casserole. What's the difference between a tart and a quiche? The tart is lighter on pastry, eggs, cream and cheese, in favor of fruit or vegetables for fillings. The tart and the quiche do not have pastry toppings, and do not resemble the currently popular galette. A popular misconception may be that a tart is sweet, not a savory, but the vegetable tart is indeed a wonderful savory dish.

For the vegetarian quiche, consider using fresh local mushrooms in season. Michael Bruce of Taos, is an avid climber and trekker who ventures to the high mountains with his dog every weekend. He gathers chanterelles and precious porcini mushrooms up there. What a fine opportunity to get out and about and also do some personal harvesting for the finest home-cooking.

Tomato Tart

Dough: 1, 9-inch single crust; or use a store-bought crust rolled into a 11-12-inch round

1–1/2 ripe, juicy tomatoes, preferably Heirloom, but any preferred tomatoes may be used

1/2 C pesto sauce, available in stores if you do not have a fresh one

3/4 C shredded mozzarella cheese (always better shredded fresh from a whole piece)

1T fresh chopped basil

1T fresh chopped oregano

3 large eggs

1/3 C cream

1 t kosher salt

1–1/2 t fresh grated black pepper

Heat oven to 350F.

Fit rolled-out dough into 1 9-inch tart pan. Let edges rise to 3/4" above the rim of the pan. Pinch dough all over with a fork.

Line dough with foil and fill with dried beans.

Bake 15 minutes until dough starts to brown at the edges. Remove from oven. Remove foil and beans.

Increase oven temp to 375F.

Cut tomatoes into 1/2 to 1-inch slices. Place in a colander to drain excess liquids, about 20 minutes.

Spread 1/4 C pesto in the oven-baked crust. Sprinkle mozzarella cheese over the pesto. Sprinkle basil and oregano over the cheese.

Prepare custard: Whisk eggs, cream, salt and pepper.

Place sliced tomatoes evenly over cheese and tomatoes in overlapping concentric circles.

Pour custard evenly over the tomato slices and swirl evenly to distribute the liquid.

Bake until the filling is set and will not jiggle, about 35 minutes.

Remove and cool before serving warm, or at room temperature.

Selected and adapted from a recipe in The New York Times

Autumn Phase. Vegetarian Quiche

Dough: 9-inch deep-dish pie crust

1T olive oil

1/2 C sliced onion

1/2 C chopped red or orange bell pepper

1/2 C mushrooms, sliced, your choice for best available

1/2 C chopped zucchini

1 large ripe tomato, sliced

2 t fresh basil, chopped

3 large eggs

1/2C milk

1/t kosher salt

1/4 t ground black pepper

1 1/4 C shredded cheese, your choice. Colby-Jack, Mozzarella laced with Parmesan or Romano, or Farmer's laced with Parmesan or Romano Preheat oven to 400F. Bake pie crust until firm, 8 min. (see above instructions)

Remove crust and set aside. Reduce oven to 350F. Heat olive oil in a large iron skillet.

Add onion, bell pepper, mushrooms and zucchini. Cook, stirring until softened, 5 to 7 min. Remove vegetables from skillet and set aside.

Sprinkle tomato slices with flour and basil, cook in the skillet over medium heat for 1 min per side, Set aside.

Whisk eggs, milk, salt and pepper in a small howl

Spread 1 C cheese in the bottom of the pie crust, layer with vegetable mixture over the cheese and tomato slices. Pour egg mixture over the top and sprinkle with remaining 1/2 C cheese

Bake in preheated oven until the knife inserted over the center comes out clean. 40–45 min.

Cool 5 minutes and serve.

Selected and adapted from a recipe in Allrecipes

Butternut Squash Casserole*

2T extra virgin olive oil

1 large butternut squash, peeled, seeded and diced into 3/4 cubes, about 9-1/2 C

2 t minced fresh thyme. Substitute or mix with fresh rosemary

1/2 t kosher salt

1/2 t fresh ground coarse pepper

12 oz, about 2 C kale or curly kale. Tough stems removed, leaves torn or chopped into bite-sized pieces

1 medium yellow onion, sliced

1-2 cloves garlic, minced

1 C vegetable or chicken stock

Topping:

1 C fresh breadcrumbs (3/4 C if using Panko) 1/2

C freshly grated parmesan cheese

1T minced fresh sage

1/2 t kosher salt

1/2 t ground nutmeg

2T melted unsalted butter

Preheat oven to 375 F

Generously grease a shallow 9 x 13 casserole dish or 3-qt baking dish

Prepare filling in 2 batches.

Heat 1T olive oil in a large iron skillet or dutch oven over medium heat. Add half of the squash, thyme and/or rosemary, 1/2 t salt, and pepper. Sauté until squash begins to brown, 3 min.

Add 1/2 C kale, half the onions, half the garlic. Cook until kale, onions and garlic soften, 4 min.

Add 1//2 C stock, cook to reduce slightly.

Transfer mixture to prepared baking dish in an even layer.

Heat remaining T of olive oil in the skillet, and repeat steps with half of the remaining ingredients.

Transfer remaining filling to the casserole dish. Cover with aluminum foil and bake for 30–35 minutes, until squash is soft when pierced with a sharp knife.

Remove dish and foil from oven. Sprinkle with breadcrumb mixture

Reduce oven to 350F. Bake, uncovered, 20 min. Serve warm.

Selected and adapted from a recipe in Wellplated by Erin

*Important to review this recipe before undertaking it. It may seem complicated, but it is absolutely worth it; it's also a good party or holiday dish. My close friend Janet Hawkins in Canada tells me there are also a couple of other cousins of the Butternut, the Buttercup and the Turban, which can also be used in the recipe, if available.

Enjoy!



Photo by DC-Imaging.con

WATER RIGHTS cont'd from page 15

for them to keep their water rights local for future generations.

What is the greatest overall challenge regarding water rights?

Some would say there are many technical, legal, and policy challenges that require technical, legal, and policy solutions. I will venture a far simpler idea: There are not enough people going into water related fields such as water engineering, water rights law, and water policy. We need more

people to consider these fields as serious career options. More related programs need to be offered at the high school and university levels. Water resource management will only increase in importance in the decades to come as water demand increases. We need the generational capacity

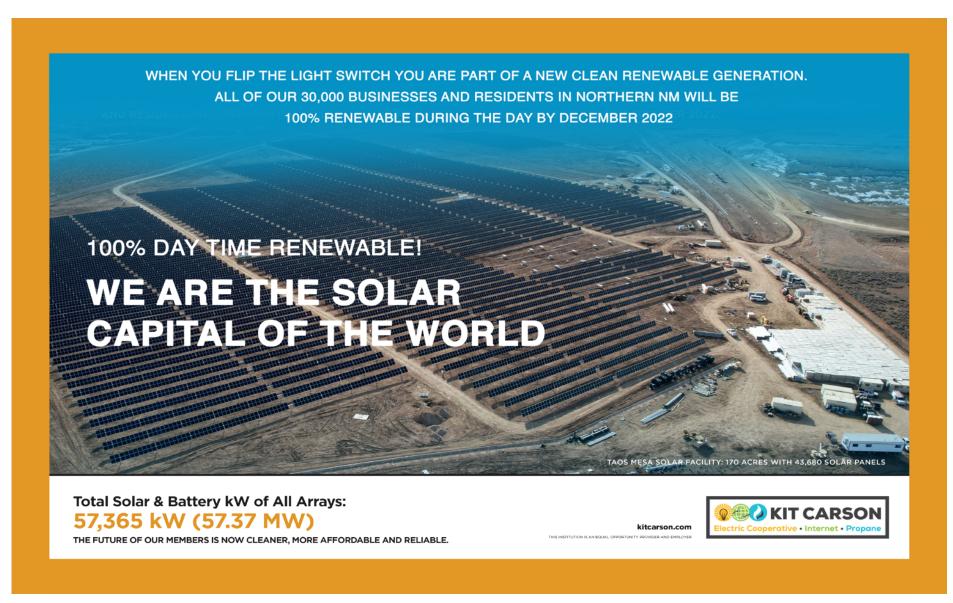
and brain power to meet this challenge. In my opinion, that is the greatest opportunity to make the most impactful and lasting change on this topic.

Christian Isely is a Public Affairs Advisor at Chevron and he can be reached at the following e-mail: cisely@chevron.com



623 Paseo del Pueblo Norte, Taos 575.758.1148 Monday - Saturday, 8am - 8pm





Governor Lujan-Grisham Meets & Greets Voters in Taos

By DYLAN R.N. CRABB

On the evening of Sept. 8, the Taos County Democratic Party organized a Meet & Greet event with Governor Michelle Lujan-Grisham. Over 100 people attended and the governor received several rounds of applause for her stump speech.

Governor Lujan-Grisham opened with a call for unity. "We should be proud of who we are and what we stand for and all of the issues that I don't need to talk to you about require us to stand up and fight for them," exclaimed the governor. "The big lesson over the last several years is that we can take nothing for granted, not one thing."

Governor Lujan-Grisham reiterated her defensive stance on women's rights to choose, which has been a hot issue since the Supreme Court of the United



Photo by Dylan R.N. Crabb

About 100 people attended a Meet & Greet for Governor Lujan-Grisham on Sept. 8 in Taos.

States kicked authority over such rights back to the state governments with its case Dobbs v. Jackson Women's Health Organization.

"We have a Supreme Court that has basically said that not all people are equal." Governor Lujan-Grisham told the crowd about how she had an opportunity to meet with the late president of Israel, Shimon Peres, and how they conversed with each other about how fragile democratic societies really are and that rights for women are a key part of successful democracies.

"We are going to invest and pay for [health] clinics in New Mexico."

One can listen to Governor Lujan-Grisham's full speech from October 8 at the Questa del Rio News' You-Tube channel here: https://youtu.be/Nogyi14bgos.

Governor Lujan-Grisham is running against two opponents this year: Republican Mark Ronchetti and Libertarian Karen Bedonie. The midterm elections will be held on Tuesday, Nov. 8. Check with New Mexico's Secretary of State website or the Taos County Clerk for your polling station.

Governor Lujan-Grisham Facing Two Opponents

By DYLAN R.N. CRABB

Governor Michelle Lujan-Grisham is facing two challengers for the Governor's Office this November: Mark Ronchetti (Republican) and Karen Bedonie (Libertarian). The Questa del Rio News interviewed both challengers. We have yet to schedule an interview with Governor Lujan-Grisham.

Mark Ronchetti

The Questa del Rio News interviewed Republican challenger Mark Ronchetti in April as he was traveling north through Red River and Questa campaigning for his party's nomination.

Ronchetti grew up in Vermont, was educated as a meteorologist at Washington State University and eventually settled on a job as reporter/meteorologist for Albuquerque's CBS and Fox affiliates. He describes his home state of Vermont as similar to New Mexico in that it's sparsely populated with a lot of small towns that basically make up the whole state with "basically common sense values." He owns a home with his family in Angel Fire.

Ronchetti's main focus is reducing crime, specifically mentioning issues related to drug trafficking across the southern US-Mexico border. He described his plan to create a specific law enforcement task force for patrolling the border and getting the illegal drug trade under control.

"Part of our problem is the illegal drug trade, a lot of it comes up through New Mexico through the southern border, . . . human trafficking is also a huge issue...we need a border force that's going to help go after the drug trade. If we're going to get our arms around crime, we better get our arms around the drug trade coming up through here. What we want to propose is a border strike force which is a hundred and fifty officers under the Department of Public Safety and their job is to do two things: go after human smuggling and go after the fentanyl trade."

One can listen to our full interview with Mark Ronchetti at the following web address: https://sound-cloud.com/socialmedia-qedf/interview-mark-ronchetti.

Ronchetti has recently come under media attention over an apparent inconsistency regarding his stance on a right to abortion. Currently his website reads as such:

"Mark is pro-life, but as governor he will seek a middle ground with our legislature that ends the practice of lateterm abortion. Mark believes permitting abortion up to 15 weeks and in cases involving rape, incest, and when a mother's life is at risk is a position that most in New Mexico will support regardless of party affiliation."

A website created by the Democratic Party of New Mexico has recorded a

statement from Ronchetti on the issue of abortion from 2020. If true, it would represent an apparent shift in his beliefs on the matter.

On October 15, Ronchetti made a proposal to New Mexicans through the Twitter website to settle the issue of abortion via a state-wide ballot measure. "No politician should decide this, YOU should," Ronchetti emphasized in the tweet.

Ronchetti takes pride in the fact that he currently does not have a background in politics, branding himself as a political outsider and therefore the more populist choice for Governor.

Karen Bedonie

Karen Bedonie is the Libertarian Party candidate for the Governor's Office. She is from the Navajo Nation in northwest New Mexico and she prides herself on her entrepreneurial background.

"We build all our businesses because there's no jobs where we come from so we've had to function off of entrepreneurship and that's how we've shaped our lives and built our own homes. My background is in construction... from foundations to fixtures but my specialty was welding," Mrs. Bedonie explained in an interview with the Questa del Rio News on August 23.

On the afternoon of August 23, Mrs. Bedonie traveled to the Espanola Public Library as a part of her "the Great Debate 2022" tour during which she spoke to voters about how, if elected, she would do what she could to limit the size of the state government and make life easier for business-owners. In a Facebook live stream, Bedonie advocated for less corruption in government, more freedom for business-owners, and more opportunities for "hard-working Americans." She even perpetuated what's come to be known as the Big Lie, the debunked claim that President Joe Biden only won the election of 2020 through fraudulent voter ballots, and advocated for more election security to reduce voter fraud. Bedonie has an intense distrust of all government programs and would like to see the size of governments reduced across the board, even coming out on record saying she would not be opposed to dismantling New Mexico's Public Education Department.

One can listen to our full interview with Karen Bedonie at the following web address: https://soundcloud.com/social-media-qedf/interview-karen-bedonie.

Organized by a group calling themselves "We the People of NM 2022," Mrs. Bedonie traveled through twenty towns over twenty days speaking to people in-person as well as through Facebook live streams. Governor Lujan-Grisham and Ronchetti were invited to participate alongside Bedonie but did not appear.

Conflict Over Parking Spot Ends with Assault, Hit-and-Run

By DYLAN R.N. CRABB

A reported "hit-and-run" on October 4 in Red River was the culmination of a brawl over a parking spot, Red River police say.

According to the Red River Marshal's office, at about 5:43 pm, the department received a call about "an ROV (Recreational Off-road Vehicle) running over three people." Upon arriving on the scene at the northwest corner of Bunker Hill Trail and Main Street (HWY 38), the Marshal's Office discovered that an assault over a parking spot led to a single hit-and-run.

"There were some words exchanged with our Victim 1, there were three victims," Marshal James Johnson told the Questa del Rio News. "Victim 1 had some words with four males from Carlsbad and they basically jumped him,

knocked him to the ground, and they commenced to jump on top of him and continue the assault. During the assault [a family member of Victim 1] saw the assault, went over to help... And two of [the perpetrators] turned on the good Samaritan and started beating him up [Victim 2]."

As a crowd gathered around the assault with several guys attempting to intervene, the four perpetrators jumped onto their off-road vehicles and attempted to flee the scene. The mother of one of the victims ran to the scene in an attempt to help and as the perpetrators fled the scene, they ran over the mother (Victim 3). The perpetrators fled east.

Two of the victims were transported to Holy Cross Hospital by Red River EMS vehicles, one victim transported themselves to the hospital. All three victims live in the Taos area and they were released from the hospital the day after the incident, alive and well.

Three officers from the Red River Marshal arrived on scene to be met by two Taos County officials later.

Marshal Johnson had just gotten back into town when he noticed two ROVs drive past his house at a high speed followed shortly by two officers (one officer went all the way up to Bobcat Pass, north of Red River, in case the perpetrators fled that way).

After observing the high-speed pursuit, Marshal Johnson radioed in and was informed of the situation. He received a tip from a co-owner of the Roadrunner RV Park about a possible sighting of one of the perpetrators speeding onto his property. Marshal Johnson followed the tip to Roadrunner RV Park, identified the vehicle that ran over the third victim, and located and

apprehended three of the perpetrators.

A fourth perpetrator was not apprehended at the time due to a perceived lack of probable cause. However, by the time the Red River Marshal's Office was able to canvass the scene, collect evidence, and review some photographic and video footage of the incident, they came to the conclusion that the fourth man was involved so he now has three warrants for his arrest (two warrants for aggravated battery and one warrant for fleeing the scene of an accident with injuries). Charges have been filed and Marshal Johnson says "a fourth arrest is coming."

One can listen to our interview with Marshal Johnson in its entirety at the following web address: https://soundcloud.com/socialmedia-qedf/interview-incident-at-red-river.

O B I T U A R I E S



Cavaliere Carlo Rodolfo Gislimberti

Born to be an artist best describes the path young Carlo Rodolfo Gislimberti dreamed and planned, but, with the unexpected passing of his father when he was a teenager, Carlo's dream of attending architecture school was sidelined and he instead pursued cooking. After extensive training at the Culinary School of Italy and various apprenticeships at renowned restaurants throughout Italy and Europe to hone his skills, Carlo went on to become a chef of international renown.

In 1970 he met Siobhan in England, and they married in 1972. Their sons, Simon and Daniel, were born in 1975.

In 1978 Carlo, Siobhan and the two small boys arrived in America, settling first in Texas and then New Mexico: In 1982, they opened their first restaurant, Il Porcino, in Red River. In 1984 they moved to Taos, where they took over the famed Casa Cordova until 1990 when they opened Villa Fontana.

Carlo brought more than fine northern Italian cuisine to northern New Mexico, he brought a love of the mountains born in the Dolomite Mountains of Northern Italy.

"In the Dolomites, you are born on skis, so to speak," Carlo said in a 1999 interview with the late Sangre de Cristo Chronicle newspaper for its Winter Enchantment magazine. "When I go skiing, I love it because it brings me back to a younger age when I was skiing Cortina and other European resorts."

Many, many people in northern New Mexico benefited from his knowledge of mountain fungi: Carlo always picked wild mushrooms and incorporated them into his cuisine. He spent several months of the year scouring local mountains for delicate chanterelles and boletus he used in dishes like "Chanterelle Sorbet," "Stuffed Boletus Caps," and "Crema di

Boleti Villa Fontana (cream of wild mushroom soup with fresh rosemary). He loved creating new ways to showcase the mountain delicacies. He also conducted mushroom hunts and cooking classes and hosted the Mycological (mushrooming) Society of New Mexico's annual banquet.

His talent as a chef also shined and, over the years, the restaurant garnered several prestigious awards, becoming the first 4 Diamond rated restaurant in New Mexico by AAA, and earning a DiRoNA award as one of the top-10 Italian restaurants in America. In 1999, the President of Italy, Oscar Luigi Scalfaro honored Carlo with the title of Cavaliere for his contribution to classical Italian cuisine and art.

In 1992, Carlo experienced his first heart attack. As part of his rehabilitation/ therapy he decided to pursue a life-long desire to take up painting. Many of Villa Fontana's frequent customers were artists and friends of the couple. One such artist, (the late) Rod Goebel, invited Carlo to participate in a class he was teaching.

This changed the trajectory of Carlo's life. What followed were years of study with other, mostly Taos, artists: Ray Vinella, Kevin Macpherson, Don Ward, Walt Gonske, R.C. Gorman and Agnes Martin, to name a few. These artists were all very generous in giving advice ranging from the "business of art" to "plein air" painting, "abstraction" to "studio painting", painting oils, watercolors, and pastels. They all encouraged Carlo to display his paintings in his restaurant.

Carlo's love of painting has taken many forms from brush, palette, cork, and finger painting, always with bold colors, creating emotion and passion on the canvas. Carlo had continued to evolve as an artist, and in recent years has hosted shows throughout his native Italy and in New Mexico.

"Painting takes care of my creative and emotional expression," he told The Chronicle. Golf also became a new passion, though Carlo still enjoyed hitting the slopes with his sons. "I used to take them skiing on my back when they were little." His other love was always the

mountains, his native Dolomites in Italy, the Alps in Europe, the Sangre de Cristos and the Himalayas.

In 2005, Carlo experienced a second heart attack which led to a trip to New Delhi, India, for open-heart surgery. Consequently, the Gislimbertis decided to sell Villa Fontana and move to Santa Fe, where he opened the SanTaos Gallery with his longtime friend Lino Petrusini.

In 2011 he met Sarah Sheer, who became his loving companion and friend. They created a life of joy and happiness together that was obvious for all to see.

Carlo died Aug. 31, 2022 while hunting for mushrooms in the mountains of Santa Fe. He is preceded in death by his parents, Anna and Mario Gislimberti, brothers Franco, and Remo, and sister Elda.

He leaves behind a family that loved him deeply: His two sons Simon and Danny and three amazing grandchildren, Madio, Roman, and Giulia.

His love of life, family, friends, and food combine to make this unique gentleman

O B I T U A R I E S

OBITUARIES cont'd from page 25

a legend and will always be remembered with love.

The family requests that donations be made in his honor to Golden Willow Retreat. See https://www.goldenwillowretreat.org/sup-port-golden-willow/

Arrangements by Rivera Family Funeral Home. To share a memory, please visit our website at www.riverafuneralhome.com



Patricia Aragon

Patricia Aragon 55, a resident of Questa, passed away unexpectedly Aug. 29, 2022. She was preceded in death by her mother Helen Aragon; niece Felicity Aragon; paternal grandmother Elodia Bailon; maternal grandparents Wallace & Elvira Cisneros; uncles and aunts, Donald Bailon, Sr., Roger Aragon, Robert Bailon, Dolores Maes, Veronica Bailon, Jane Aragon, Lavern Cisneros, Melvin Martinez, Robert Bailon, and numerous cousins.

Patricia worked for many years for Taos County and Questa Public Schools, where she retired. Patricia loved to help others in need and would often place others before herself. She will be truly missed.

She is survived by her father George Aragon; siblings Connie Martinez (Rex), Davin Aragon (Denise) and Daniel Aragon (Jenny); nephews and nieces Jacob Aragon, James Martinez (Victoria), Isaac Martinez, Janae Martinez, Sean Aragon, Leah Martinez, Alexis Aragon, Dominik Aragon, Justin Aragon, and great niece Joulee Aragon plus many other loving aunts, uncles, relatives, and friends.

Rosary was recited on Wednesday Sept. 7 at 6:30 pm at St. Anthony's Catholic Church in Questa. Mass of Christian burial was held on Thursday Sept. 8 at 10 am, also at St. Anthony's Catholic Church with burial following at the San Pedro Cemetery.

The family of Patricia
Aragon has entrusted the care
of their loved one to DeVargas
Funeral Home of Taos. To order
memorial trees or send flowers
to the family in memory of
Patricia Aragon, please visit
DeVargas flower store.



William Floyd Scott

William Floyd Scott passed away from a battle with cancer on Sept.11, he was 69. He leaves behind his children, Meagan Scott, Sin Scott and Amber Scott, grandchildren, Carolann Garcia-Scott and Kaden Arrastia and partner, Doreen Burchfield. He is loved and missed by all. Arrangements by Rivera Family Funeral Home.



Orlando Feliciano Rael, Sr.

Orlando Feliciano Rael, Sr. was born Oct. 17, 1935, in Questa, New Mexico, the second-oldest child of Soraida and Feliciano Rael.

Bright and vivacious, his smile would light up a room. His deep, certain laugh demonstrated that he immediately got the joke. Astute, observant, he could easily tune in to others' emotions. From early on in his life, he was given adult responsibilities. At age 13, he was on horseback herding cattle by himself with only a rifle to protect him from mountain lions and bears.

His father sent him to Mc-Curdy private school in Santa Cruz de la Canada, New Mexico. There, Principal McCracken entrusted him with the care of farm animals big and small. He attended New Mexico State University in Las Cruces. He was a talented, precise drawer with elegant handwriting. He later attended the University of Oklahoma to get his Masters in Geography. He wanted to be a cartographer in the days before Global Information Systems.

He did his basic training at Ft. Carson and was stationed at Ft. Sill before serving his country in Korea near the demilitarized zone. He was later recalled to Ft. Polk. A man of variety, he enjoyed and was successful with many careers including surveying for New Mexico Department of Highways and Transportation. He retired, with awards, from Tinker Air Force Base where he worked on the B-52 bomber team.

In retirement, he enjoyed going to casinos, traveling to Alaska and Yellowstone, including a side trip to Sturgis, S.D. (where he and his wife joked about sitting at the bar with the bikers), Florida, and back to his beloved New Mexico.

He is survived by Bernie, his wife of 60 years, daughter Renee, son Orlando Jr., son Jonathan (Monica), daughter Yolanda, granddaughters Tomi and Annalisa, sister Berlinda, sister Clarita, brother Isaac, sister Rogeria, brother Paul (Carolyn), sister Abedonia, brother-in-law Elifas (Reynalda), sisters-in-law Lila, Belda, Alicia, and Emma (Ben).

The family wishes to thank Carrie, Karon and the rest of Oklahoma Palliative and Hospice Care as well as our wonderful caregivers: Beth, Tabitha, Whitney, Ashley, and Misty.

Those wishing to pay tribute

to our father, please sign our guest book. Family asks that contributions be made in his name to the Alzheimer's Association.

Rosary was recited on Saturday Sept. 24 at 9 am followed by the Funeral Mass at 10 am at St. Anthony's Catholic Church in Questa, with burial following with full military honors at the San Pedro Cemetery. A celebration of his life reception followed at the Questa VFW. To order memorial trees or send flowers to the family in memory of Orlando Feliciano Rael, Sr., please visit DeVargas flower store.



Felix Quintana Shannon

Felix Quintana Shannon was born in Santa Fe, New Mexico Nov. 9, 1984 and went to be with Jesus on Sept. 11, 2022, at the age of 37. He was named after his great grandfather, Felix Quintana.

Felix mostly grew up in Questa, New Mexico, but also lived in Arizona, Texas, New York, Hawaii, New Jersey, and Colorado. He loved to travel and, in high school, was an exchange student in Italy.

Felix was homeschooled through high school, studied at University of New Mexico, Central New Mexico Community College, and earned his Barber Certificate at Trinidad State Junior College in Alamosa, Colorado.

He enjoyed cooking, eating, board games, relaxing, and spending time with his family, friends and his two dogs (Miko and Patch). He loved to teach children how to ski and was also a server in many restaurants. His most recent business as a mobile barber allowed him to serve his community during

COVID. He also gave kids free back to school haircuts.

He is preceded in death by his grandparents, Felix and Domitilia Quintana, Donald Shannon, and Myrtle Ricks.

Felix is survived by his parents, George and Karen Shannon, and Birth Father Wayne Ricks; Siblings, Jesse Shannon, Kenneth Shannon, Danielle Ricks, John Ricks, Chantal Ricks, Wayne Ricks Jr.; Grandparents, Daniel and Evelyn Quintana, Ella Shannon, and John Ricks; and numerous Aunts, Uncles, and Cousins.

Felix's favorite quote: "Life will never cease to amaze me."

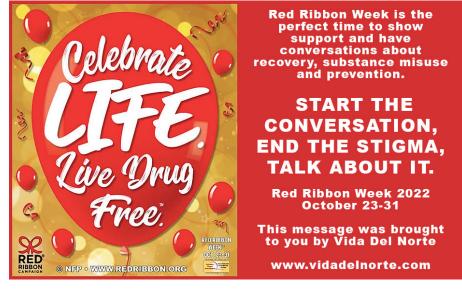
Felix Quintana Shannon's Celebration of Life took place at 10 am Friday, Sept. 23, at The Living Word Ministries Church, 12 Llano Road, Questa, New Mexico. Burial followed at Cerro Cemetery on Old Post Office Road, Cerro, New Mexico. For those far away and unable to attend, Felix's Celebration of Life also took place on Zoom.

A meal was served at Questa VFW (2597 State Road 522, Questa, New Mexico) after the burial. The family of Felix Quintana Shannon entrusted the care of their loved one to DeVargas Funeral Home of Taos. To order memorial trees or send flowers to the family in memory of Felix Quintana Shannon, please visit the DeVargas flower store.

We, at the Questa Del Rio News, are so sorry to hear about the sudden passing of Felix and our hearts go out to the family. We published a story about Felix in our November 2020 Business Profile, please see page 5 on the following link. Photo by Living the Dream Photography. https://questanews.com/november-2020-pdf/

To Place an
Announcement
"In Memory of"
CALL FOR RATES:
(575) 613-0856
or Sales1@QuestaNews.com











NFL FLAG FOOTBALL cont'd from page 1

transportation for Taos-area players is in the planning stages.

The clinic is also a new market launch for the SMART Sports Questa NFL Flag League, which will serve Northern New Mexico and Southern Colorado in late Spring 2023. This month's clinic is a great opportunity for families to gather information and register their children to play in the league, which will be in Questa. This new co-ed league will be a 6-week league that supports youth ages 5 to 16.

"NFL FLAG is dedicated to creating more opportunities for female athletes to participate in flag football," the NFL Flag website noted. "We know that the game will only get stronger with the more girls who play. In addition to implementing girls-only leagues and tournaments, we've also teamed up with National Association

of Intercollegiate Athletics (NAIA) and RCX Sports to make women's flag football a sanctioned college sport for the first time in history."

"We are excited to bring the NFL Flag to the Questa. I salute the leaders in the community for their extraordinary commitment to youth education, health and wellness. It's an honor to work collaboratively with everyone to not only grow the game of football but to create lasting memories for northern New Mexico area youth," said Kelly Mehrtens, Founder of Smart Sports located in Maryland.

The NFL FLAG stamp of approval is the ultimate sign of quality. It is the official flag football league of the NFL. With 1,600 teams and over 500,000 youth athletes, NFL FLAG is the largest, most recognized flag football organization in the U.S. – and the only one where players wear official NFL gear.



Courtesy Photo

Boys and girls ages 5 to 16 are welcome to participate in a NFL Flag Football clinic at Questa High School Saturday, Oct. 15.

"One of my goals as Mayor is to have more opportunities for our youth in Questa," said Mayor John Ortega. "This is a great start to achieving that goal. I am really happy that Smart Sports decided to bring the NFL flag league to Questa. I look forward to a long-term partnership with Kelly and Smart Sports. Youth from Questa and all surrounding areas deserve this. Sports and Leadership go together."

So all families can experience the positive benefits of playing sports, SMART SPORTS have partnered with NFL FLAG, Every Kid Sport and Kit Carson Electric so that athletes from income-restricted families who qualify will receive \$140 toward their registration cost! So it will only cost \$10 to play in the SMART Sports NFL FLAG league in the Spring.

"This is so exciting for our area youth and adult sports fans!" said Red River Mayor Linda Calhoun. "Smaller towns are often overlooked in national partnerships. We are so proud of our good neighbor Questa in earning this NFL flag site. Thank you to Kit Carson because this is good for business. Red River is working promptly now to help with transporting youth for the clinic."

To register or more information call Questa Schools: Julie at (575) 586-0421.

ASPENS cont'd from page 2

down Cabresto Canyon Road to Questa. For 4x4 adventures, don't miss Cabresto Lake, Goose Lake, or the Old Red River Pass. (for more on the Red River Pass, The Red River Pass, built in 1916, was considered an engineering feat at the time. Workers built a gradual slope by switching the road back and forth up the mountain. It took two summers to build it using teams of mules with blades and a mule team driver. At the top it's almost 10,000 feet high and you have a

scenic view of the town of Red River and Red River Ski Area. (see our September 2022 story on the Red River Pass https://questanews.com/how-red-river-changed-after-the-gold-rush/)

If you like hiking a "yellow brick road" of fallen leaves, head for Enchanted

Forest Cross Country Ski and Snowshoe Area, Red River Nature Trail, Goose Creek Trail, Columbine Canyon Trail, or the Pescado Trail by the Red River Fish Hatchery south of Questa.

Be sure you have a camera (or camera phone) handy! <u>More photos online.</u>







Photo by Ellen Miller-Goins

Left: The butterfly-shaped aspen glove above Red River on NM38, is a favorite among locals and visitors.

Photo by E. Wilde

Middle: Flag Mountain, Questa Photo by Ellen Miller-Goins

Right: Glowing aspen in the Moreno Valley

CONVERSATIONS cont'd from page 11

to me was, "You don't have to be a poet to write poems." Joy encourages us all to go to poetry in these unusual times. She feels it is a way to connect us as human beings. Joy envisions poetry on buses, in subways, on murals. Connect the community... the world.

Joy believes that encouraging young poets is very important. They write about their history—their culture, their family, their hopes and fears. Joy says that when she reads a child's poem, she knows there is a future. Even with our world torn apart with wars and hate and sickness, life will go on through

our youth.

There is so much more in this interview. Elizabeth Alexander, chair of the African American Studies department at Yale University, is herself an important poet. Many of our readers may have seen her interviewed recently on CBS News's Sunday Morning, The Late Show with Stephen Colbert and other media

outlets. Her recently released book, *The Trayvon Generation*, marked the tenth anniversary of Trayvon Martin's murder and its effects on his generation and the world. The 40-something poet rose to prominence when her friend, Barak Obama, invited her to read her inspired poem, *Praise Song for the Day* for his 2009 inauguration

BLM TRAINING cont'd from page 9

"paperwork." Respect the campsite like it was your friend's living room. We did an exercise where everyone was given a colored flag to plant in a small section of forest where they would want to poop. When all the classes got done it looked like a graveyard of scat. It left an impression!

Our last lesson of the morning was the WILDLIFE tent where we identified skulls,

scat, and skins. Our guides led us through identifying beaver, bobcat, skunk, weasel, and coyote furs. They had multiple skulls of rodents and carnivores. Watching him pick up the "scat," even though we knew it was rubber, left some with the willies.

We finally made it to the water and snack tent and were entertained by Tim telling stories about a gold-mining hermit and Arsenic springs. He told a lively story about a hermit's tall tales to keep people

away from his spring.

Before lunch we returned to the amphitheater and were sworn in as official Junior Rangers. A badge of honor was awarded to each student. Then a lunch of sandwiches, fruit, and dessert was hungrily consumed.

After lunch and a short walk, Charley arrived with the bus. It was a full day of activities and students were relieved to get some rest on the ride back to school.



hoto by John Walsh

BLM Junior Rangers learned to identify animal scat, their skulls and the animals they came from.

ESOTERIC ASTROLOGY

SKYDANCE ESOTERIC ASTROLOGY by Charlene R. Johnson OCTOBER 2022

OPPOSITIONS

"We are always seeking our opposite whether we know it or not. When we discover what that is we can dissolve our arrogance." Michio Kushi

New Moons and Full Moons are great times to experience oppositions and one reason why they are so powerful. The full moon this month incorporates the Aries — Libra axis meaning that the Sun is in one sign while the Moon is in its opposite. New Moons do the same thing with Earth on the opposite side of the Sun-Moon conjunction.

Oppositions are an important part of astrology, neither an out-and-out challenge nor a blessing, but something meant to expose problems to bring out the best of each. They are always complementary. The qualities of the first six signs, located on the bottom half of the wheel are meant to grow into the qualities of their opposites on the top half. The tug of war is a great metaphor for the opposition, explaining what feels like strain or stress but which is meant to improve muscle, lung power and stamina. If one side becomes unbalanced by an excess of focus, paying attention to the opposition can offset that imbalance. Opposites indicate the direction, the meaning and the purpose of the other.

We recently completed the Virgo — Pisces Axis. Virgo is the last of the bottom half of the zodiac, the 6th sign, while Pisces is the last of all 12 signs. Now we can start over on higher levels. Libra is the first sign of the upper level while Aries is the first sign of the entire zodiac. The shift is from two of our most sensitive and compassionate signs — Pisces and Virgo, to two of our strongest, most assertive signs. Aries and Libra are willing to take the first step forward, to lead the planet and to create anew; one with certainty, one with discrimination. We hope and expect that we have learned something by coming through the softer axis of Pisces — Virgo and can see the steps we need to take to create our world anew, in compassionate and more tolerant ways.

Everyone: The Hunters' Moon on October 9 is a perfect time to "hunt" the purpose behind your personal oppositions.

ARIES ↑ Planet: Mercury ♀ MARCH 20 – APRIL 19

Dynamic: Something needs researching. **Direction:** Ask the BIG questions. **Soul Thought:** Which ones?

TAURUS ♂ Planet: Vulcan ∨ AP RIL 19 – MAY 20

Dynamic: Some things are just too precious to value. **Direction:** What are they?

Soul Thought: How does one value, Value?

GEMINI Π Planet: Venus $\c MAY 20 - July 20$

Dynamic: This could be a comfortable time for you. **Direction:** Consider how things have shifted. **Soul Thought:** "Too often we enjoy the comfort of opinion without the discomfort of thought." John Kennedy

CANCER ♀ Planet: Neptune ♀ July 20 – JULY 22

Dynamic: A potential quarrel may stir the pot mid month. **Direction:** But your uncanny clarity can heal or prevent the quarrel

Soul Thought: "Carry less thunder in the mouth and more lightning in the head." Native American saying

Dynamic: Your shift might be from equilibrium to reactivity. **Direction:** Forewarned is forearmed.

Soul Thought: "How people treat you is their karma; how you react is yours."

Wayne Dyer

VIRGO ** Planet: Moon ** AUG 22 – SEPT 22

Dynamic: It is a time of seeking balance. **Direction:** Is that what you hunt?

Soul Thought: When the hunter and the hunted are in accord.

LIBRA ⊕ Planet: Uranus ⋉ SEPT 22 – OCT 22

Dynamic: You may discern a discrepancy in your finances. **Direction:** Ponder.

Soul Thought: The practice of discernment is an art unto itself.

SCORPIO \mathfrak{M} Planet: Mars \circlearrowleft OCT 22 – NOV 21

Dynamic: The problem continues to be wording. **Direction:** But communication is also the solution. **Soul Thought:** A Word began it all.

SAGITTARIUS ≯ Planet: Earth ⊕ NOV 21 – DEC 20

Dynamic: It's a new cycle and the planet hangs in the balance. **Direction:** How will you begin anew? **Soul Thought:** "What's bad for the hive is bad for the bee."

Soul Thought: "What's bad for the hive is bad for the bee Marcus Aurelius

CAPRICORN % Planet: Saturn $\, \hbar \,$ DEC 20 - JAN 19

Dynamic: It's a big challenge, but so many potentialities exist. **Direction:** Which one is yours?

 $\textbf{Soul Thought:} \ When \ potential \ becomes \ real.$

AQUARIUS = Planet: Jupiter 4 JAN 19 – FEB 18

Dynamic: Although you started something new, it may feel like you're going backwards.

Direction: Don't worry.

Soul Thought: The pause that refreshes.

PISCES H Planet: Pluto FEB 18 − MAR 20

Dynamic: You settle back into routine following new insights. **Direction:** It's about solidifying the insights.

Soul Thought: Turning water into wine . . . then drinking it.

To discover your Rising Sign, or for more information, contact Charlene R. Johnson, <u>www.SkyDanceAstrology.com</u>, or email: <u>SkyDance@SkyDanceAstrology.com</u>

Esoteric Astrology is focused on the rising sign more than the sun sign (we suggest you read both) and provides clarity, direction and answers for those seeking a higher level of life.



"People will stare.

Make it worth their while."

- Harry Winston

Continuing to offer our full line of services. Dry cleaning, wash and fold, linen service, alterations, and a small array of household items for sale in our retail shop.

www.cleantaos.com

Open Monday - Friday: 8am-6pm Saturday 9am-2pm | 206 Paseo Del Pueblo Sur | (575) 425-4446







COMMUNITY CALENDAR • OCTOBER 2022

HAPPY BIRTHDAY TO EVERYONE BORN IN OCTOBER!

SEPTEMBER 30: FRI 2:00 pm Olympian and back to back X Games gold medalist Mariah Duran Comes to Red River!! You are invited to the Red Ribbon Ceremony at Mallette Park Dedicating the New Skate Park!

6:00 pm Benefit dinner for Anita Rael,

the daughter of Agustin and Anna Rael, at the El Monte Carlo Lounge & Restaurant in Questa. Tickets are \$20 at the door and all proceeds will be donated to help the family with Anita Rael's recovery. Additional donations are also welcome.

OCTOBER 1: SAT 7:00 pm Questa High's Homecoming football game versus Menaul High School!

OCTOBER 2: SUN 10 am-2 pm
Cambalache - Questa's Annual Harvest
Festival, and last day of 2022 Questa
Farmers Market and Art Market. Music
by Michael Rael and more. Vendors, food,
fun, Frito Pie Eating Contest, burning of
the Cuccui and more! To be a vendor or for
information contact Dina@questaedf.com
or leave a message at 575-586-2258.

OCTOBER 5: WED 6:00 pm Questa Independent Schools Board meets the first and third Wednesdays of each month, in person and live streamed: https://www.youtube.com/channel/UCu

OCTOBER 7: FRI 7:00-9:00 pm Caitlin Alexander and Sebastien Marconato, an evening of beautiful music at Yoga Sala. For more information: yogasalaquesta.org or call (575) 224-2102

OCTOBER 7 - 9: FRI-SUN Red River Oktoberfest; enjoy the best NM craft beer, wines, and spirits, artesian and culinarian vendors, entertainment, and more. For tickets and info: (575) 7542366 or rinfo@redriverchamber.org.

OCTOBER 11: TUE 2:00 pm Questa Public Library Advisory Board Meeting in person at the library. All are welcome to attend. Agenda available. (575) 586-2023.

6 pm Village of Questa Town Council Meeting in person at Village Council Chambers. For agenda see VOQ Website, Questa Del Rio News Facebook page, or call (575) 586-0694

OCTOBER 12: WED 10:00 am Medicare Molina Health Presentation with Bingo at the Questa Senior Center, 148 Embargo Rd, Questa. Info: (575) 586-0508. OCTOBER 12: 6:00 pm Questa Business Entrepreneurial Network (QBEN). In person at Rael's Store and Coffee Shop and via Zoom, email for zoom link or suggest a topic for future meetings contact: lynn@questaedf.com

OCTOBER 14: FRI 9:00 am—Noon Food for All at North Central NM Food Pantry, 140 Embargo Rd. in Questa. (575) 586-1807 or (505) 238-1145; www.questafoodpantry.org

OCTOBER 15: SAT 8:30 am—Noon NFL Flag League Clinic, flag football for youth ages 5 to 16 at Questa High School Football Field. Free for those who register before October 7. Sponsored by Village of Questa and Questa Independent School District. Must register by 8:30 am. To register or more information call Julie (575) 586-0421 See article on page 1

OCTOBER 15: SAT Noon VFW District 5 Meeting at Cerro VFW post. Lunch served to VFW Members for \$5, please RSVP to litameadphoto@gmail.com.

OCTOBER 18: TUE 9:30 –10:30 am Bookmobile at Questa Post Office; (575) 376-2474; <u>laura.gonzales@state.nm.us</u>

10:45 am - noon Bookmobile at Roots & Wings Community School in Lama; (575) 376-2474; laura.gonzales@state.nm.us

OCTOBER 19: WED 11:00 am Presbyterian Health Open Enrollment with Bingo at the Questa Senior Center, 148 Embargo Rd, Questa. Info: (575) 586-0508.

OCTOBER 19: WED 6:00 pm Questa Independent Schools Board meets the first and third Wednesdays of each month, in person and live streamed: https://www.youtube.com/channel/ UCuLsXpB9iyfDrlWOiuG Info: (575) 586-0421.

OCTOBER 17: MON 3:30 pm Questa Library Book Club meets at the library for lively conversation on the book or topic of the month. For the current month's selection, call the library at (575) 586–2023.

OCTOBER 20: THUR 12:30 – 2 pm Salvation Army Food Assistance distribution at the Cerro Community Center. Applications are available during distributions. (575) 586–2352 Korey and Lita Mead

2:00–3:00 pm One-on-One Business Counseling drop-in hour by the Small Business Development Center at UNM-Taos with Anwar Kaelin. FREE and CONFIDENTIAL via Zoom: https://zoom. us/j/5757376219 or join by phone: (346) 248–7799. Call for appointment: (575) 737–6219. OCTOBER 20: 5:00 pm Cerro VFW Post #9516, monthly meeting at 108 NM Highway 378 in Cerro. <u>litameadphoto@gmail.com</u>. Call (575) 586-1112 to confirm meeting date.

OCTOBER 21: FRI 1 pm - 3 pm Questa Library Fun Friday STEAM program with TWIRL. Kids 4-10 welcome. Could you deliver a rover to the surface of Mars? Can you drop an egg off the roof and have it land without cracking? Prizes for strongest, most durable and most innovative designs! Come play, create and explore with Twirl. (586-586-2023)

OCTOBER 22: noon - dusk Roots and Wings Community School Harvest Fest with games, raffles, food and live music. jwerner@ rwcs.org

OCTOBER 23: SUN 3:00 pm Local musicians Mark Dudrow and Martha Shepp at Taos First Presbyterian Church for a concert of cello and piano music; (575) 776-7579 for more info.

OCTOBER 23-31: SUN-MON National Red Ribbon Week, raising awareness of substance mis-use and prevention. See article on page 18.

OCTOBER 24: MON 6:00pm Vida Del Norte Coalition meeting at Vida office, 62 Highway 38. Zoom link: https://us02web.zoom. us/j/82819602608 (575) 779-2260; maria.gonzalez@vidadelnorte.com.

OCTOBER 25: TUES 6:00pm Village of Questa Town Council Meeting in person at Village Council Chambers. For agenda see <u>VOQ Website</u>, <u>Questa Del Rio News Facebook pag</u>e or call (575) 586-0694

OCTOBER 26: WED 9 am - 3 pm Aging and long term services Medicare Presentation at the Questa Senior Center, 148 Embargo Rd, Questa. Info: (575) 586-0508.

OCTOBER 27-30: THURS-SUN
10:00am - 10:00pm
A FOUR DAY CONFERENCE FOR
COMMUNITY UPLIFT—TILT [Taos
Initiative for Life Together] Check out
conference website and register for some
[or all!] events! https://www.eventcreate.

com/e/tilt-conference For questions,

contact (575) 770.8681.

OCTOBER 28: FRI 9:00 am—Noon Food for All at North Central NM Food Pantry, 140 Embargo Rd. in Questa. (575) 586-1807 or (505) 238-1145; www.questafoodpantry.org. OCTOBER 28: 2:00 - 4:00 pm Trunk-or-Treat for Halloween.

hosted by the Village of Questa is a free "Trick or Treat" event for kids of all ages. To host a "treat trunk" to participate, just show up with a vehicle and provide whatever treats, candy, or games you like. At the Questa Business Park. For more information, call (575) 586-0694.

6:00 - 8:00 pm All Souls Concert (and optional dinner). Yoga Sala and Questa Creative Council host local musicians Bone Orchard and Mark Dudrow, with pianist Martha Shepp. Suggested donation \$10-20. 2331 Hwy 522; contact Martha for more info at (575) 776-7579. See QCC Update on page 10.

OCTOBER 29: SAT 8 pm-Midnight Halloween Dance brought to you by Santa's Helpers Del Norte. ALL PROCEEDS go to purchaseing Christmas gifts for the kids this year. At El Monte Carlo Lounge, Questa. \$10 Cover, Live DJ, Costume Contest, Giveaways all night. Join us!

OCTOBER 30: SUN 1:00 pm Friendship Circle Annual Meeting. Attendance strongly encouraged, we need you! Questa VFW, 2597 Highway 522. (575) 779-4609.

OCT 31: MON Noon
Children's Halloween Carnival
Benefitting Red River Valley
Charter School. Red River Conference
Center. Last year we raised just over \$5k
for the school! Can we beat that this year?
Don't forget your costume! Interested
in volunteering or donating? Call Jenny
Church at (575) 770-9886

Noon
Questa Economic Development
Fund Board Meeting. In person at the
Questa Visitor Center and via Zoom, for
link contact lynn@questaedf.com

SUNDAYS

Please see our Church Directory on Page 31

MONDAYS

Classes at Yoga Sala. Check website for times and info, at <u>yogasalaquesta.org</u>

9:00 am Breath Work & Movement, Magical Passes, Julian

5:00 pm Free Community Yoga: Gentle practice, Rae, in person only

7:00 pm Kickboxing Reto, in person only

TUESDAYS

Free Transportation for Qualified Seniors Questa Senior Center, 148 Embargo Rd, Questa. Info: (575) 586-0508.

5:30-7:00 pm Relax & Renew: Kundalini Yoga, Meditation & Gong, (2 hrs)
Jiwanshakti in person only. Check
website for times and offerings, at
yogasalaquesta.org.

WEDNESDAYS

Classes at Yoga Sala. Go to website for times and info, at <u>yogasalaquesta.org</u>.

9:00 am
Gentle morning yoga,
Rae, in person only at yogasalaguesta.org.

9:00 am — 3:00 pm Repurposing Plastic Project: Come smash plastic and make wire walls! Meet the team, work your body, lift your spirit, and help the planet! At the old "Movies at Home" building opposite Questa

and help the planet! At the old "Movies at Home" building opposite Questa Supermarket on Hwy 522. Call (575) 770-8681 or (575) 224-7386. Also meets Fridays.

11:30 am — 12:30 pm Wildcat Kitty Club at the Questa Public Library, for ages 0-3. (Older siblings and guests are welcome.) Stories, songs, and play. The fourth Wednesday of each month will feature our friends from Taos First Steps. 575-586-2023.

6:00 - 8:00 pm Bible Study Freedom Center Church 2558 Hwy 522, Questa. Facilitated by Pastor Johnny. All are welcome to join

on Zoom or in person. For link contact Pastor Kristi (575) 770–1714. See freedomquesta.com for series info.

7:00 pm Kickboxing, Reto, in person only at <u>yogasalaquesta.org</u>.

THURSDAYS

10:00 - 11:00 am Free Senior Exercise Classes, at the Questa Senior Center, 148 Embargo Rd, Questa. Info: (575) 586-0508.

Free Transportation for Qualified Seniors Questa Senior Center, 148 Embargo Rd, Questa. Info: (575) 586-0508.

2:30 – 4:30 pm Dropped Stitch at the Questa Public Library. We knit. We crochet. We laugh. We teach. We learn. Bring your latest project. If it has a fiber, it counts! All skill levels are welcome. Info: (575) 586-2023.

6:00 pm Thursday Night Jam Session at

Rael's Market & Coffee House; bring your instrument to jam or just bring yourself and enjoy. Free! 2430 NM-Hwy 522 in Questa. Info: (575) 779-9249.

FRIDAYS

Classes at Yoga Sala. Check website for times and info, at <u>yogasalaquesta.org</u>.

9:00 am Free Community Qigong, Martha, online only

9:00 am – 3:00 pm Repurposing Plastic Project: Come smash plastic and make wire walls! Meet the team, work your body, lift your spirit, and help the planet! At the old "Movies at Home" building opposite Questa SuperMarket on Hwy 522. Info: (575) 770-8681 or (575) 224-7386. Also meets Wednesdays.

4:00 pm Free Kids Ballet, Miss Tuesday, in person only, free at <u>yogasalaquesta.org</u>.

5:30 pm Free Community Qigong, Julian, in person only * Tai Chi and Qigong are martial arts, and are gentle, accessible practices. Anyone can join, no prior knowledge needed.

6:00 pm New Thirst Group: a Christian
Approach to Recovery at Living Word
Ministries, 14 Llano Rd., Questa.
(575) 613-8010.

6:00 – 8:00 pm Live Music every other Friday with Chris Arellano and family and friends, 101 Bar & Grill (formerly The Crazy Beaver), 101 County Rd 13.2, Garcia, CO 81152. Please call to confirm (719) 672–9022.

SATURDAYS

10:00 am

Free Community Tai chi, teacher: Reto, in person only. Check website for times and offerings, at yogasalaquesta.org.

DAILY

Community Activities offered at Red the River Community House. Check calendar and please verify at https://www.redrivercommunityhouse.org/calendar; (575) 754-2349.

DO YOU HAVE SOMETHING FOR OUR CALENDAR?

FREE LISTNGS! Please send us your event
and include the date, time, place, and contact
formation (575) 586–2149 or news@ausestaedf.com

CLASSIFIEDS

HELP WANTED

villageofguesta.org

Certified Police Officers for Questa Police Department. The job description and employment application are uploaded to the website: questa-nm.com. Under the government tab there is a job positions tab. Questions: Valerie Vigil Clerk/HR (575) 586-0694 or wigil@

LOR Foundation: Ouesta Community Officer. Need deep community connections, an entrepreneurial mindset, and a passion for problem solving. Fast-paced, full-time, requires caring and curious disposition to understand community needs, strong communication skills to engage people from all backgrounds. View a full job description at loregraph: description at loregraph: loregraph: org/ careers/questa-community-officer. Applications, including cover letter describing the candidate's interest and qualifications, resumé, and where the candidate learned of the position. should be sent to jobs@lorfoundation. org. Candidates are encouraged to apply as soon as possible. The LOR Foundation is an equal opportunity employer committed to diversity and inclusion.

Experienced kitchen line workers.

Pay based on experience. Apply in person at Wildcat's Den, 2457 NM 522, Questa. For more information call (575)586-1119.

Interviewing NOW! In-home caregiver for an intellectually feisty elder. Must be personable, patient, articulate with a good sense of humor. Assist with ALL daily living skills and needs: bathing, dressing, transferring from bed to walker or wheelchair, meal prep, companionship. Must communicate clearly with family members, the client and other caregivers. Call Robyn at (575) 779-6802.

NOTICES

Cambalache - Questa's Annual Harvest Festival, Sunday, Oct. 2, 10 am- 2 pm. Last day of Questa Farmers/ Art Market for the season. Music by Michael Rael and more. Vendors, food and fun. To be a vendor or for information contact dina@questaedf. com or (575) 586-2258.

Salvation Army Food Assistance distribution at the Cerro Community Center every other month on the 3rd Thursday, for people already enrolled. Applications are available during distributions. Next one is Thursday, Oct. 20, 12:30–2 pm. For more information contact Korey and Lita Mead (575) 586-2352.

Friendship Circle Annual Meeting.

Attendance strongly encouraged, we need you! Sunday, Oct. 30 at 1 pm, Questa VFW, 2597 Highway 522. (575) 779-4609

FOUR-DAY CONFERENCE FOR COMMUNITY UPLIFT—TILT [Taos

Initiative for Life Together] October 27–30: THURS-SUN 10am – 10pm. Check out conference website and register for some or all events! https://www.eventcreate.com/e/tilt-conference For questions, contact (575) 770.8681

Free Senior Exercise Classes,

Thursdays, 10-11 am, Questa Senior Center, 148 Embargo Rd, Questa. Call (575) 586-0508 for more information.

Free Transportation for Qualified Seniors Every Tuesdays and Thursday, Questa Senior Center 148

Thursday. Questa Senior Center, 148 Embargo Rd, Questa. Call (575) 586-0508 for more information.

FREE COVID PCR TESTS AND

VACCINES at the Questa Health Center. For drive-up tests, please call from parking lot and staff will come to you. Please do not enter the building! Vaccines are available on a walk-in basis, or by appointment, including vaccines for children 6 months to four years old. 2573 NM-522, Questa, NM. For an appointment, call Amy at (575) 586-0315.

FREE COVID AT-HOME TESTS Every home in the US is eligible to order four at-home COVID-19 tests. Sign up at covid.gov/tests.

North Central New Mexico Food **Pantry:** Distribution days are the second and fourth Fridays of the month 9 am—noon, 140 Embargo Rd. in Questa. For information call (575) 586-0486. If you need an emergency food box please call: Jeannie Masters (575) 586-0486 or (575) 779-9194 or Nancy Parker (575) 586–2096 or (505) 699-7563). To make a donation, go to ncfpquesta.com or mail to: North Central Food Pantry, PO Box 1076, Questa, NM 87556. For more information, please email wrmesquire2@gmail.com. If you would like to volunteer, please call Jeannie (numbers above)

Questa One-on-One Business on

the third Thursday of every month, Oct.20, 2–3 pm. Business owners, independent contractors, and entrepreneurs in Questa can drop in for one-on-one business consulting and training in planning, accessing capital, marketing, regulatory compliance, technology development, international trade, and more. https://zoom.us/j/5757376219 Join by phone: (346) 248-7799 with ID (575) 737-6219. For appointments call (575) 737-6219.

OCTOBER QUOTE FROM LISA FOX

"If you have come here to help me, you are wasting your time. But if you have come because your liberation is bound with mine, then let us work together. "—Lila Watson

CHURCH DIRECTORY

QUESTA

ST. ANTHONY DE PADUA CHURCH

Father Andrew Ifele (575) 586-0470 Saturday 6 pm, Sunday 7 am in Spanish, 11 am in English

MISSION CHURCHES OF ST. ANTHONY'S:

Costilla – Sagrado Corazon – Sunday 9 am Cerro – Nuestra Señora de Guadalupe – 2nd & 4th Saturdays 4 pm

Amalia - Santo Niño - 1st & 3rd Saturdays 4 pm

FREEDOM CENTER CHURCH

(previously Harvest Questa)
Pastors Kristi & Johnny Gonzales
2558 Hwy 522, Questa
Sunday Service 11 am — 12:30 pm
(575) 770-1714
Visit us online: freedomquesta.com

LIVING WORD MINISTRIES

Pastors Peter and Gayle Martinez 12 Llano Road Service: Sunday 10:30 am Nursery and Kids' Church at 10:30 am Wednesday Bible Study 7 pm

www.lwmsite.org (575) 586-1587

PATH OF LOVE

Sunday 7:30 am class and meditation Introductory Meditation Class Sunday 3 pm (575) 586-1454, Hilece

THEOSOPHY

Sunday 10 am Alice Bailey Theosophy Study Group (575) 586-4641, Francis

QUESTA CHURCH OF CHRIST

2 miles north of Questa on State Road 522 Sunday Bible Class Sunday 9:30 am followed by worship at 10:15 am

KAGYU MILA GURU SANGHA

Tibetan Buddhism Monday, 11 am, Green Tara Friday, 1 pm,, Chenrezig www.earthjourney.org (575) 586-1454, Hilece

KINGDOM HALL OF JEHOVAH'S WITNESSES (575) 586-1947

AMALIA

SANTO NIÑO MISSION CHURCH

1st & 3rd Saturdays 4 pm

ABUNDANT LIFE CHRISTIAN FELLOWSHIP

Sunday Service 10:30 am Potluck & Fellowship 3rd Sunday of the month Highway 196, Amalia Pastors: Lorenzo & Arleen Lucero (575) 770-5716

RED RIVER

FAITH MOUNTAIN FELLOWSHIP

Corner of River Street and Copper King Trail Sunday 10:30 am First Baptist Church of Red River 103 High Cost Trail Sundays 8:15 am and 10:30 am Pastor Joe Phillips (575) 754-2882

ST. EDWIN'S CATHOLIC CHURCH

North end of Silver Bell Trail Saturday 6 pm (Confession prior to Mass or by appt.) Father Andrew Ifele (575) 586-0470

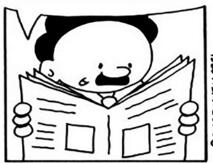
LIST IT IN THE CLASSIFIEDS!

CALL for Rates (575) 613-0856 Email Dina for Rates Sales1@QuestaNews.com



LOCAL AA MEETINGS Sundays 10-11 am Open Meeting; Questa Youth Center FINDING A REASON TO BELIEVE
The willingness to grow is the essence
of all spiritual development.
——AS BILL SEES IT, p. 171

THE PAPER WROTE THAT OUR FOOTBALL TEAM HAS THE BEST LINE IN THE AREA...





FORGET OFFENSE OR DEFENSE, THIS IS WHERE GAMES ARE WON!

www.corkeycomics.com

٥



BUSINESS DIRECTORY



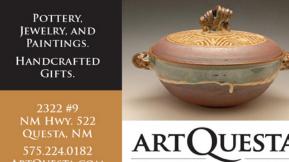






KEITH D. JAMESON, D.D.S.

Questa Dental Center 2451 Highway 522 575-586-0259







STUDIO • GALLERY 51 El Rito Road

(575) 586-2039

SAT + SUN 12 - 5 OR BY APPOINTMENT





CarQuesta Auto Parts (ARQUEST



hydraulic hoses and small engine repair

You need it? We rent it.

2420 St. Hwy 522 **Questa, NM 87556** 575-586-0419/0418









QUESTA LUMBER & HARDWARE CO





2349 NM HWY-522 Questa, NM 87556 Phone: (575) 586-0414 Fax: (575) 586-1916

