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# Questa Del Rio News

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## The Legend of the Lone Moose



Photo by Spencer McKee

The Lone Moose was first sighted near the Tres Ritos Ranch in Cerro on Sunday, Oct. 2 and again in Questa the following day. Please let us know if there are any more sightings of the lone moose.

BY KATY SWAN

It was the last day of the Questa Farmers Market for the season. On the afternoon of Sunday Oct. 2, around 3 pm, Tyler Smith and I were driving home to Sunshine Valley. We were heading north on Highway 522, just south of Tres Ritos Ranch and Tyler glanced to the east at a

spot close to tree-line where he had often seen elk herds in the past.

Tyler got excited and abruptly pulled off to the side of the highway and stopped the van. We jumped out and ran to the fence that separated the highway from the private land to the east. Tyler at first presumed that the animal he spotted was

a cow, then an elk, and upon third glance he realized that it was a bull moose. REALLY. We were sure it was a moose; it had large antlers and also a distinctive skin hanging below its chin which is called a dewlap or bell. I took out my phone

**MOOSE** cont'd on page 28

## Taos And Costilla County Deputies Make Huge Stolen Goods Bust

BY ROB SWAN

Last night I received a phone call from Taos County Sheriff Jerry Hogrefe informing me that my cattle trailer, which had been stolen in August, had been found across the border in San Luis, Colorado, and that I could go to San Luis and pick it up.

I arrived in the dark at a small farm about 10 miles southeast of San Luis and was met by Taos County Undersheriff Steve Miera and his deputies along with multiple Sheriff's Deputies from Costilla County in Colorado. Through multi-agency cooperation, the Costilla County Sheriff deputized the Taos County Deputies in order to assist

with the investigation.

The Sheriff's departments were able to obtain a search warrant for this rural property where multiple stolen items were found, including, multiple RVs, pickup trucks, and trailers. There was also an assortment of smaller items present that may also have been stolen, including generators, welding equipment, tools, compressors, and saddles.

Northern Taos County along with Costilla and Conejos Counties in Colorado have been plagued with thefts throughout the summer. Rumors had been circulating that the stolen goods were being taken to San Francisco, a small village near Sanchez Reservoir in Costilla County. The

rumors proved to be true as the farm was located near the San Francisco church on County Rd J2.

Deputies spent time identifying the stolen vehicles, contacting the owners with the good news, and requesting they come and pick up their property. Many pickup trucks arrived along with a few tow trucks to begin the process of removing the stolen items.

Deputies on site indicated that they had not yet made any arrests.

Please give your local Deputies a pat on the back next time you see them as we can all now worry a little less about our property being stolen. Thank you, Sheriffs and Deputies, for a job well done.

# Questa Del Rio News

NOTICIAS QUESTA DEL RIO

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OUR MISSION

To Inform, Inspire, Connect and Unite the Communities of Northern Taos County.

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Es informar, inspirar, contactar, y unir a toda la comunidad del norte del condado de Taos.

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EDITORIAL

## Keep it Free

Happy November, everyone! We hope you enjoy our Fifth Annual Veterans Issue. This year our celebration includes service of all kinds, not just military service. In these pages you will find stories about volunteers, civic-minded citizens who do not get paid for their service. Not all community service is technically “volunteer,” some of our most effective public servants get paid, although, their remuneration might hardly be called a living wage.

Take for example, our staff who bring you the Questa Del Rio News every single month. Although our part-time staff receive payment, in some cases it amounts to less than minimum wage. We all have other jobs that allow us to bring you this newspaper for free. That is the theme of our December Funraiser this year – “Keep it Free!”

When Lindsay Mapes, Malaquias Rael, Jr., and I decided to start a newspaper in the fall of 2017, I made a five-year commitment to the paper. In February 2023 we will celebrate our Fifth Anniversary, time for me to step down. It has been a great run and I am proud of the work we have done. We started the paper in the spirit of service to the community and that continues to be our purpose. We have done everything possible to support the community and its many diverse members and we greatly appreciate the support we have received in return. If you are one of the countless individuals, businesses, agencies, governments, or organizations whom this newsroom has been supported by and benefited from, I urge you to show the same support for your newspaper. Many of our readers take us for granted and do not know what it takes to keep this paper alive. We are an example of community supported media, and we depend on you to keep going.

We know that you can get news for free online, and we thank you for reading our newspaper. Unlike the internet, local news is the most reliable, trustworthy and the most accurate of news sources. And communities with their own newspapers have more civic engagement, higher voter turnout, and less corruption than those without local news. These are just a few of the proven advantages of hometown media. The other less tangible qualities revolve around connecting people and keeping the community united.

If you believe our paper benefits the community, please support us by buying subscriptions and making tax-deductible donations. You can support the newspaper by advertising in our print edition and on our website. If you donate between November 29 and December 31, your gift will be double, triple or possibly even quadruple matched! We are asking for sponsors for our 2022 December Funraiser. The New Mexico Local News Fund will match your donation up to \$3K and we invite more sponsors to make additional matches. Our December Funraiser last year earned \$10,000, enough to pay writers and help us grow our online presence. With your pledge of support, we can aim for a goal of \$15K, \$20K, or even more.

When I retire I hope to leave the newspaper in a strong position – in good shape financially with a stable foundation. We are looking for a new editor or co-editors to take *Questa Del Rio News* to the next level. With the help of non-profit and corporate funders, we are confident we can offer a full-time position to someone with the right background. Experience with journalism, non-profits, fundraising, grant writing and management are pluses. We would love our new editor(s) to be a bi-lingual Spanish speaking familiar with the Questa area. That is our wish list. If this sounds like you or someone you know, let us hear from you!

Thank you everyone who has supported us over the last five years, and to our donors, big and small. For those who stepped up during our 2021 fundraiser, big thanks. If you would like to volunteer, we could use your help. We believe we have nourished our communities of northern Taos County and we hope that our readership will continue to nourish us. May gratitude and service be our collective November theme. We love you all!

Thank you for supporting local news,  
Lou McCall, Founding Editor  
*Questa Del Rio News*



**The Life of a Journalist**

My name is Gracie M. and I am a Fifth-grade Alta Vista Journalist. I like to write articles for the Questa Newspaper. I interview students and teachers. I want to investigate things, so people know what's happening in our community. I hope to write an article for each month's paper.

*Thank you, Gracie! We are delighted to welcome you as our Alta Vista Student Correspondent. We congratulate you on your budding career in Journalism and we look forward to working with you. Keep up the good work! See Sproutings on Page 20.*

**Update to Rio Costilla Beaver Article**

My name is Steven DeHerrera, born and raised in Costilla, NM. I am a member of the 5th generation to live and hold ownership of the same land as my ancestors. "But," let's talk about water: El Rio de la Costilla has been and is today a very important issue for all residents in the area. Starting in Amalia, Costilla,

Garcia, and surrounding settlements, as the saying goes, "Water is Life," La Agua es Vida. We need to restore our Rio de la Costilla which has brought livelihood and so much more to our communities. There are a lot more issues besides beavers; there is involvement, concern, dedication, and the list goes on. There are many fond memories of this Rio for us in this present generation and many past generations. We all went fishing, swimming, and ice skating on the river when we were younger. The installation of the two pond levelers on the Rio de la Costilla is a great start in the Restoration Project. There's been water in our acequias now so late in the season, something we haven't seen in a long time. It's good to see and hear water flowing. Let's continue moving forward with our project, much more to be done, let's get involved. Restore El Rio de la Costilla. We are looking forward to more articles and information in *Questa del Rio News*. We thank their publication for the great job they are doing in northern Taos County. Excellent staff, great articles! Also a big thank you to Toner Mitchell and his associates at Trout Unlimited for their hard work and dedication.

Steven DeHerrera

**Kudos to Cutler Paving**

I am very impressed with the excellent paving job on Highway 522. Cutler Paving, of Lawrence, Kansas did an excellent job as did everyone who made this project move forward. Thank you to the Village and the County and everyone who helped fund this much-needed paving project.

Jeannie Masters

**Dear Editors,**

I let constituents know that simply electing me guarantees almost nothing. Commissioners from other districts would have to be in agreement. My hope in starting early is that other first-timers will join me in running on the Self-fed platform, with 2030 as our focal point. It would be marvelous news for the Taos Valley, for example, if a young, bright person like Dylan Crabb were to run. I nominate Mr. Crabb.

2030, to me, isn't far off. The distance one places a candle for meditation.

Tax-free farming and SPG (surplus purchase guarantees) are agricultural parity principles, and 15% budget funding for local food production is from Dr. Martin Luther King's 'People's

Budget'; the policies I'm promoting are old hat. But, bundling them to achieve a specific goal - the capacity to grow all our own food, and by 2030 - that's new.

Together, I see these policies supercharging each other, driving supply and demand up, in balance, very dramatically.

Thank you for the opportunity to express myself to your readers.

Sincerely,  
Matthew Swaye

*Thank you, Mr. Swaye, for your support of agriculture. As you know the Questa area has historically been a center of regional agriculture. A large part of Questa's economic renaissance is to restore farming to its glory days, and beyond! Good luck with your bid for Taos County Commission. And thank you for acknowledging and nominating our lead reporter Dylan R.N. Crabb. He has made a big difference at our humble paper and does an excellent job with his non-partisan political reporting. Although he has respectfully declined your nomination, we do agree that he and other great, young minds like his, would make a big difference to the Taos area. Good luck on your campaign. Keep that candle burning!*

**THANK YOU TO EVERYONE WHO HELPED MAKE OUR NOVEMBER NEWSPAPER A REALITY!**

LINDA BETZ, CRIS BRISBIN, PETER CRIDER, RYAN DARR, MATT DIETZ, ROSE DRAGOO, AMELIA ESHLEMAN, KELLY FITZPATRICK, LOUISE GALLEGOS, COLLIN HAFFEY, NATALIE LAUDADIO, GRACIE M., KIMBER MACDONALD, MONICA MCCLELLAND, SPENCER MCKEE, LITA MEAD, THE NATURE CONSERVANCY, NEW MEXICO VETERANS UPWARD BOUND, JONA OLSSON, JOHN ORRIS, MONIQUE PARKER, MOSE RAINAULT, TYLER SMITH, KATY SWAN, ROB SWAN, JACLYN TREGLE, PEGGY TRIGG, US FOREST SERVICE, AYESHA WILLIAMS, MATTHEW WOHLBERG

**DONOR DECEMBER!**



**IT'S ALMOST TIME FOR OUR ANNUAL FUNDRAISING EVENT**



**Your donation will be double or triple matched between November 29 and December 31.**

**OOPS!**

In last month's paper, the article on page 25 entitled "Conflict Over Parking Spot Ends with Assault Hit and Run" said the incident in Red River occurred on October 4, when in fact, it happened on September 4. The date was correct in the original report and got changed during the editing process. We then learned that many "September"s were replaced by "October"s. Sorry for the confusion!

**Questa Del Rio News**

We are an editorially independent local news source published by the Questa Economic Development Fund, a 501(c)(3) nonprofit organization that works in the public interest to advance a diversified sustainable local economy.

**OUR JOURNALISTIC ETHICS POLICY**

The Society of Professional Journalists declares four principles as the foundation of ethical journalism and encourages their use in its practice by all people in all media. We have adopted these principles as our own:

- Seek Truth and Report It.
- Minimize Harm.
- Act Independently.
- Be Accountable and Transparent.

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The *Questa Del Rio News* retains full authority over editorial content to protect our best journalistic and business interests.

- We accept gifts, grants and sponsorships from individuals and organizations to support our paper. Our editorial decisions are not made based on donor support.
- We give no right of review or influence of editorial content.
- We are committed to transparency in every aspect of funding our organization.
- Accepting financial support does not mean we endorse donors or their products, services, or opinions.

- We accept gifts and grants from individuals, organizations, and foundations to help with general operations, coverage of special projects and specific topics and maintain editorial control of that coverage. Our editorial judgments are made independently – not based on or influenced by donors. We do not give supporters the rights to assign, review, or edit content.
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- We do not accept donations from anonymous sources, government entities, political parties, elected officials, or candidates actively seeking public office. We do not accept donations from sources who, deemed by our board of directors, present a conflict of interest with our work, or compromise our independence.
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## Business Profile

### Cabresto Bakery

FRESH-BAKED GOODNESS FROM JUST DOWN THE ROAD

By EDWARD H. CAMP

You may have seen them over the summer at the Questa Farmers Market—the young couple selling the delicious baked goods, Luke and Sophia. While many assume it's Sophia that does the baking, it's actually Luke who's the master of the kitchen.

Luke Gulick came to Taos County from his native Glide, Oregon, five years ago looking for affordable land. He found it and he and Sophia have lived on a 3-acre plot on Cabresto Road for the last three years where they raise poultry and vegetables. "Mostly squash this year."

The 32-year-old has been baking since he can remember, "My grandma taught me to bake when I was little," he says. "I still use some of her recipes." He's an heir to the old ways, eyeballing many of his measurements, an increasingly rare skill. He's also the sort of cook that loves to tell you how he did it, even though his explanations only hint at the complexity of his art. "It takes a lot of practice. A lot of it is feeling the dough... the way that you roll a loaf, you form the loaf before it even rises and before it's baked, has a huge effect on how it'll be when you cut into it."

It's time-consuming work. "I sanitize my kitchen in the morning with my coffee at about six... the last batch of the rolls, the pepperoni things, came out around midnight and I was packaging



Courtesy Photos

Delicious bread and pastries from Cabresto Bakery, displayed at the Questa Farmers Market.

until about 2 in the morning." Though 20 hours is a long shift for anyone, Luke explains "a lot of it is rising time." He uses exclusively the eggs from his own chickens and has his own homemade proofer (a cabinet bakers use to accelerate and control how dough rises). "It's steel, 2 feet by 2 feet by 5 feet tall, just full of racks. I have a little tiny space heater I put in the bottom of that... and a plug-in humidifier."

Though he's a lifelong baker, Luke had never done it professionally until last year. "I never really expected to be baking bread for a town. I was surprised that there wasn't anyone already doing it." Seeing the opportunity, he got to work. "I started with the market and found out everyone around here likes fresh bread," he said with a smile. He hasn't limited himself though. "[I do] pretty much everything, sweet breads, cookies, pies, all sorts of different bread, different styles. I do pastries, last week I was doing apple Danishes, because the apples are just perfect right now," he said. He offered up a delicious chocolate chip cookie to sample. "Popular over here at the bar have been these pepperoni and



Courtesy Photos

Luke Gulick of Cabresto Bakery at the Questa Farmers Market.

cheese roll ups, seasoned on top with garlic, rosemary and such."

By bar, he is referring to the Tewa Lounge and the Village Stop & Go, a popular landmark in downtown Questa, right at the light. With the farmer's market closed for the season, Luke has moved to selling his oh-so-good goods at the Village Stop & Go on Wednesdays, Fridays, and Saturdays from 10 am to

4 pm. He plans on beginning a second round of sales Friday and Saturday nights for the bar crowd, specializing in pepperoni rolls and other alcohol-absorbing treats. Oh, and his prices are low, often just \$5 for a loaf of his white bread and less for small treats. Go see him! And for special orders, give Luke a call at (575) 999-1616 or email at [lukeswork@gmail.com](mailto:lukeswork@gmail.com).

### SLV Tourism Association is Back on Track.

By AYESHA WILLIAMS

The San Luis Valley Tourism Association (SLVTA) is a 501(c) whose mission is: to preserve our environmental and cultural resources by unifying our marketing efforts to promote the Mystic San Luis Valley as a tourism destination and thereby developing responsible economic growth for the seven counties of the

San Luis Valley.

SLVTA recently organized to elect new officials and focus on the redesign of a San Luis Valley recreation guide. At this time we would like to thank Huerfano County, C&TT Railroad, Costilla County, Mineral County and the Fort Garland Revitalization Committees for their contributions towards this project.

We look forward to building partnerships within the SLV to promote our beautiful SLV and emphasizing on Caring for Colorado while visitors are on their journey. For more information contact President of the Board, Kale Mortensen at (719) 589-9385.



Courtesy Photo

The San Luis Valley Tourism Association from left to right: Lynne Young-Treasurer, Katrina Danforth-Saguache County, Kale Mortensen-President, Carlton Croft-Huerfano County, Ayesha Williams-Board Member Costilla County, Theo Bourdreau-Board Member Saguache County, Ami Hooper, Dandelion Creative Services, Ellen Dodds-Alamosa Welcome Center, Andrew Grossmann, Director Colorado Tourism Office and dog Becca, Alamosa Welcome Center.



## Infrastructure Improvements and Federal Funding

By DYLAN R.N. CRABB

The Village of Questa is in the process of finalizing its Infrastructure Capital Improvement Plan (ICIP) for Fiscal Years 2024-2028. Administered through the New Mexico Department of Finance and Administration, the ICIP helps counties, municipalities, tribal governments, special districts, and senior citizen facilities anticipate infrastructure improvements in the near future. A project's inclusion does not necessarily mean it will be funded.

The Village's ICIP plan lists 32 specific projects costing \$36,914,208 in project funds with \$29,536,344 in unorganized funds not assigned to a project (as of this publication).

- Sewer System Improvements: \$2 million
- Cabresto Road Improvements: \$3.1 million
- Road Improvements Embargo

- Road: \$1,292,825
- Police Department Vehicles: \$240,000
- Library Improvements to Existing Building: \$885,000
- New Fire Department Building: \$2.5 million
- Water System Improvements: \$1,299,750
- Sewer Lines Install & Update: \$5,965,479
- Questa Fire Department Water Tender: \$350,000
- Questa Skate Park: \$525,000
- Questa Rodeo Grounds: \$115,700
- Questa Municipal Playground: \$112,454
- Road Improvements Shirley Road: \$305,000
- Water Rights Purchase: \$400,000
- Ambulance Emergency Vehicle: \$500,000
- Administrative Vehicle Purchase for Travel: \$50,000
- Judicial Complex Renovation: \$150,000
- New Water Storage Tank: \$650,000
- Business Park/Economic Development Projects: \$4.35 million
- Fire Pumper Truck and Equipment: \$520,000
- Administration Building Improvements: \$1 million
- Youth Center Parking Lot Improvements: \$150,000
- Sidewalks and Trails in Questa: \$1,203,000
- New Community Center: \$5.1 million
- Road Improvements: \$475,000
- Recreation Facility Improvements: \$500,000
- Regional Trail Project: \$1,875,000

- Animal Control Program: \$200,000
- Veterans Park Improvements: \$50,000
- Municipal Parks Improvements: \$150,000
- Police Department Safety Improvements: \$300,000
- Senior Center Property Improvements: \$600,000

The Village also received a total of \$193,923 from President Joe Biden's American Rescue Plan Act (ARPA). The Village Council decided on how those funds would be distributed for Fiscal Year 2023 during its Sept. 27 council meeting.

- Non-Violence Works: \$5,000
- Vida del Norte: \$5,000
- Questa Economic Development Fund (advertising): \$9,213
- Command Vehicle for EMS: \$9,710
- Grade Dirt Roads in Questa: \$20,000
- Engineering/Construction – Shirley Road: \$20,000
- Corral Well Refurbishment/Electric: \$30,000
- Meters and Pressure Reducing Valves (\$10,000 carry over from last year): \$20,000
- Security Fence/Gate around Shop Area: \$20,000
- Security Fence/Gate around Well near School: \$5,000
- Sewer Plant Repairs: \$50,000
- Business Park Electricity/Internet: \$7,800

Councilor Jason Gonzalez advocated for more public funding for Vida del Norte citing the good work that organi-

zation does in a communal effort to fight addiction issues and local crime. Mayor John Ortega agreed. Mayor Ortega also hopes to see electricity and fiber optics wired to the entire Business Park area.

Mayor Ortega and Questa Police Chief Ronald Montez have both reached out to the Governor's office for more law enforcement funding. Chief Montez is looking into the purchase of three used state police vehicles at \$5,000 each. Most of the Village's police equipment will need to be replaced and the police department policy procedure manual has not been updated since 1997.

"In essence, we're starting from scratch with this police department," said Mayor Ortega.

"My ultimate goal is to leave this place better than how I found it," added Chief Montez.

The Village of Questa's Project Manager Jake LeFore presented the Council with an update on the current Red River restoration project at the 9/27 council meeting. The restoration is being conducted by a company called River Bend Engineering and they are outfitting the Red River with new rock banks to limit erosion as well as modifications to specifically encourage more fish migrations up and down the river to encourage more recreational fishing. The engineering team obtained permission from most of the private property owners along the river to make alterations to the edge of their properties. Two property owners declined to participate in the project.

## Support your County Fire & EMS services

By JONA OLSSON,  
LATIR VOLUNTEER FIRE &  
EMS DEPARTMENT

Who do you call when your chimney catches fire? Who do you call when your father breaks his leg falling off the ladder? Who do you call when your grandmother has chest pain? Who do you call when lightning sparks a fire in the trees near to you?

When you call 911 for any of those emergencies — day or night — it is your local fire and EMS department that responds.

But who do firefighters and EMTs call when they need help?

Taos County voters: On Election Day, Tuesday, Nov. 8 and during early voting, we are asking for your help.

We are asking for your support for a small (one-quarter of 1 percent or 0.25%) increase in the Gross Receipts Tax to provide much-needed funding for fire and EMS services across the county.

Please help us to continue helping you and your family.

VOTE FOR /EN FAVOR  
¡Gracias/thank you!

## NCRTD Triple Crown Winner

By NATALIE LAUDADIO

North Central Regional Transit District (NCRTD), based in Española, and known locally as "The Blue Bus" has recently been named a 2020 Triple Crown Winner by the Government Finance Officers Association of the United States and Canada (GFOA). GFOA's Triple Crown designation recognizes governments who have received GFOA's Certificate of Achievement for Excellence in Financial Reporting or Canadian Award for Financial Reporting, Popular Annual Financial Reporting Award, and Distinguished Budget Presentation

Award for a fiscal year. North Central Regional Transit District is one of just 317 governments that received the Triple Crown for fiscal year 2020.

The Triple Crown designation represents a significant achievement. To qualify each entity must meet the high standards of all three separate award programs. Each award program recognizes governments that produce reports which communicate their financial stories in a transparent manner and meet applicable standards.

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## BODY MIND SPIRIT

By BARBARA TRACY

### The Joy of Kindness

They say kindness is its own reward. And it's absolutely true. Kindness has benefits for the one being kind, not only for the one receiving the kindness. For instance, did you know that studies have shown that being kind can increase our own self-esteem, empathy and compassion, and it also improves our mood. Being kind can help decrease blood pressure and cortisol which is a stress hormone directly impacting stress levels. When we give of ourselves in a balanced way, we tend to be healthier and live longer lives.

"Kindness can increase your sense of connectivity with others, which can directly impact loneliness, improve low mood, and enhance relationships in general. It also can be contagious. Looking for ways to show kindness can give you a focus activity, especially if you tend to be anxious or stressed in some social situations," says Steve Siegle, Licensed Professional Counselor.

Mr. Siegle also says that physiologically, kindness can positively change our brain. What happens to our brain when we are kind? There is a boost in serotonin and dopamine, which are the neurotransmitters in the brain that give the feeling of satisfaction and well-being. Endorphins, which are the body's natural pain killers, can also be released.

We can build bridges through kindness. When we recognize times when

there is inequality, injustice, discrimination or hatred, there is the possibility to make great strides to understanding others by simply offering a helping hand whenever we are able.

Many years ago, there was a horse that lived among the sage and piñon trees in a fenced area near our home. She wandered about day after day, and I sensed her loneliness. One day when I was passing by, I remembered to bring an apple thinking perhaps she might enjoy it. I stood by the fence and began urging her to come over to me. When she reached me, I noticed she had some odd mannerisms, and discovered she was blind. I offered up the apple pieces in my open hand and she willingly ate it. I began to look forward to our encounters when I would walk by, and I was sure to bring her an apple. Such a small gesture,

yet not only did it make her day a little less lonely and perhaps even lighter, I totally enjoyed every minute of her enthusiasm in munching the apple. It really made my heart happy.

We can clearly see the benefits of being kind to others, and it is important to remember to be kind to ourselves as well. Be aware of how you speak to yourself about yourself. If you find you are speaking inwardly or outwardly in an unkind way about yourself, stop, be kind to yourself, be compassionate to yourself. Kindness is also being patient, loving and kind to your own self.

*"Having a heart, and a kind and warm disposition, is an enormous advantage. Not only does it bring us joy, but we can share this joy with others. Relations between individuals, nations, and continents deteriorate only from lack of goodwill and kindness, even though these qualities are so valuable and necessary for the quality of life in society. That is why it is worth trying to develop them."*

—The 14th Dalai Lama

*When the heart is at ease, the body is healthy.  
Chinese Proverb*

## SENIOR MENU: NOVEMBER 2022

Monday	Tuesday	Wednesday	Thursday	Friday
<b>OCT 31</b>	<b>1</b> Chicken Fajita, Fajita Vegetables, Refried Beans, Zucchini and Corn, Apple Crisp	<b>2</b> Egg Salad Croissant Sandwich, Three Bean Salad, Pickle, Strawberry Shortcake	<b>3</b> Grilled Chicken Breast over Garlic Noodles, Green Beans Biscuit, Fresh Banana	<b>4</b> Cheese Ravioli w/ Marinara Sauce, Winter Blend Vegetables Garlic Bread, Vanilla Pudding
<b>7</b> Ham and Cheese Sandwich, Lettuce/Tomato, Tater Tots, Green Beans, <b>Dessert?</b>	<b>8</b> Carne Adovada Burrito, Refried Beans, Chuckwagon Vegetables, Peaches	<b>9</b> Turkey In Gravy Bread Stuffing, Asparagus, Salad w/ Dressing, Tapioca Pudding	<b>10</b> Chicken Alfredo, Broccoli & Cauliflower, Garlic Bread, Apricots	<b>11</b> <b>CLOSED</b>
<b>14</b> BBQ Pork Patty, Baked Beans, Spinach, Cornbread, Fruit	<b>15</b> Beef Tips w/ Noodles and Gravy, Mixed Vegetable, Biscuit, Fruit	<b>16</b> Pork Posole w/ Red Chile, Zucchini, Tortilla, Cherry Cobbler	<b>17</b> Turkey /Mashed Potatoes/ Gravy, Cranberries, Salad, Pumpkin Pie	<b>18</b> Tuna Casserole, Peas and Carrots, Crackers, Tropical Fruit
<b>21</b> Breaded Chicken Sandwich, Coleslaw, Carrot sticks, Chips, Pears	<b>22</b> Pork Chop, Rice Ploaf, California Vegetables, Roll, Peaches and Cottage Cheese	<b>23</b> Lunch served 10:30-11am <b>CLOSING AT NOON</b>	<b>24</b> <b>CLOSED</b>	<b>25</b> <b>CLOSED</b>
<b>28</b> Chicken Tempura w/ Orange Sauce, Rice, Asian Vegetables, Fortune Cookie, Mandarin Oranges	<b>29</b> BBQ Beef Sandwich, Pork and Beans, Carrots, Coleslaw, Oatmeal Cookie	<b>30</b> Fish Sandwich w/ Tarter Sauce, Cucumber & Tomato Salad, Mixed Vegetables, Hushpuppy, Apple	<b>DEC 1</b>	<b>DEC 2</b>

Taos County Senior Program 575-737-8927 • PLEASE NOTE THAT MENU IS SUBJECT TO CHANGE WITHOUT NOTICE

This Senior Lunch menu applies to all Senior Centers in Taos County. Meals are cooked fresh at each location.

Lunch costs \$1.50 to anyone over age 60. Those under 60 pay \$7.50. Lunch hours are 11 am to 1 pm. Grab and Go Lunches are available 11 am to noon. Meals-on-Wheels are provided at the same price to frail, homebound, or at-risk elderly.

To qualify, an in-home assessment at the request of the client's physician is conducted by project staff, stating that this person is not able to travel to the Senior Center.

For our readership area, Senior Lunches and Meals on Wheels are served at Questa Senior Center, 148 Embargo Rd., Questa, NM 87556 (575) 586-0508 and at 583 State Road 196, Amalia, NM 87512, (575) 586-0071.

Free Senior Exercise classes at the Questa Center are Thursdays 10 – 11 am. Free transportation is provided to registered Seniors on Tuesdays and Thursdays.

Registering for events or meals (must be over 60) takes only a few minutes. Arrive early to sign up.



## LIVE LOVE LAUGH

by Ellen Wood  
a.k.a. Maruška

## Magic Words Make Life Better

November is the month when winter gets serious, delighting skiers and little kids. It's the time to put the thick, grooved, grab-the-road tires on my car and it's when I celebrate my magical day! November 18 is my birthday.

On that day I get to blow out some candles and grin from ear to ear while my family sings to me. Then I read aloud their hilarious birthday cards while we laugh so

hard that we have to hold our tummies. Yes, November 18 is the magical day I was born 86 years ago.

Notice I didn't say: I am 86.

That's because "I am" is a very powerful phrase and I have no intention of using powerful words to reinforce the images and expectations we have of someone 86 years old. I'm healthy, happy, have no pain and I love my life. If I'm disintegrating, I haven't noticed it.

Affirmations clarify your goals and align you with the natural flow of vitality that is your birthright. Before we go into my new way of using Magic Words, let's go back in time to the days of our caveman ancestors. Here we can find some clues as to why we need a process and practice to move our minds from the negative to the positive. Neuroscientists have found an inherent draw to the negative to be a function of the most primitive parts of the human brain. As the primitive brain

developed, people acutely aware of danger were more likely to stick around long enough to procreate. The archipallium, which corresponds to the reptile brain, is responsible for both our self-preservation instincts and our aggression. Prior to modern times, self-preservation was the name of the game. Back then we needed a strong fear-response to be alert to real and immediate dangers, like the threat of being a lion's lunch.

In their book *Words Can Change Your Brain*, neuroscientists Andrew Newberg and Mark Robert Waldman tell about brain-scan research, which has found that positive words like love and peace, can strengthen areas in your brain's frontal lobe and help increase cognitive function. I used to write powerful positive words – which I now call Magic Words – on sticky notes and place them around the house so I could say them when I saw them. But lately, I've been painting Magic Words

and integrating them into the basic shapes of Sacred Geometry (spiral, straight line, square, circle and triangle) and saying the words when I see them on my walls.

Just recently I've been putting Magic Words into paintings of flowers or horses or landscapes. When I see those paintings, I say the words. Some examples: I'M HAPPY. I'M BLESSED. I'M GRATEFUL. I'M HEALTHY. I'M LOVED.

Come and see my Magic Words paintings Saturday, Nov. 12, 4–7 pm, at Maria Mikhailas' studio in El Rito. My artwork and Maria's are joined by art and jewelry by Teresa Gostanza and Susan Gancher (see ad below). You're invited.

*Ellen Wood of Questa is an award-winning author as well as an artist using the name, Maruška. The website for her books and paintings is [www.NorthernNewMexicoArtists.com/ellen-wood](http://www.NorthernNewMexicoArtists.com/ellen-wood). Contact Ellen at [ellen@howtogrowyounger.com](mailto:ellen@howtogrowyounger.com).*

## Las palabras mágicas mejoran la vida

POR ELLEN WOOD

Noviembre es el mes en que el invierno se pone serio, deleitando a los esquiadores y a los niños pequeños. ¡Es el momento de poner los neumáticos gruesos que ayudan en la carretera en mi automóvil y es cuando celebro mi día mágico! El 18 de noviembre es mi cumpleaños.

Ese día apago varias velitas de un soplo y sonrío de oreja a oreja mientras mi familia me canta. Luego leo en voz alta sus divertidas tarjetas de cumpleaños mientras nos reímos tanto que tenemos que agarrarnos la barriga. Sí, el 18 de noviembre es el día mágico en el que nací hace 86 años.

Fíjate que no dije: tengo 86 años.

La razón es que "tengo" es una palabra muy poderosa y no deseo usar palabras poderosas para reforzar las imágenes y las expectativas que tenemos de alguien de 86 años. Estoy sana, feliz, no tengo dolores y amo mi vida. Si me estoy desintegrando, no lo he notado.

Nota de la traductora: En la versión en inglés, la frase es I am ("soy"), que no se utiliza para decir la edad en español. Sin embargo, creo que "tengo" es igualmente poderosa.

Las afirmaciones aclaran tus objetivos y te ponen en sintonía con el flujo natural de vitalidad que te pertenece desde que naciste. Ahora, antes de que te explique cómo usar mis Palabras Mágicas, retrocedamos en el tiempo a la época en que nuestros

ancestros vivían en las cavernas. Aquí encontraremos ciertas pistas sobre por qué necesitamos un proceso y una práctica para cambiar la forma de pensar de lo negativo a lo positivo. Los neurocientíficos han descubierto que la atracción inherente hacia lo negativo es una función de las partes más primitivas del cerebro humano. A medida que se desarrollaba el cerebro primitivo, las personas que estaban muy conscientes del peligro tendían a vivir el tiempo suficiente para procrear. El archipallium, que corresponde al cerebro reptiliano, es responsable tanto por el instinto de conservación como por la agresividad. Antes de los tiempos modernos, la autoconservación era fundamental. En ese entonces era necesario tener una respuesta lista en cuanto se sentía miedo para hacer frente a los peligros reales e inmediatos, como la amenaza de convertirse en el almuerzo de un león.

En su libro *Words Can Change Your Brain* (Las palabras pueden cambiar tu cerebro) los neurocientíficos Andrew Newberg y Mark Robert Waldman se refieren a cómo la investigación hecha con escáneres cerebrales demostró que palabras positivas como "amor" y "paz" pueden fortalecer áreas del lóbulo frontal del cerebro y ayudar a aumentar la función cognitiva. Antes yo acostumbraba a escribir poderosas palabras positivas — que ahora llamo Palabras Mágicas— en notas adhesivas y las colocaba en la casa para poder decirlas cuando las viera. Pero últimamente, he estado pintando Palabras Mágicas e integrándolas con las formas básicas de la Geometría Sagrada (espiral, línea recta, cuadrado, círculo y triángulo) y diciendo las palabras cuando las veo en

mis paredes.

Más recientemente he estado poniendo Palabras Mágicas en pinturas de flores, caballos o paisajes. Cuando veo estas pinturas, pronuncio las palabras. Algunos ejemplos: SOY FELIZ. ESTOY BENDECIDA. ESTOY AGRADECIDA. ESTOY SANA. SOY AMADA.

Ven a ver mis pinturas con Palabras Mágicas el 12 de noviembre de 4 a 7 p.m. en el estudio de Maria Mikhailas en El Rito. Mis obras y las de María se unen al arte y la joyería de Teresa Gostanza y Susan Gancher (mira el anuncio que viene debajo). Están invitados.

*Traducido por Teresa Dovalpage*

**YOU'RE INVITED!**



**El Rito Pre-Holiday ART Party!**

Oasis of Lorien Studio  
12 Quintana Rd, Questa, NM

**Saturday, November 12<sup>th</sup> - 4 to 7pm**

**SAVE THE DATE**

**Artists:**

**Maria Mikhailas, modern mystic painter.** She paints in oils and acrylic; mystical themes from all traditions. [www.maria-mikhailas.com](http://www.maria-mikhailas.com)

**Maruška (aka Ellen Wood), painter, author and columnist.** Her unique style integrates images into the 5 basic shapes of Sacred Geometry. [www.howtogrowyounger.com](http://www.howtogrowyounger.com)

**Theresa Gostanza, painter and jeweler.** Her surrealist oil paintings are based on dreams and visions. [www.gostanza.com](http://www.gostanza.com)

**Susan Gancher, American Fine Arts Jeweler.** She creates beauty in jewelry using sterling and 14k gold, with precious stones, symbols and secrets.

Small items for holiday gifts will be featured!

We will serve a light supper of Vegetarian Pozole and Beverages

**DOOR PRIZES!**

CALL 575-770-2635 FOR MORE INFORMATION



## The Magic of Youthful Art

By PEGGY TRIGG

The Questa Public Library is excited to explore The Magic of Youthful Art with an opening reception Saturday, Nov. 5 from 3-5 pm. Artwork by our local school-age children and youthful local artist Diane deFremery will be on display.

This combined show of local youth and an artist who has retained her youthful approach will offer the viewer exciting, fresh, and creative ways to produce art. It might also shed light on how you, as an adult, can still retain that magic of innocence.

Not many artists can retain that pure joy of “just playing” as a child would, but there are a few. One of them is Diane deFremery.

Diane has been playing with art material for more than 70 years. She has a wealth of art knowledge. She has worked in watercolor, photography, pottery, jewelry making, printmaking, collage, acrylics, encaustic, papermaking, and doll construction. Even with strong technical skills, Diane’s work still shows a playful freshness, often only seen in youth artwork.

How does she do that? How can she keep it so lively and fresh throughout her life? I think it might be her creativity explorer attitude! If there’s an opportunity to explore a new technique or learn from another artist, Diane will always be the first one there with bright eyes and an eagerness to learn. Maybe this is what’s meant by the saying, “Be a Life-long Learner.” In whatever medium she chooses, her work shows exploration, freshness, and magic. She suggests, “Stay playful, keep in touch with the child within. Don’t rush; stop and observe. What color might enhance your design? Where could you place a line to direct the eye? Honor your intuition. Stop and look at it in the mirror. Turn it until you are pleased with the picture. (Which side is up?)”

Two of Diane’s favorite art adventures have been papermaking and mixed-media doll construction. “I loved



Courtesy Photo

Artwork by local school age children at the Questa Public Library on exhibit through the end of January.



Courtesy Photo

Diane deFremery takes watercolors, cuts them in strips and weaves them into new designs.



Courtesy Photo

Come to the Questa Public Library to see work by Diane deFremery and many of our local youth.

papermaking, and taking watercolors and cutting them in strips and weaving them into new designs.” Another favorite is making dolls. “When I worked in a silk shop for 8 years, I collected scraps and samples that I could use to make clothes for seaweed dolls, wrapping the kelp I gathered along the ocean beaches after a storm.”

Finally, a favorite activity of Diane’s is to take the old and convert it into something new and exciting. “A friend gave me a palette knife and I began covering old canvas paintings with white acrylic. It was much like frosting a cake. Then, as they dried, patterns started to emerge. Colors bled through; the unknown became the ‘Known.’ It was very rewarding. Art is what you make of it. There are always new techniques to learn, new ways of looking at things. Above all, have fun with it.”

Come to the library to see work by Diane deFremery and many of our local youth. The show, The Magic of Youthful Art, opens Nov. 5 with a small reception from 3-5 pm and will run until the end of January.



## Annual Art Kit Fund Drive

By PEGGY TRIGG

Starting Nov. 15 and running until Dec. 15, the Questa Creative Council will be hosting their Annual Art Kit for Kids Fund Drive. All the proceeds will be used to purchase art materials for local youth. Children will be able to pick up free art supplies at the Questa Public Library from Dec. 19 through Dec. 23.

To help support the Art Kit Fund Drive, please go to the Questa Creative Council website, and click on the donation button. From there, select the Art Kits Fund Drive and enter the amount you wish to donate. All donations are tax deductible. <https://questacreative.org/>



## Monique Parker

Painting, for me, has become an act of worship. During COVID-19, I started to paint as an extension of my devotional path. I painted daily over the course of seven weeks, producing two dozen paintings of deities and sacred images. My many pilgrimages to India and my love of color, texture, and holy symbolism inspired these works.

My background includes working as a copywriter, an English teacher, a yoga therapist and educator, and a teacher of Vedic chanting.

As a self-taught, late-blooming artist, I soon discovered that the painting process allowed me to transmit my love of the Divine through color, shape, mark-making, composition, and the unpredictability and magic of creating from emptiness. Much like Tibetan prayer flags that release holy prayers, my paintings are a way for me to

offer blessings into the world.

Living at 8,100 feet elevation in northern New Mexico the past 19 years amongst diverse local cultures and traditions, and looking out at the rugged landscape and shifting light across Ute and San Antonio mountains, has informed and deepened my perception and sensitivities. My goal is to inspire those who see my work to experience the innate joy and beauty that surrounds us, and to slow down and reconnect with nature as a reflection of our inner world.

My artistic process relies heavily on my intuition and connection to nature and



Photo courtesy of NorthernNewMexicoArtists.com

Acrylic painting by Questa artist Monique Parker entitled *Spirit Dancer*.

spiritual energy. I work primarily in acrylic because its characteristics align with the southwest in its unforgiving nature when it comes to drying quickly, the vividness of colors, and its willingness to be manipulated into different textures. My approach is to create diverse layers of energy like the elements that shaped this landscape.

See more of Monique's work or contact her at [moniqueparkerstudios.com](http://moniqueparkerstudios.com) or [NorthernNewMexicoArtists.com](http://NorthernNewMexicoArtists.com). Her work also can be found on Instagram and Facebook and she has an Etsy store.



Photo courtesy of NorthernNewMexicoArtists.com

Wordworking by Questa artist, Mose Rainault.

## Mose Rainault

Thirty years ago, Mose, a native of Canada who has been a resident of Taos County now for 36 years, made a piece of furniture at someone's request. He realized that furniture making was truly the creative and focused activity which could turn his life around. "Somebody left a little 10-inch table saw on the porch one day. I don't know who it was, and I started making crosses."

After this table saw was left on his porch, adding further buoyancy to his newfound direction, he moved to Sun-

shine Valley, then — as now — a rather remote area north of Questa, where he embraced a healthy lifestyle and opened the door to creating one-of-a-kind functional and beautifully crafted tables, shelves, bed frames, and trasteros (storage cabinets).

Rainault previously had a shop or two in Questa displaying his work. Now he only comes out of his home studio for the Questa Studio Tour every August. You are invited to call Mose, and he will bring photographs of his work and be glad to discuss your project with you. Contact him at (575) 224-4326 or [jerryrainault1@gmail.com](mailto:jerryrainault1@gmail.com). His web page can be found on [NorthernNewMexicoArtists.com](http://NorthernNewMexicoArtists.com).

## JR (Malaquias) says: "Gracias. Gracias. Gracias."



In this month of Thanksgiving,  
(and all the other months, too)  
we thank you for  
being our customer.



575-586-0561 • 2460 State Road 522, Questa NM

## Book Signing and Reading Saturday, December 3rd 2pm



### Grandmother Winter, A Solstice Story

Questa Public Library, 6 1/2 Municipal Park Rd.

[www.garlickretablos.com](http://www.garlickretablos.com)

# Taos EV Expo Showcases Renewable Energy

By DYLAN R.N. CRABB

Renewable Taos' fifth Electric Vehicle Expo, held Saturday, Sept. 24, at the Taos Public Library showcased a variety of electric vehicles from its proud members, including Ford, Chevrolet, Kia, Hyundai, Volkswagen, and Tesla. PPC Solar also had an info booth at the expo for homeowners looking into solar energy.

"The single most important thing an individual can do to reduce their carbon footprint is convert to a non-petroleum car," said Christy Pritchert, an organizer of the event. Anyone who owns an electric vehicle is invited to present it at this expo (upon registering with Renewable Taos in advance). Renewable Taos markets the expo to their 500-plus members.

One electric vehicle enthusiast, Carl Nichols, is restoring and converting an old Volkswagen beetle to an electric engine. When asked how difficult it is to convert older cars like his Bug to renewable energy, he replied that, "people have been doing Bugs since the '70s so they're probably one of the first and one of the simplest ones to convert, especially if you use a kit."

"Do you think anyone can learn how to convert their car?" we asked. "If you're a DIY, handyman kind of person, sure," replied Nichols. "There's training people can get all over the country now."

Pretty much any car can be converted into an electric engine, Nichols noted. "People have been building hot rods forever, now we've discovered electric motors, so we're getting electric hot rods."

Later in the expo, presentations were given in the Taos Library conference

room. Presenters included Carl Nichols on the emerging hobby of electric vehicle engines, Sean Black from Lucky Corridor LLC on large-scale energy projects in New Mexico, and Delilah Garcia from New Mexico's North Central Regional Transit District (NCRTD) on the Blue Bus' Electric Bus Project.

Lucky Corridor LLC, a subsidiary of Ameren Transmission Co. (which is a part of Ameren Corp.), is in the process of expanding electricity transmission lines across eastern New Mexico via two projects: the Vista Trail Project (65 miles) and the Mora Project (114 miles). These projects are expected to provide New Mexico with 1,700 megawatts of transmission capacity.

Lucky Corridor is currently surveying 65 miles between Taos County and Colfax County for potential routes for their new transmission line in their Vista Trail Project, more specifically between Taos and Springer. Meanwhile, the Mora Project is split into two parts: 66 miles for Mora-Arriba which includes a 115kv transmission line and 48 miles for Don Carlo-Mora which includes a 345kv transmission line. Start dates for construction on the Vista Trail Project have not been set. Start dates for construction on the Mora Project have been set in 2023.

New Mexico's NCRTD through \$9 million in federal funding is purchasing six new electric buses, three for Taos and three for Española, from a company called Proterra.

The Rebuilding American Infrastructure with Sustainability and Equity (RAISE) program from the United



Photo by Dylan R.N. Crabb

Dan and Christy Pritchert, organizers of the Taos EV Expo.



Photo by Dylan R.N. Crabb

Carl Nichols and the Volkswagen Beetle he is restoring with an electric engine.

States Department of Transportation has provided more than \$2.2 billion dollars to communities across the country with the goal of modernizing roads, bridges, ports, and transit systems. The RAISE program is the result of President Joe Biden's Bipartisan Infrastructure Law

signed into law last year.

NCRTD is currently testing its new 40-foot buses that utilize a 738kw battery. NCRTD is also looking into constructing a new 12,000 square-foot operations facility on 6 acres of land in Taos on Salazar Road.



## You Can't Take it with You

When actor Kirk Douglas passed away at age 103 [in 2020], he left more than a legacy of incredible films behind him. He also donated his entire fortune to charity.

The son of Jewish Russian immigrants, Douglas rose from being a ragman's son to a silver screen superstar

during Hollywood's golden age.

His acting career spanned 60 years and over 90 movies, including Spartacus, 20,000 Leagues Under the Sea, The Bad and the Beautiful, and The Vikings.

But the three-time Oscar Nominee and Hollywood Walk-of-Famer also made a name for himself as a philanthropist and humanitarian. Douglas and his wife Anne founded the Douglas Foundation to help the poor, with a focus on education, health, and opportunities for disadvantaged children.

The actor became a Goodwill Ambassador for the U.S. State Department in 1963 and received the 'Presidential Medal of Freedom' for his efforts in 1981. Later, he won the Jefferson Award for public service and the French Le-

gion of Honor.

Of his father, his also famous son, Michael, stated, "He leaves a legacy in film that will endure for generations to come, and a history as a renowned philanthropist who worked to aid the public and bring peace to the planet."

The Douglas Foundation will distribute \$50 million of the actor's fortune to help those in need. Recipients include his alma mater, St. Lawrence University, to fund the Kirk Douglas Scholarship for underprivileged students.

Contributions will also go to Culver City's Kirk Douglas Theatre, the Children's Hospital of Los Angeles and Westwood's Sinai Temple, which houses the Kirk and Anne Douglas Childhood Center.

Kirk Douglas lived a full and prosperous life and has set a beautiful example of how, since you can't take it with you, you leave a more powerful legacy when you leave it to those who need it most.

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# Drought-resistant Seedlings on Wildfire-scarred Land



Photo by Collin Haffey/TNC

Seedlings ready for planting. Dr. Owen Burney at the NMSU John T. Harrington Forestry Research Center has played a huge role in reforesting our fire-ravaged state.



Photo by Collin Haffey/TNC

A volunteer taking seedlings to the planting site. Picture from 2021

By THE NATURE CONSERVANCY

On October 11, the Santa Clara Pueblo forestry department led a crew that planted over 33,000 seedlings near the Puye Cliff Dwellings west of Española to help restore the forest that was lost earlier this year to the Las Conchas Fire. The fire left almost no trees in the area and, without intervention, the land is unlikely to be-

come the ponderosa pine and Douglas fir forest it had been.

Reforestation is one of the best tools in fighting Global Warming, so the seedlings were planted using advance climate models to help counteract its effects. The areas replanted are culturally important to the Santa Clara people (a Tewa group) and other Pueblo people and provide critical

habitat for wildlife, included valued game animals like elk and turkey.

The seedlings were prepared by New Mexico State University John T. Harrington Forestry Research Center under the direction of Dr. Owen Burney. They were “drought hardened” by giving them as little water as possible during their early development. The Rio Grande Water Fund

– led by The Nature Conservancy in New Mexico – supported the effort with a Climate Smart Adaptation Fund grant from the Wildlife Conservation Society. The Rio Grande Water Fund is a collaborative effort to thin 600,000 acres of forest at risk of fire over the next 20 years, now averaging 30,000 acres thinned annually. Restoration is a new part of their mission.

## KCEC Awarded \$800K for EV Charging Stations

CONTRIBUTING WRITER

The New Mexico Department of Transportation (NMDOT) has selected Kit Carson Electric Cooperative's proposed EV (electric vehicle) projects to receive \$800,000 in grant funds appropriated by the American Rescue Plan Act of 2021, Section 9901 State and Local Fiscal Recovery Funds.

The NMDOT award will provide funding for engineering services, design, and installation of EV DC fast charging stations across seven New Mexico locations under the NMDOT Level 3 Direct Current Electric Vehicle Charging Station Grant Program. The charging station host entity and their respective

locations are:

- Angel Fire Resort, Angel Fire
- Red River Convention Center, Red River
- El Rito Northern New Mexico College, El Rito
- Picuris Administration Building, Peñasco
- Questa Village Hall, Questa
- Ojo Caliente Mineral Springs Resort & Spa, Ojo Caliente
- Taos Plaza, Taos (2)

As part of its plan to be among the cleanest, most cost-effective electric cooperatives in America, KCEC began establishing EV charging stations throughout its service area in 2019. With

the new charging sites, KCEC will have 50 total EV charging stations and expand its contribution toward New Mexico's statewide objective to reduce greenhouse gas emissions by 45% by the year 2030. The EV grant award is the latest in a string of 2022 milestones KCEC is meeting in partnership with its wholesale power provider, Guzman Energy, including having lower retail electricity rates than any Tri-State member cooperative, and achieving 100% daytime solar powered this year.

“With these new charging stations, we are providing our members with expanded clean energy economy services that improve quality of life and economic opportunity in our region,” said Luis

A. Reyes, Jr., CEO of KCEC. “We are thrilled that the NMDOT shares our vision to ensure EV services are available to our community as well as to our valued New Mexico tourism visitors.”

The new charging stations are targeted to be operational around 2023.

Formed in 1944, Kit Carson is a member owned electric distribution cooperative in northern New Mexico and is the second largest cooperative in the state. Kit Carson is one of 16 electric cooperatives that serve rural New Mexico communities, serving nearly 30,000 members in Taos, Colfax and Rio Arriba counties. To learn more about Kit Carson, visit [www.kitcarson.com](http://www.kitcarson.com).



## BIRD IS THE WORD

By BRYCE FLANAGAN

### Be on the Lookout for Bird Flu

A new outbreak of avian flu was first reported in the U.S. in January 2022. By October close to 50-million birds have been affected by the virus, including aquatic birds, commercial poultry and backyard and hobbyist flocks, accord-

ing to the Center for Disease Control (CDC). As of this writing, one case was reported in New Mexico by a backyard poultry enthusiast in Bernalillo County.

Fall migration complicates containment of the virus, as wild birds spread the disease quickly. By the time sick birds are noticed, many have already flown on to their next destination. This strain of the virus, H5N1, is especially contagious and has caused 3,000 outbreaks across dozens of countries within the last year. Though human infection is extremely rare (two cases globally have been reported, one in the United Kingdom and one in the United States), the World Health Organization describes avian influenza as a “ticking time bomb” as it could potentially mutate into a virus capable of infecting humans and other animals on the scale it already does with

birds. The 1918 Spanish flu that killed 675,000 people in the United States was caused by a H1N1 virus spread by birds.

Waterfowl are particularly susceptible to the virus and act as vectors when they fly over domestic or commercial flocks and come into contact with or leave droppings in a shared water supply. The New Mexico Department of Agriculture recommends commercial farmers secure their coops to ensure wild birds and rodents can't access their flock. Feed and water should be kept in an area where aerial droppings from wild birds won't land in it. If you've been in contact with areas frequented by waterfowl, for example wetlands and marshes, change your clothes and shoes before coming into contact with your flock.

Backyard birders can do their part by cleaning out bird feeders with a di-

luted bleach solution (nine parts water to one part bleach) on a regular basis and monitoring their backyard visitors for signs of the flu: lethargy, discharge from the eyes and nose, sneezing, diarrhea, and swelling around the eyes, neck, and head. Backyard feeders should be immediately removed if an infected wild bird is spotted.

Successful Farming reports that 47 million domestic birds have died from this flu since February, contributing to higher prices for eggs, chicken, and turkey meat. This virus can upend smaller family operations and send ripples through the entire supply chain. If you notice sick birds in your domestic flock or wild birds exhibiting symptoms, contact New Mexico's State Veterinarian at (505) 841-6161.



By TONER MITCHELL

### Acequias and Cattle

In New Mexico, it's practically illegal to dislike acequias. They take us back to a time when things weren't so complicated, when you knew your neighbors by name and even took care of their kids from time to time. A more accurate way of looking at it is how – as simple yet elegant systems of distributing bounty and privation – acequias reflect a time when surviving our arid landscape was immensely MORE complicated than it is today.

The blessing of acequias is how they have enabled New Mexicans to make more out of less - less arable land, less time and labor and, of course, less water. Acequias have always reinforced sharing as a community ethic, by teaching parciales how to rely on each other, by punishing selfishness and rewarding generosity.

Everything a northern New Mexican community does is an extension of the acequia. Like ranching, it helps sustain the community through the same spirit of sharing. In these times when so many young people are leaving villages to chase educations and fortunes elsewhere, aging ranchers help each other brand



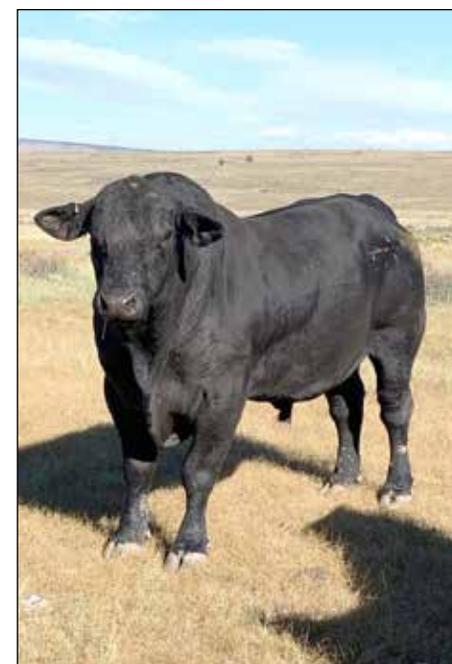
Manuel and Libby Lucero gathering cattle near San Antonio Mountain.

and vaccinate, put each other's animals out in spring and gather them in the fall. On two Forest Service allotments I'm familiar with, 14 families from Cuba and Cañon pitched in to buy a portable corral to make autumn gathering more efficient, saving themselves time and money and wear and tear on the range.

Contrary to acequias, however, it seems illegal to appreciate how ranching supports communities (for more information, read “Acequias of the Southwestern United States: Elements of Resilience in a Coupled Natural and Human System; NM State College of Agricultural, Consumer, and Environmental Sciences). True, overgrazing of public lands by not only livestock, but elk, feral horses and hogs, and even prairie dogs, is real. Particularly in our

drought-stricken landscapes, overgrazing harms ecosystems and ranchers' bottom lines.

It's easy to see only the bad stuff, to curse the cow-pies even as we chew on hamburgers around the campfire. What many fail to see is how ranching can be good for the land if practiced with an eye towards conservation. Well-planned pasture rotation can result in explosive grass production benefitting wildlife. And believe it or not, how gently ranchers treat their animals can have positive effects on land health as well. Strategic fencing can improve how streams replenish groundwater tables, and since ranchers are closely linked to downstream acequias, most of them are almost genetically aware that well-functioning streams lead to well-functioning acequias.



Bull named Shaquille O'Neal.

As a fisherman, I've learned the hard way that not all anglers treat the resource with the same level of respect. Too many of us leave litter on the streambank and take more fish than we're allowed. Similarly, there are ranchers who cut fences and damage the range as though it's not their problem. Even parciales do things that make life tough for others who go through pains making sure that precious water serves everyone.

The fact that acequia communities are still very much alive suggests that bad apples are the exceptions and not the rule. We should always remember this. Acequia farming and ranching have endured through time by bringing people together instead of pulling them apart, and by appealing to our better instincts to strengthen, support, and share.

# Volunteers Recognized for Clearing of Trees in Red River



Courtesy Photo

Red River Off-Road Coalition members clear the road to Greenie Peak.



Courtesy Photo

Questa District Ranger Adam LaDell presents an award to Justin Brandenburg.



Courtesy Photo

Largely on his own, Justin Brandenburg cleared the trails to Middlefork Lake and Lost Lake.



Courtesy Photo

Red River Off-Road Coalition members work to clear a road.

USDA FOREST SERVICE  
Monday, Oct. 17, at Red River Ski Area, Questa District Ranger Adam LaDell honored an individual and a group for volunteering to clear thousands of fallen trees from trails and roads around Red River, according to a post on the U.S. Forest Service – Carson

National Forest Facebook page. The trees fell during a Dec. 15, 2021, snow squall. All told, an estimated 11,000 trees have so far been cleared.  
Justin Brandenburg individually cleared an estimated 950 trees in the Lost Lake area, including from the trails to Middle Fork Lake and Lost Lake. A group of about 35 individuals from the

Red River Off-Road Coalition cleared an estimated 10,000 trees from various Forest roads around Red River, including Midnight Meadows, Greenie Peak, and Goose Lake.  
“These areas would have not been open to the public this past summer if it were not for the amazing efforts of these local volunteers,” said LaDell. “This is

a great example of shared stewardship between the National Forest and the public, and I welcome more groups to engage with us to get work done on the ground.”  
Efforts will continue into next year to clear trees, including from the East Fork Trail and spur roads on Greenie Peak.

## Red River First Responders Celebrated

By ELLEN MILLER-GOINS  
Volunteers and pros pose at the Red River Community House during the first-ever Red River First Responder Appreciation Gathering hosted by the Red River Business Alliance on Sunday, Oct. 16. “Thank you to all of our First Responders, including those who are working and couldn’t attend today’s appreciation event!” event co-organizer Matt Dietz posted on Facebook. “You’re the real MVPs.”  
Here is the complete list of Red River Fire First Responders. If you see any of these folks out and about, be sure to say “thanks.” Red River Fire and EMS:

Deke Willis, Fire Chief; Ed Saint, EMS Director; Joshua Beard, Dina Burnham, Ron Burnham, Melinda Collins, Clayton Coss, Madison Coss, Brice Dancer, Chris Green, Elisabeth Hampton, James Hampton, Lanie Hampton, Stephen Hoxie, Devin Hurst, Chase Ingram, Tina Macias, Jonathan McCollum, James Nail, Bobbi Nelson, Jesse Olguin, Ronnie Pockrandt, Randy Richards, Melinda Slater, Joe Vasquez, Collin Whitlock, Justin Whitlock, Kristine Willis, George Woerndle; Police: Marshal James Johnson, Steve Dreyer, Steve Williams, Annette Williams; Dispatch: Chris Hillsgrove, Gilbert Romero, Daniel Segura, Naomi Vialpando, Elyse Yarbrough.



Courtesy Photo

Front row, left to right: Elyse Yarbrough, Jon McCollum, Devin Hart, Ronnie Pockrandt, Joey Vasquez. Middle row: James Johnson, Madison Coss, Deke Willis, Lanie Hampton, Dina Burnham, Ron Burnham. Back row: Steve Dreyer, Justin Whitlock, Colton Whitlock, Randy Richard.

# Meeting of District 5 Veterans of Foreign Wars

By MATTHEW WOHLBERG  
SFC US ARMY RET.: RECRUITER,  
NEW MEXICO VETERANS  
UPWARD BOUND

Saturday, Oct. 15, Post 9516 of the Veterans of Foreign Wars in Cerro hosted a District Five meeting of that venerable organization. The meeting began with a grateful prayer for the meal about to be served and partaking of a beautifully prepared luncheon. It was followed in absolute order by the opening ceremony with the presentation of the colors, the Pledge of Allegiance and prayers as led by the District Five Chaplain.

In attendance were the State Commander for the VFW and members from all Posts of District Five including those in Cerro, Mora, Las Vegas, Clayton and Raton. As is required, there is an "Order of Business" protocol, which is strictly followed. Absolute adherence to an order of business is a military tradition and gives all who have served a sense that the dedicated mission of the VFW as an organization will be met just as missions were ordered and carried out while in service to the United States — no matter what the obstacles.

Per adherence to the Order of Business, items 10 and 11 speak to unfinished business and new business. I wish you to know, faithful readers, that the "business" and, therefore, the mission of the VFW is ongoing and will never be completed. We serve our members in good times and in times of distress, the families of our membership during times of joy and sadness, and ultimately give of ourselves to the community of mankind. Thus, we say and know that issues needing attention and people needing our help will always be there. The order of business goes forth into infinity.

Particular attention at this special District meeting focused on the hardships and tragedies arising from the fires here in northern New Mexico. As always, the citizens of this area are strong and will persevere. We will get through this natural disaster and move on to the next event requiring our prompt and dedicated attention. Just prior to the closing of the meeting we pay attention to the "Good of the Order" which has to do with what our membership can do right now to assist in the resolution of an ongoing hardship and even involves the collection of some donations for future



Photo by Lita Mead

District 5 VFW members from Cerro, Mora, Las Vegas, Clayton and Raton attended their district meeting at Post 9516 of the Veterans of Foreign Wars in Cerro on October 15.

needs. We donate with heartfelt pride in the sure knowledge that all donations and our undying efforts will go for worthy causes.

And last, the time came to close the meeting with a prayer and words of encouragement from the Commander in attendance. Upon the formal closing of the meeting, there is a time to speak casually with fellow veterans of good times and bad and those precious

memories engendered by our time in the military service of the United States of America. We speak at ease and with gratitude to those who chose us to serve and recommit ourselves to our eternal duties to service.

It was a beautiful day and an honor for members of Post 9516 to host this meeting of District Five of the Veterans of Foreign Wars of the United States.

## Let NM Veterans Upward Bound Serve You!

By KELLY FITZPATRICK,  
NEW MEXICO VETERANS  
UPWARD BOUND

New Mexico Veterans Upward Bound recently received their Grant Award Notification from the Department of Education. They will continue to provide Northern New Mexico veterans with valuable services and resources for the next five years! We are excited, not just to continue our work that we began in 2012, but we will now expand our service area to eight Northern New Mexico counties, including McKinley, Sandoval, and San Juan counties.

We are also hiring a new Education

Site Coordinator for the Albuquerque area. They will be working with veterans throughout Sandoval and Bernalillo counties and maintain a presence at UNM Main campus, New Mexico Highlands University, and Central New Mexico Community College (CNM).

This is an incredible opportunity to support our fellow veterans at San Juan College in Farmington, UNM Gallup, as well as all eligible veterans in McKinley, San Juan, and Sandoval counties.

Why do we do what we do? Our NMVUB Team is comprised of military service veterans who've been exactly where you are. We made a choice to improve our

situations and did what was required to complete a college degree or certification; now we want to give back! We've been there, done that, and we want other veterans to benefit from our experience.

Are you ready for a career change, considering enrolling in college, university, or a technical or vocational certification program? We are here to support you by preparing you for taking that leap. Our program offers academic refresher courses in Math, Reading and Writing Skills, Basic Computer Skills, Financial Planning, Resume Writing, and so much more! All NMVUB services are free to our program participants and do not affect

VA or NM State Educational benefits. We offer support in completing VA benefit forms, exploring educational funding, offer bridge scholarships, preparation for interviews, and provide free Math tutoring services. We also cultivate and maintain relationships with our partner schools and other statewide veteran service agencies and organizations. If we don't have the answer, we know who to ask to get the answers for you. You've given so much of yourselves to protect the safety and freedom of your fellow U.S. citizens. Allow us to give something back. unmvub@unm.edu or (855) 357-3725. We hope to hear from you soon.

**Military service veterans are a special breed of people given to service. This was found online and the author is unknown. This may be eye-opening for some and familiar to those of us who served this country. For ALL my non-military FRIENDS out there, this may or may not help you understand those of us that served in the Military.**

We Are Veterans.  
We left home as teenagers for an unknown adventure.  
We loved our country enough to defend it and protect it with our own lives.  
We said goodbye to friends and family and everything we knew.  
We learned the basics and then we scattered in the wind to the far

corners of the Earth.  
We found new friends and new family.  
We became brothers and sisters regardless of color, race, or creed.  
We had plenty of good times, and plenty of bad times.  
We didn't get enough sleep.  
We smoked and drank too much.  
We picked up both good and bad habits.  
We worked hard and played harder.  
We didn't earn a great wage.  
We experienced the happiness of mail call and the sadness of missing important events.  
We didn't know when, or even if, we were ever going to see home again.

We grew up fast, and yet somehow, we never grew up at all.  
We fought for our freedom, as well as the freedom of others.  
Some of us saw actual combat, and some of us did not.  
Some of us saw the world, and some of us did not.  
Some of us dealt with physical warfare, most of us dealt with psychological warfare.  
We have seen and experienced and dealt with things that we can't fully describe or explain, as not all of our sacrifices were physical.  
We participated in time-honored ceremonies and rituals with each other, strengthening our bonds and camaraderie.  
We counted on each other to get our job done, and sometimes to survive it at all.

We have dealt with victory and tragedy.  
We have celebrated and mourned.  
We lost a few along the way.  
When our adventure was over, some of us went back home, some of us started somewhere new and some of us never came home at all.  
We have told amazing and hilarious stories of our exploits and adventures.  
We share an unspoken bond with each other that most people don't experience, and few will understand.  
We speak highly of our own branch of service, and poke fun at the other branches.  
We know however, that, if needed, we will be there for our brothers

and sisters and stand together as one, in a heartbeat.  
Being a veteran is something that had to be earned, and it can never be taken away.  
It has no monetary value, but at the same time it is a priceless gift. People see a veteran and they thank them for their service.  
When we see each other, we give that little upwards head nod, or a slight smile, knowing that we have shared and experienced things that most people have not.  
So, from myself to the rest of the veterans out there, I commend and thank you for all that you have done and sacrificed for your country.  
Try to remember the good times and forget the bad times.  
—Anonymous

# The Soldier

By MATTHEW WOHLBERG  
SFC US ARMY RET.: RECRUITER,  
NEW MEXICO VETERANS  
UPWARD BOUND

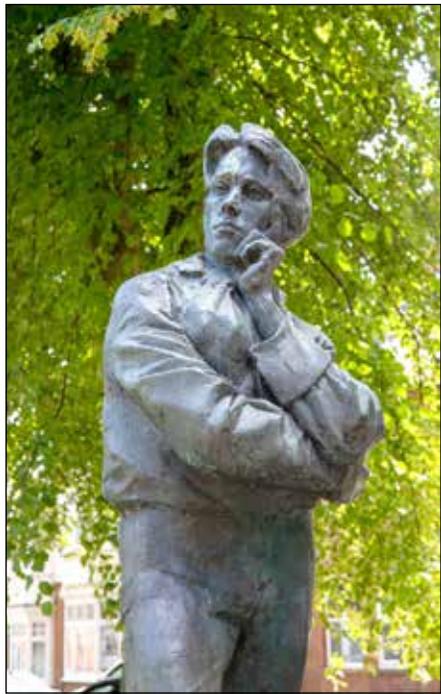
One often reads a poem or other writing without knowing about the writer. But it is the life, and tragically the death, of the author that is as or more important than his or her work(s). Such is the case of Rupert Brooke, a poet of historical note who died in the service of his country during World War I.

Rupert came from a family of well-educated people, and his father was a teacher in his own right. Having been born in 1887 in Warwickshire, England, Rupert grew up in an era when education was just beginning to become a part of everyday life for the citizenry of England.

At the outbreak of WWI, Rupert immediately enlisted. He quickly captured the interest of the public when he published two poems, *The Dead*, and *The Soldier*. Such was his writing that he even gained the rapt attention of Sir Winston Churchill. Brooke's popularity brought him to a commission in the Royal Navy as a sub-lieutenant. Just after his 27th birthday, he took part in the Royal Navy's Antwerp expedition. Shortly thereafter he sailed once again with the British Mediterranean Force toward the projected and now memorialized landing at Gallipoli. But tragically he succumbed to a severe intestinal infection and was quickly buried en route on the Greek Island of Skyros in a barely marked grave. Thus, a young man of great literary promise died with his poetry to become a living testimony to his departed heart and soul. Such is the Poem entitled *The Soldier*.

## The Soldier

If I should die, think only this of me:  
That there's some corner of a  
foreign field  
That is forever England. There shall be  
In that rich earth a richer  
dust concealed;  
A dust whom England bore, shaped  
and made aware,  
Gave once, her flowers to love, her  
ways to roam,  
A body of England's breathing  
English air,  
Washed by the rivers, blest by  
suns of home.



© Wirestock | Dreamstime.com

A vertical shot of the statue of the famous WW1 poet Rupert Brooke in a park in Rugby, United Kingdom.

And think, this heart, all  
evil shed away,  
A pulse in the eternal mind, no less,  
Gives somewhere back the thoughts  
by England given:  
Her sights and sounds; dreams  
happy as her day;  
And laughter, learnt of friends;  
and gentleness,  
In hearts at peace under an  
English heaven.

As you read this Poem, remember that any country could be substituted for the name of England. And remember also that Rupert's brother likewise died in action during WWI.

Many people can recall only the first line of *The Soldier* from some fleeting moment in their educational background. But many a soldier, sailor, airman, Marine or Coastguardsman will have that thought as they go into combat for the first time, "If I should die, think only this of me."



# Thank You

## To Our Acequia Associations

*If water is our life force, then the acequias are our lifelines.*

Each local Acequia Association received an equal share of the proceeds from the ticket sales from the *Día de las Acequias Del Norte* benefit concert, held in Questa over Labor Day weekend.

- Acequia de Cerro de Guadalupe
- Acequia Madre de Rio Costilla
- Ballejos-Martinez Acequia
- Barela Ditch
- Cabresto Lake Irrigation Community Ditch
- Cerritos #2 Ditch Association
- JJ Santistevan Acequia
- Lama Ditch Association
- Llano Irrigation Community Ditch Association
- Questa Citizens Ditch Association
- Rio Costilla Association Ditch
- San Cristobal Ditch Association

*Thank you for your effective stewardship of our community's water resources and preserving our way of life.*

Chevron is proud to sponsor this ad in support of the *Questa Del Rio News*.

# QUESTA HOMECOMING FOOTBALL GAME 2022

## STAFF PHOTOS





**On Saturday October 1,**  
Homecoming festivities began with a 10 am parade through Questa on Highway 522.  
Questa High's football team faced off against Menaul High School.  
Juan Gonzales and Karina Rael were crowned Questa Wildcat's Homecoming King and Queen.



# NFL Flag Football: Big League Fun for Local Kids



By EDWARD H. CAMP

The NFL Flag Football Clinic Saturday, Oct. 15, in Questa was a resounding success. Ninety-five children from Questa and surrounding communities attended the morning clinic. Participants learned some of the basic skills of football, including running routes, evading opponents, and catching passes. Three of the mini-classes were taught by former NFL professionals Bobby Taylor, Demetric Evans and Mike Bobino. The pros also gave the eager youngsters a Q & A session on their careers and stressed the importance of scholarship and dedication.

Former Eagles and Seahawks cornerback Bobby Taylor, Co-Chair of the NFL Legends Youth Advisory Committee, said he was impressed with New Mexico for its beauty, and Questa for the turnout. He said “A part of our mission is to help grow youth and high school football. It’s an exciting game.” Commenting on the large number of girls in attendance, he added, “It’s definitely getting more young ladies involved.”

Demetric Evans, who played defensive end, noted, “[Questa is] a very feeling community, very supportive. I see a lot of the moms and dads out here this morning and that says a lot.” Evans, the father of 8- and 11-year-old boys, says he joined the NFL Flag Football program to help kids get and stay healthy and to give them a “safe introduction to the game of football.”

The event was hosted by Smart Sports, a new Maryland-based non-profit headed by former-college athlete Kelly Mehrtens. She explained why she was eager to work in Questa: “I came from a small community, Panama City, Florida... we just didn’t have a lot of things. We weren’t a big city, so I understand that vibe... it’s an opportunity to bring something to this community where the kids get a chance to think about ‘what else?’ We as adults have to help kids dream.”

Kit Carson Electric Coop was the Regional Sponsor for the event. Taos



Photo by Patti Sunday

**On Saturday, Oct. 15 95 young athletes came to Questa for the NFL Flag Football Clinic, taught by retired NFL Pros.**

Bakes provided snacks for all kids and parents. Local leaders — Kit Carson Board President Bobby Ortega, Red River Mayor Linda Calhoun and Questa Economic Development Fund board president Malaquis Rael — also stopped in to personally welcome the players.

The children were the focus of the day and parents were happy to see it. Tiffany Segura, whose 8-year-old son attended, said, “I think it’s awesome they were able to bring something like this, especially to such a small town.”

Alicia Martinez said “I think it’s a good idea. These kids need something to do. It teaches them how to work together and be a team,” sentiments echoed by Taos County Manager Brent Jaramillo. “It’s great to teach kids the fundamentals of football, the fundamentals of working as a team. Flag football is a great way to model [positive] behavior.”

Kids came from all over, including Colorado. Economic Development Consultant Patti Sunday, who played a large part in bringing the event to town, says that was the intention. “We marketed up there a little bit... We consider the rural region of Northern New Mexico to be very similar to the rural region of Southern Colorado. We aspire for this league to go from the Town of Taos to Alamosa. I actually played flag football myself in my UF collegiate sorority league. It was very affirming as a female to have a connection to a larger sport.”

Mayor John Ortega, who played youth and high school football himself, explained why casting a wide net is so important. “These kids [in Questa and the area] for their football leagues, their



Photo by Patti Sunday

**Questa Mayor and Broncos fan John Ortega in front, with NFL Pros from left, Demetric Evans, Mike Bobino and Bobby Taylor. Mayor Ortega was instrumental in bringing NFL Flag Football to Questa.**



Photo by Patti Sunday

**Red River Mayor Linda Calhoun, center, with some of the young ladies who participated.**

soccer leagues, they have to travel all the way to Santa Fe.”

The plan is to get more youth involved in the region, with a league forming in the spring.

Taos County Sheriff’s Department Sgt. Jason Rael, who is president of the Questa School Board, said that communities as far away as Chama have expressed interest in participating if Questa takes the initiative. “Our Superintendent John Maldonado worked directly with Kelly to coordinate the event.

We were so pleased as these professional NFL players commented on the quality of our turf field, setting and facilities.”

Patti Sunday explained no date has been set, but with the turnout for this first event, the proposed league is definite. Play will begin “after the snow melts” in late-April to early-May, and will run for six weeks. Each Smart Sports student will receive an official NFL Football jersey to keep and wear while playing in the league. Check this paper for further announcements.

# A Hiking We Will Go!

From ROOTS & WINGS COMMUNITY SCHOOL

## 6th – 8th Grade Trip

**Amelia Eshleman, Teacher**

August 23-27 Roots and Wings Middle School students ventured into the Latir Wilderness for our fall backpacking excursion. We endured five days of hail, rain, and unseasonably cold temperatures with smiles on their faces! We began and ended at Cabresto Lake and hiked up to Heart Lake. The weather foiled our plans for a longer hike but it was a beautiful trip, regardless. While on the trip, we played games, sang songs, and kept spirits high with general frivolity. We also learned about the principles of Leave No Trace, navigation with topographic maps, cooking on backcountry stoves, and pooping in the

woods. Despite the damp wood, on our final day, we were able to start a campfire and enjoy some well-deserved breakfast s'mores! Most kids were excited to go home but a few wished they could stay in the woods even longer!

## 3rd – 5th Grade Trip

**Rose Drago, Teacher**

At the end of August, the Roots & Wings Community School 3-5 Cohort embarked on a four-day, three-night adventure into the Rio Grande gorge. Hefting backpacks containing everything they would need for the next four days — including clothes, tents, food, and cooking gear — the intrepid students hiked their way down switchbacks leading to the riverside camping area at Big Arsenic Springs. Over the course of the week, students ventured out on day

trips, respectfully investigated ancient petroglyphs, splashed around in springs and eddies along the banks of the Rio Grande, laughed and sang around a campfire, and were lulled to sleep at night by the sound of the rushing river below.

Through activities such as strenuous hikes, cooperative meal-times, and — for many — experiencing first-ever overnights away from their families, students were able to foster a sense of community and build confidence in their abilities, both as individuals and as a collective. This opportunity to overcome challenges outside a classroom setting transfers to students' in-class time, as well. When presented with the evidence that they were able to persevere through the hike they thought would never end, or the

night when they missed their family terribly, tackling that challenging math problem or essay question doesn't seem quite so impossible!

## K-2nd Grade Trip

**Jaclyn Tregle, Teacher**

**Valerie Balog, Educational Assistant**

The K-2 class at Roots & Wings Community School ventured on their overnight camping trip Sept. 14-16. They hiked almost a mile up the road to the Sangre de Cristo Youth Ranch with their backpacks filled with their clothes and necessities. The students helped in setting up their tents and went on a hike. The group also did some crafting and mindfulness activities. S'mores were made and songs were sung around the campfire. They are looking forward to their next trip in the Spring!



Photo Courtesy of RWCS

At the end of August, the Roots & Wings Community School 3-5 Cohort embarked on a four-day, three-night adventure into the Rio Grande gorge.



Photo Courtesy of RWCS

Roots and Wings Middle School students, grades 6-8, ventured into the Latir Wilderness for their fall backpacking excursion.



Photo Courtesy of RWCS

The K-2 class at Roots & Wings Community School ventured on their overnight camping trip Sept. 14-16.

## QUESTA WILDCAT'S NOVEMBER SPORTS SCHEDULE

Volleyball: High/Middle School							
	7th Grade	8th Grade	Junior V	Varsity			
Nov-3		3:00 PM	4:00 PM	5:00 PM	HOME	QUESTA HIGH	McCurdy Charter
Nov-5			5:00 PM	6:00 PM	AWAY	Peñasco High	QUESTA HIGH

Basketball: High/Middle School							
	Junior V Girls	Junior V Boys	Varsity Girls	Varsity Boys			
Nov-22	3:30 PM	5:00 PM	6:30 PM	7:30 PM	AWAY	Academy for Tech & Class	QUESTA HIGH
Nov-29			5:00 PM	6:30 PM	HOME	QUESTA HIGH	Coronado High
	8th Grade Girls	8th Grade Boys					
Nov-30	4:00 PM	5:00 PM			AWAY	Escalante Middle/High School	QUESTA HIGH

## POEM OF THE MONTH

**Taos**  
For Pam

The dazzle of golden  
Leaves flying in the light  
Of the ripe time  
Through the violet air  
Of towering mountains  
Gathering wayfarers  
What are they wishing for?  
What was? What lies before?  
Later and later, it grows  
Hurry, hurry on...

—Elizabeth Brunazzi

Sustain your Community by ADVERTISING HERE! CALL OR E-MAIL US FOR RATES! (575) 586-2258 or [Sales@QuestaNews.com](mailto:Sales@QuestaNews.com)



**QUESTA  
PUBLIC LIBRARY**

## QPL to Host Senior Technology Classes

The Questa Library has added a new volunteer who will be teaching an exciting and frequently requested program in November. Welcome, Monica McClelland! In her own words:

*Hi, I am Monica McClelland, a delighted new resident of Questa. I will be teaching Senior Technology classes at the Questa Library Wednesdays in November (2022). I have an online business as a Functional Gut Health Coach, helping people overcome digestive problems and*

*anxiety. I've built my online business entirely on my own, becoming proficient in website building, email communication, digital marketing, social media, and more. I noticed a need for assisting seniors with technology while helping family members and neighbors learn basic cell phone and laptop skills. I realize how frustrating it can be for people who are not familiar with technology and feel I could be the right person to help. I will be teaching an iPhone class to start, but we are open to hearing suggestions about community needs for future classes. I will be offering private technology tutoring if needed. I look forward to serving my community and hope to create a friendly, stress-free learning environment!*

Please see the library's ad in this issue of the Questa Del Rio News and call the library at (575) 586-2023 to sign up for Senior Technology.



**AUTUMN**  
BY GRACIE M.,  
ALTA VISTA 5TH GRADER

Autumn is a season that is close to winter. Autumn is a great time to bring out jackets, coats, boots, scarves, and

hats in preparation for the change in season. It's also the perfect time to start making hot cocoa and lighting a fire in the fireplace. This season creates the perfect setting for a sense of comfort.

**THANKSGIVING**  
BY GRACIE M.

Thanksgiving is a holiday in the fall. Thanksgiving is when we give thanks, and friends and family gather for Thanksgiving. Thanksgiving is on November 24. On Thanksgiving we eat roast turkey, perfect mashed potatoes, green bean casserole, and pumpkin pie.

### NOVEMBER 6

Daylight Saving Time  
Once a year and back again  
Adjusting the clock

-Haiku by Lou McCall



## Are You Aware? One pill can kill!

BY MARIA GONZALEZ

Did you know that ONE PILL CAN KILL? Yes, and it is the deadliest of its kind. Fentanyl is now being reported as the number one drug being used in our community and that it is easier and cheaper to get. It is easier to find fentanyl than heroin these days. Why should we be concerned? Because this is the pandemic no one talks about. According to the Center for Disease Control, 107,375 people in the United States died of drug overdoses and drug poisonings in the 12-month period ending in January 2022. A staggering 67 percent of those deaths involved synthetic opioids like fentanyl. The problem with fentanyl is that people are unaware of the dosage they are receiving in one pill because illegal manufacturers cut the substance several times, and they are not accurate. This is the reason why one pill can kill.

Fentanyl is more addictive than heroin and has been found to be laced with cocaine, cannabis, and e-cig juice. This spring there were two teens in the

Pueblo, Colorado, area that overdosed because they bought street e-juice laced with fentanyl. Drug traffickers are driving addiction and increasing their profits by mixing fentanyl with other illicit drugs.

"Tragically, many overdose victims have no idea they are ingesting deadly fentanyl until it's too late," said DEA Administrator Anne Milgram.

There are rainbow Fentanyl pills being sold and distributed, a marketing technique often used to entice children, such techniques have been employed for decades with a number of substances.

Where does it come from?

According to a Drug Enforcement Agency (DEA) intelligence report, China currently leads as the primary source of fentanyl and fentanyl related substances trafficked through international mail and express consignment operations coming into the US. The ingredients to make the product are being sent from China to Mexico. Mexican transnational criminal operations (TCO's) are producing increased quantities of fentanyl and illicit fentanyl-containing tablets, with some TCO's using increasingly sophisticated clandestine laboratories and processing methods (i.e., laboratory grade glassware, unregulated chemicals, and industrial size tablet presses).

### What can you do?

We talk a lot about the effect peer pressure has on teens. We can be good mentors for young people, and not just teens, but young adults as well. Many who are struggling with addiction need

support not just from family and therapists, but the community, too. We need to start facing this problem with the perspective of "it takes a village." Older family members, teachers, community leaders, and coaches — all mentors — can influence teens and young adults. Peer-to-peer mentoring has also been an effective tool. We are losing our young people at a higher rate than we should, due to this pandemic.

Stay engaged with community resources such as the Vida Del Norte Coalition, which will be providing different workshops throughout the year, to educate and combat this opioid pandemic. Vida will be hosting a free community Narcan training and workshop on Monday, Nov. 14 at 6 pm, held at the Vida Del Norte building, 62 State Rd. 38, in Questa. Narcan is a specific medication designed to reverse the effects of an opioid overdose administered as a spray through the nose (see Quick Facts below for more information on Narcan). Come and get trained on how and when to administer Narcan as well as discuss adverse effects of and what leads to addiction. We are taking an approach to teach about harm reduction and ways we can support our family, friends and community members. For more information contact Maria Gonzalez at (575)779-2260 or maria.gonzalez@vidadelnorte.com.

**Be on the lookout, fake pills are everywhere:**

### Quick Facts:

- According to DEA lab testing: 4 out

of every 10 pills with fentanyl contain a potentially lethal dose (U.S. Justice Dept., One Pill Can Kill: Counterfeit Pills Factsheet, [https://www.dea.gov/sites/default/files/2021-12/DEA-OP-CK\\_FactSheet\\_December%2021.pdf](https://www.dea.gov/sites/default/files/2021-12/DEA-OP-CK_FactSheet_December%202021.pdf))

- DEA seized more than 20.4 million fake pills in 2021 and 15,000 pounds of fentanyl (U.S. Dept. of Justice, DEA Reveals Criminal Drug Networks Are Flooding the U.S. with Deadly Fentanyl, <https://www.dea.gov/press-releases/2021/12/16/dea-reveals-criminal-drug-networks-are-flooding-us-deadly-fentanyl>)
- Fake prescription pills are easily accessible and often sold on social media and e-commerce platforms (U.S. Dept. of Justice, One Pill Can Kill, <https://www.dea.gov/onepill>)
- NARCAN, (<https://www.narcan.com/#what-is-narcan>)

### FREE Narcan Training and Workshop

Mon, Nov 14 at 6pm  
Vida Del Norte Building

62 State Road 38, Questa  
Learn how to administer Narcan nose spray, a specific medication that reverses the effects of an opioid overdose  
Sponsored by Vida Del Norte  
(575) 779-2260

Featured Photo: November

2022



PHOTO BY EMILY WILDE ON 10-12-22: GRAPHIC DESIGNER AND PHOTOGRAPHER, QUESTA DEL RIO NEWS SINCE 2018

*My family and I are so grateful to be a part of this place, the people, and this paper. Thank you Questa!*

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ALIVE AND FREE.**

**NEXT MONTH!  
DECEMBER IS MATCHING FUNDS MONTH**



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## SIDE DISHES For THANKSGIVING

By Elizabeth Brunazzi

Many families have their traditions for the main course of the Thanksgiving meal, ones they look forward to revisiting year after year, whether it is turkey and dressing, or another dish reflecting regional and ethnic sources. Side dishes are another matter and vary considerably. I am always on the lookout for a new idea, a surprise something my family or guests might like, but my choices are often based on traditional dishes I have enjoyed since my childhood in the regions where I grew up, updated and with a new twist of one kind or another.

I like the following ones especially as they all marry well with a variety of other main course dishes, including fish, roast beef or lamb, or other vegetable entries.

### Corn Pudding

3 T melted butter, plus more for the dish, or plant substitute

2 C corn, 3 ears if fresh

1/3 C sugar, to taste, organic cane sugar preferred

1 t salt

2 large brown organic eggs

2 C whole organic milk

1 t freshly grated nutmeg

Heat oven 350°F. Butter 1-1/2 qt baking dish. Cut corn from cob into a mixing bowl, slicing from the top downward. Cut only half the kernel, scraping remainder with the back of a knife.

Stir sugar and salt into corn. Mix beaten eggs and milk together, stir into corn mixture. Add melted butter and mix well.

Spoon mixture into prepared dish and sprinkle with nutmeg. Place dish in a larger baking dish or roasting pan. Place in oven and pour hot water about halfway up the sides of the larger one.

Bake 40 to 50 minutes, until a knife inserted into center comes out clean. Pudding will still jiggle.

*Selected and adapted from a recipe by Edna Lewis in the New York Times.*

### Sweet Potato Pecan Casserole

3 lbs sweet potatoes, 3 large or 5 medium

2-1/2 T maple syrup

1/2 C unsweetened almond milk, or other milk choice

1 T vanilla extract

1 egg, or leave out if vegan

1 t freshly grated cinnamon

1/4 t freshly grated nutmeg

Pinch Allspice

1/4 t salt

#### Topping:

1/4 C flour, choice of whole wheat pastry flour, unbleached organic white flour, or gluten-free oat flour

1/3 C rolled oats

1/3 C organic red or coconut sugar

1/2 C chopped pecans, coarse

3 T melted butter, plant substitute or coconut oil

Preheat oven, 400°F. Wash, poke holes, five or six each in potatoes with a sharp fork. Place on a baking sheet lined with foil and roast 45 min to 1 hr until tender when pierced with the fork. Remove from oven. Lower heat to 350°F

Grease choice of 8x8 pan, 9-inch pie pan, or 1/2 qt baking dish, or coat with non-stick cooking spray.

Cut potatoes and discard skin. Place in large bowl, add syrup, milk, vanilla, egg, spices, and salt. Beat until smooth. Pour into baking dish, smooth top.

Whisk flour, oats, sugar and pecans. Stir in melted butter until crumbs form. Sprinkle over top of the potato mixture.

Bake 25-30 minutes until top is slightly golden brown. Remove from oven and cool 5-10 min.

*Selected and adapted from a recipe on the online site Ambitiouskitchen.*

### Warm Fruit Compotes \*

1 lb fruit, berries or stone fruit, to taste, fresh or frozen. Recommend combinations of berries, blackberries or raspberries with peaches or nectarines.

1 T organic cane sugar, honey or maple syrup to taste

1 t vanilla

1/8 t nutmeg

1/4 t cinnamon

1/2 t fresh lemon juice

If using fresh fruit, rinse and remove pits from stone fruit, and chop into chunks. Add sugar or sweetener and cook over medium heat about 6 minutes, 2 more if using frozen fruit.

Stir often. Fruit will soften and release lots of juice.

Bring to a boil and cook 2 more minutes. Stir, keeping shape of fruit.

Remove from heat, cool. Serve warm.

\* Other berries can be added, such as cherries, cranberries or currants, according to taste and season, depending on choice for texture and sweetness. Best-quality canned fruits can be substituted as well. Compotes can be served as a side dish and accompaniment to poultry, meat or fish dishes, or as a light, healthy dessert over yogurt or vanilla ice cream.

*Selected and Adapted from a recipe on the online site Everyday Healthy Recipes.*



## My Last Episode of Enchanted Eats

By ELIZABETH BRUNAZZI

After I moved to Taos four years ago, I met Lou McCall in the plant section at Smith's. We chatted about flowers and food and writing, and I mentioned that I was working on a memoir cookbook, *Straw into Gold*. She immediately invited me to contribute to the *Questa Del Rio News* food section, Enchanted Eats. Although I have been a writer, essayist, and reviewer of books, art, theater, food and travel, the cookbook project for me was new territory.

The rest is herstory; after being a frequent contributor of recipes, I eventually became the food editor for *Questa Del Rio News*. And I continued to advance my cookbook. The work for the paper was an immense pleasure,

and month after month became my preferred activity above others. I felt I was discovering another vocation, one that inspired me and spurred me on through the challenging period of the COVID pandemic.

As I am leaving Taos, my work with *Questa Del Rio News* comes to an end. I express my deep gratitude to Lou McCall, and to all those who continue to make this community newspaper possible. This paper is a superb example of an independent regional newspaper and the valuable role such publications play in a community. The paper continues to grow and improve in every way. *Questa Del Rio News* has contributed greatly to my own life through my time in Taos, and it will remain a memorable place and time in mind and heart. Thank you!



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**Mom & Me  
Christmas  
Craft &  
Tea Party**

Sunday  
December 4  
4-6PM  
LWM Fellowship  
Hall

GRANDMAS &  
GRANDDAUGHTERS  
INVITED TOO!

\$10 person

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*Happy Thanksgiving!*

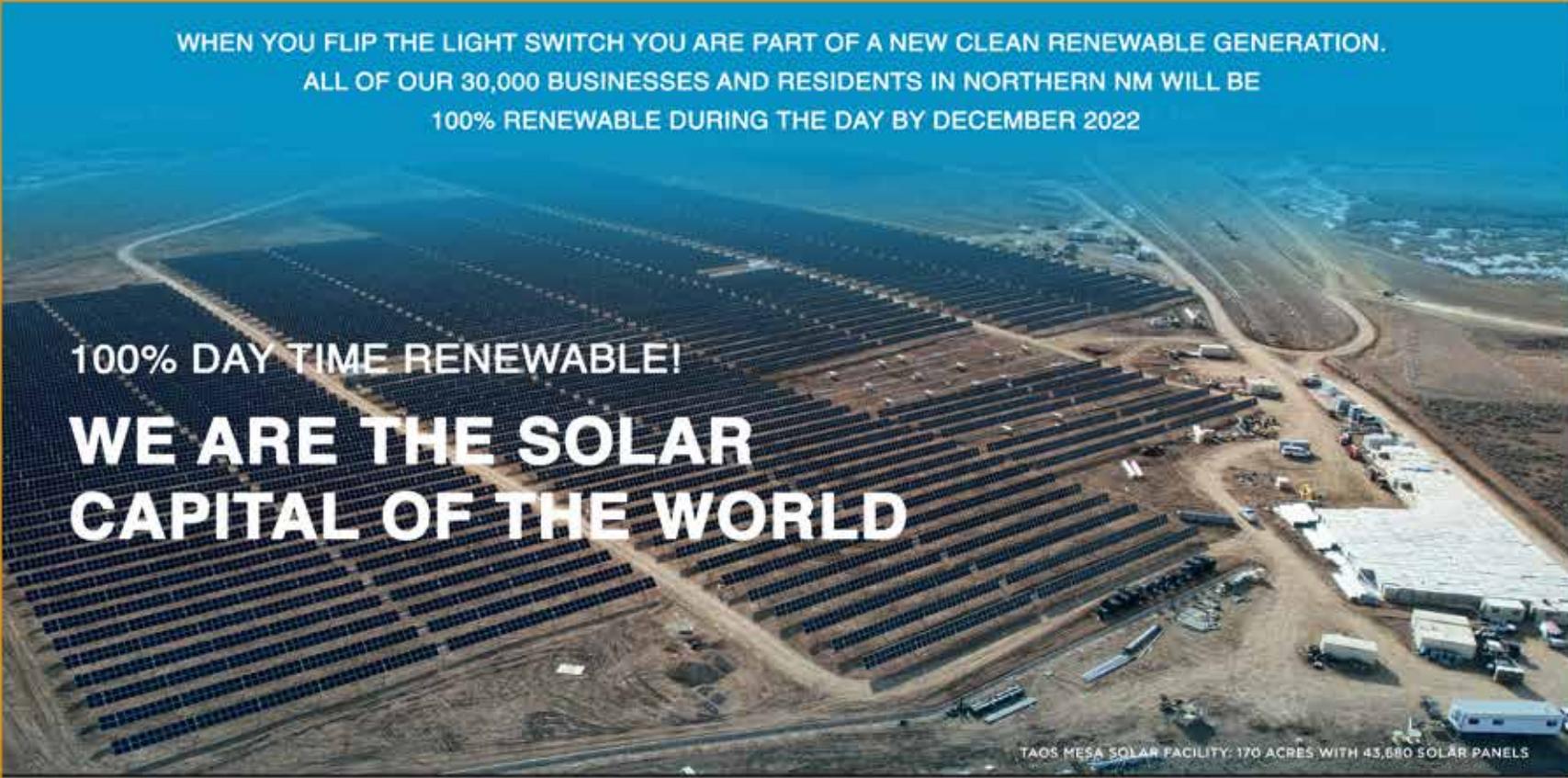


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# Who and What is on the Ballot in Taos County?

OFFICIAL GENERAL ELECTION BALLOT / BOLETA OFICIAL DE ELECCIÓN GENERAL

November 8, 2022 - 8 de noviembre, 2022 TAOS COUNTY - CONDADO DE TAOS

**INSTRUCTIONS TO VOTERS:** To vote, completely fill in the oval to the LEFT of your choice, like this (●). To vote for a declared write-in candidate, write the person's name in the write in space and fill in the oval.

**INSTRUCCIONES PARA LOS VOTANTES:** Para votar, rellene completamente el óvalo a la IZQUIERDA de su selección, así (●). Para votar por escrito por un candidato declarado, escriba el nombre de la persona en el espacio de votación por escrito y llene el óvalo.

Ballot Style 02 TAOS\_PCT006

<b>UNITED STATES REPRESENTATIVE</b> REPRESENTANTE DE LOS ESTADOS UNIDOS DISTRICT 3 / DISTRITO 3 VOTE FOR ONE / VOTE POR UNO <input type="radio"/> ALEXIS MARTINEZ JOHNSON REPUBLICAN PARTY / PARTIDO REPUBLICANO <input type="radio"/> TERESA LEDGER FERNANDEZ DEMOCRATIC PARTY / PARTIDO DEMOCRÁTICO	<b>JUSTICE OF THE SUPREME COURT</b> JUEZ DE LA CORTE SUPREMA POSICIÓN 1 VOTE FOR ONE / VOTE POR UNO <input type="radio"/> THOMAS C MONTOYA REPUBLICAN PARTY / PARTIDO REPUBLICANO <input type="radio"/> JULIE J VARGAS DEMOCRATIC PARTY / PARTIDO DEMOCRÁTICO	<b>PROBATE JUDGE</b> JUEZ DE SUCESIONES VOTE FOR ONE / VOTE POR UNO <input type="radio"/> SUZANNE VALERIO DEMOCRATIC PARTY / PARTIDO DEMOCRÁTICO <b>JUDICIAL RETENTION</b> RETENCIÓN JUDICIAL Shall MICHAEL E VIGIL be retained as Justice of the Supreme Court? ¿Retendremos a MICHAEL E VIGIL como Juez de la Corte Suprema? <input type="radio"/> YES / SI <input type="radio"/> NO / NO
<b>GOVERNOR and LIEUTENANT GOVERNOR</b> GOBERNADOR y TENIENTE GOBERNADOR VOTE FOR ONE / VOTE POR UNO <input type="radio"/> KAREN EVETTE BEDONIE and / y EFREN GALLARDO, JR LIBERTARIAN PARTY / PARTIDO LIBERTARIO <input type="radio"/> MARK V RONCHETTI and / y ANT L THORNTON REPUBLICAN PARTY / PARTIDO REPUBLICANO <input type="radio"/> MICHELLE LUJAN GRISHAM and / y HOWIE C MORALES DEMOCRATIC PARTY / PARTIDO DEMOCRÁTICO	<b>JUSTICE OF THE SUPREME COURT</b> JUEZ DE LA CORTE SUPREMA POSICIÓN 2 VOTE FOR ONE / VOTE POR UNO <input type="radio"/> KERRY J MORRIS REPUBLICAN PARTY / PARTIDO REPUBLICANO <input type="radio"/> BRIANA H ZAMORA DEMOCRATIC PARTY / PARTIDO DEMOCRÁTICO	Shall JANE B YORHALEM be retained as Judge of the Court of Appeals? ¿Retendremos a JANE B YORHALEM como Juez de la Corte de Apelaciones? <input type="radio"/> YES / SI <input type="radio"/> NO / NO
<b>SECRETARY OF STATE</b> SECRETARIO DE ESTADO VOTE FOR ONE / VOTE POR UNO <input type="radio"/> MAGGIE TOULOUSE OLIVER DEMOCRATIC PARTY / PARTIDO DEMOCRÁTICO <input type="radio"/> AUDREY TRUJILLO REPUBLICAN PARTY / PARTIDO REPUBLICANO <input type="radio"/> MAYNA ERIKA MYERS LIBERTARIAN PARTY / PARTIDO LIBERTARIO	<b>JUDGE OF THE COURT OF APPEALS</b> JUEZ DE LA CORTE DE APELACIONES POSICIÓN 1 VOTE FOR ONE / VOTE POR UNO <input type="radio"/> BARBARA V JOHNSON REPUBLICAN PARTY / PARTIDO REPUBLICANO <input type="radio"/> GERALD EDWARD BACA DEMOCRATIC PARTY / PARTIDO DEMOCRÁTICO <input type="radio"/> SOPHIE I COOPER LIBERTARIAN PARTY / PARTIDO LIBERTARIO	<b>CONSTITUTIONAL AMENDMENT 1</b> Proposing an amendment to Article 12, Section 7 of the Constitution of New Mexico to provide for additional annual distributions of the permanent school fund for enhanced instruction for students at risk of failure extending the school year, teacher compensation and early childhood education, requiring congressional approval for distributions for early childhood education.
<b>ATTORNEY GENERAL</b> PROCURADOR GENERAL VOTE FOR ONE / VOTE POR UNO <input type="radio"/> RAÚL TORREZ DEMOCRATIC PARTY / PARTIDO DEMOCRÁTICO <input type="radio"/> JEREMY MICHAEL GAY REPUBLICAN PARTY / PARTIDO REPUBLICANO	<b>JUDGE OF THE COURT OF APPEALS</b> JUEZ DE LA CORTE DE APELACIONES POSICIÓN 2 VOTE FOR ONE / VOTE POR UNO <input type="radio"/> KATHERINE ANNE WRAY DEMOCRATIC PARTY / PARTIDO DEMOCRÁTICO <input type="radio"/> STEPHEN P CURTIS LIBERTARIAN PARTY / PARTIDO LIBERTARIO <input type="radio"/> GERTRUDE LEE REPUBLICAN PARTY / PARTIDO REPUBLICANO	<b>ENMIENDA CONSTITUCIONAL 1</b> Se propone enmendar el Artículo 12, Sección 7 de la Constitución de Nuevo México para proveer distribuciones anuales adicionales del fondo escolar permanente para la instrucción aumentada de estudiantes en riesgo de fracaso, extender el año escolar, compensación para educadores y educación de la primera infancia, requiriendo la aprobación del congreso sobre las distribuciones para educación de la primera infancia.
<b>STATE AUDITOR</b> AUDITOR DE ESTADO VOTE FOR ONE / VOTE POR UNO <input type="radio"/> JOSEPH M MAESTAS DEMOCRATIC PARTY / PARTIDO DEMOCRÁTICO <input type="radio"/> TRAVIS STEVEN SANCHEZ LIBERTARIAN PARTY / PARTIDO LIBERTARIO	<b>MAGISTRATE JUDGE</b> JUEZ MAGISTRADO DIVISION 1 / DIVISIÓN 1 VOTE FOR ONE / VOTE POR UNO <input type="radio"/> ERNEST L ORTEGA DEMOCRATIC PARTY / PARTIDO DEMOCRÁTICO	<b>STATE</b> ESTATAL <input type="radio"/> FOR / A FAVOR <input type="radio"/> AGAINST / EN CONTRA
<b>STATE TREASURER</b> TESORERO DE ESTADO VOTE FOR ONE / VOTE POR UNO <input type="radio"/> HARRY B MONTOYA REPUBLICAN PARTY / PARTIDO REPUBLICANO <input type="radio"/> LAURA M MONTOYA DEMOCRATIC PARTY / PARTIDO DEMOCRÁTICO	<b>MAGISTRATE JUDGE</b> JUEZ MAGISTRADO DIVISION 2 / DIVISIÓN 2 VOTE FOR ONE / VOTE POR UNO <input type="radio"/> SARA ANNE BLANKENHORN DEMOCRATIC PARTY / PARTIDO DEMOCRÁTICO	<b>CONSTITUTIONAL AMENDMENT 2</b> Proposing to amend Article 9, Section 14 of the Constitution of New Mexico to allow public investment to provide access to essential household services, including internet, energy, water, wastewater and other similar services as provided by law, upon the enactment of general implementing legislation by a majority vote of the members elected to each house of the Legislature.
<b>COMMISSIONER OF PUBLIC LANDS</b> COMISIONADO DE TIERRAS PUBLICAS VOTE FOR ONE / VOTE POR UNO <input type="radio"/> JEFFERSON L BYRD REPUBLICAN PARTY / PARTIDO REPUBLICANO <input type="radio"/> STEPHANIE GARCIA RICHARD DEMOCRATIC PARTY / PARTIDO DEMOCRÁTICO District 42 in Castile / Condado de Taos - 42 Distrito	<b>COUNTY SHERIFF</b> ALGUACIL DEL CONDADO VOTE FOR ONE / VOTE POR UNO <input type="radio"/> STEVE MIERA, JR DEMOCRATIC PARTY / PARTIDO DEMOCRÁTICO	<b>ENMIENDA CONSTITUCIONAL 2</b> Se propone enmendar el Artículo 9, Sección 14 de la Constitución de Nuevo México para permitir inversión pública para proveer acceso a servicios esenciales del hogar, incluyendo internet, energía, agua, aguas residuales y otros servicios similares según lo previsto por la ley, cuando se establezca la legislación general de implementación por voto mayoritario de los miembros electos a cada cámara de la Legislatura.
<b>STATE REPRESENTATIVE</b> REPRESENTANTE DE ESTADO DISTRICT 42 / DISTRITO 42 VOTE FOR ONE / VOTE POR UNO <input type="radio"/> KRISTINA ORTEZ DEMOCRATIC PARTY / PARTIDO DEMOCRÁTICO	<b>COUNTY ASSESSOR</b> ASESOR DEL CONDADO VOTE FOR ONE / VOTE POR UNO <input type="radio"/> MARIA DIMAS DEMOCRATIC PARTY / PARTIDO DEMOCRÁTICO	<b>CONSTITUTIONAL AMENDMENT 3</b> Proposing to amend Article 6, Section 35 of the Constitution of New Mexico to provide that an appointed judge serve at least one year before a general election is held for the office to which the judge was appointed.
	<b>COUNTY COMMISSIONER</b> COMISIONADO DEL CONDADO VOTE FOR ONE / VOTE POR UNO <input type="radio"/> MIGUEL ALFONSO ROMERO, JR DEMOCRATIC PARTY / PARTIDO DEMOCRÁTICO	<b>ENMIENDA CONSTITUCIONAL 3</b> Se propone enmendar el Artículo 6, Sección 35 de la Constitución de Nuevo México para proveer que un juez designado sirva por lo menos un año antes de que se celebre una elección general para el cargo al que el juez fue designado.

STATE ESTATAL	STATE ESTATAL	COUNTY CONDADO
<b>CONSTITUTIONAL AMENDMENT 2</b> Proposing to amend Article 9, Section 14 of the Constitution of New Mexico to allow public investment to provide access to essential household services, including internet, energy, water, wastewater and other similar services as provided by law, upon the enactment of general implementing legislation by a majority vote of the members elected to each house of the Legislature.	<b>BOND QUESTION 2</b> The 2022 Capital Projects General Obligation Bond Act authorizes the issuance and sale of library acquisition bonds. Shall the state be authorized to issue general obligation bonds in an amount not to exceed nineteen million two hundred sixty-six thousand dollars (\$19,266,000) to make capital expenditures for academic, public school, tribal and public library resource acquisitions and provide for a general property tax imposition and levy for the payment of principal of, interest on and expenses incurred in connection with the issuance of the bonds and the collection of the tax as permitted by law?	<b>COUNTY GROSS RECEIPTS TAX</b> Shall the County impose a County Gross Receipts Tax in the amount of one quarter of one percent (0.25%) the revenues of which shall be used for fire protection services and emergency medical services in Taos County, including but not limited to operational expenses such as employee salaries?
<b>ENMIENDA CONSTITUCIONAL 2</b> Se propone enmendar el Artículo 9, Sección 14 de la Constitución de Nuevo México para permitir inversión pública para proveer acceso a servicios esenciales del hogar, incluyendo internet, energía, agua, aguas residuales y otros servicios similares según lo previsto por la ley, cuando se establezca la legislación general de implementación por voto mayoritario de los miembros electos a cada cámara de la Legislatura.	<b>PREGUNTA DE BONOS 2</b> La Ley de Bonos de Obligación General de Proyectos de Capital de 2022 autoriza la emisión y venta de bonos para la adquisición de recursos bibliotecarios. ¿Estará el estado autorizado a emitir bonos de obligación general por una cantidad que no exceda los diecinueve millones doscientos sesenta y seis mil dólares (\$19,266,000) para realizar gastos de capital para la adquisición de recursos para bibliotecas académicas, de escuelas públicas, tribales y públicas y proveer una imposición general de impuestos sobre la propiedad y recaudar el pago del principal, los intereses y los gastos incurridos en relación con la emisión de los bonos y el cobro del impuesto según lo permitido por la ley?	<b>PREGUNTA DE IMPUESTOS SOBRE INGRESOS BRUTOS</b> ¿Deberá el Condado de Taos imponer un impuesto de ingresos brutos de un cuarto de un por ciento (0.25%) los ingresos de los cuales se usarán para protección contra incendios y servicios médicos de emergencia en el Condado de Taos, incluyendo pero no limitado a los gastos de operación tales como los salarios de los empleados?
<input type="radio"/> FOR / A FAVOR <input type="radio"/> AGAINST / EN CONTRA	<input type="radio"/> FOR / A FAVOR <input type="radio"/> AGAINST / EN CONTRA	<input type="radio"/> FOR / A FAVOR <input type="radio"/> AGAINST / EN CONTRA
<b>CONSTITUTIONAL AMENDMENT 3</b> Proposing to amend Article 6, Section 35 of the Constitution of New Mexico to provide that an appointed judge serve at least one year before a general election is held for the office to which the judge was appointed.	<b>BOND QUESTION 3</b> The 2022 Capital Projects General Obligation Bond Act authorizes the issuance and sale of higher education, special schools and tribal schools capital improvement and acquisition bonds. Shall the state be authorized to issue general obligation bonds in an amount not to exceed two hundred fifteen million nine hundred eighty-six thousand dollars (\$215,986,000) to make capital expenditures for certain higher education, special schools and tribal schools capital improvements and acquisitions and provide for a general property tax imposition and levy for the payment of principal of, interest on and expenses incurred in connection with the issuance of the bonds and the collection of the tax as permitted by law?	
<input type="radio"/> FOR / A FAVOR <input type="radio"/> AGAINST / EN CONTRA	<input type="radio"/> FOR / A FAVOR <input type="radio"/> AGAINST / EN CONTRA	
<b>BOND QUESTION 1</b> The 2022 Capital Projects General Obligation Bond Act authorizes the issuance and sale of senior citizen facility improvement, construction and equipment acquisition bonds. Shall the state be authorized to issue general obligation bonds in an amount not to exceed twenty-four million four hundred seventy thousand dollars (\$24,470,000) to make capital expenditures for certain senior citizen facility improvement, construction and equipment acquisition projects and provide for a general property tax imposition and levy for the payment of principal of, interest on and expenses incurred in connection with the issuance of the bonds and the collection of the tax as permitted by law?	<b>PREGUNTA DE BONOS 3</b> La Ley de Bonos de Obligación General de Proyectos de Capital de 2022 autoriza la emisión y venta de bonos para la adquisición y mejora de escuelas de educación superior, escuelas especiales y escuelas tribales. ¿Estará el estado autorizado a emitir bonos de obligación general por una cantidad que no exceda los doscientos quince millones novecientos ochenta y seis mil dólares (\$215,986,000) para realizar gastos de capital para las mejoras y adquisiciones de ciertas escuelas de educación superior, escuelas especiales y escuelas tribales y proveer una imposición general de impuestos sobre la propiedad y recaudar el pago del principal, los intereses y los gastos incurridos en relación con la emisión de los bonos y el cobro del impuesto según lo permitido por la ley?	
<input type="radio"/> FOR / A FAVOR <input type="radio"/> AGAINST / EN CONTRA	<input type="radio"/> FOR / A FAVOR <input type="radio"/> AGAINST / EN CONTRA	
<b>PREGUNTA DE BONOS 1</b> La Ley de Bonos de Obligación General de Proyectos de Capital de 2022 autoriza la emisión y venta de bonos para la mejora de instalaciones, construcción y la adquisición de equipos para personas de edad avanzada. ¿Estará el estado autorizado a emitir bonos de obligación general por una cantidad que no exceda los veinticuatro millones, cuatrocientos setenta mil dólares (\$24,470,000) para realizar gastos de capital para ciertos proyectos de mejora de instalaciones, construcción y adquisición de equipo para personas de edad avanzada y proveer una imposición general de impuestos sobre la propiedad y recaudar el pago del principal, los intereses y los gastos incurridos en relación con la emisión de los bonos y el cobro del impuesto según lo permitido por la ley?	<b>PREGUNTA DE BONOS 1</b> La Ley de Bonos de Obligación General de Proyectos de Capital de 2022 autoriza la emisión y venta de bonos para la mejora de instalaciones, construcción y la adquisición de equipos para personas de edad avanzada. ¿Estará el estado autorizado a emitir bonos de obligación general por una cantidad que no exceda los veinticuatro millones, cuatrocientos setenta mil dólares (\$24,470,000) para realizar gastos de capital para ciertos proyectos de mejora de instalaciones, construcción y adquisición de equipo para personas de edad avanzada y proveer una imposición general de impuestos sobre la propiedad y recaudar el pago del principal, los intereses y los gastos incurridos en relación con la emisión de los bonos y el cobro del impuesto según lo permitido por la ley?	
<input type="radio"/> FOR / A FAVOR <input type="radio"/> AGAINST / EN CONTRA	<input type="radio"/> FOR / A FAVOR <input type="radio"/> AGAINST / EN CONTRA	

**Election Day is Tuesday, Nov. 8, 7 am to 7 pm**

By DYLAN R.N. CRABB

**New Mexico Bond Question 1 – Senior Citizen Facilities Bond Issue**

A "yes" vote supports authorizing the sale and issuance of \$24,470,000 in bonds for senior citizen facility improvements.

**New Mexico Bond Question 2 – Public Libraries Bond Issue**

A "yes" vote supports authorizing the sale and issuance of \$19,266,000 in bonds for public library improvements.

**New Mexico Bond Question 3 – Public Education Bond Issue**

A "yes" vote supports authorizing the sale and issuance of \$215,986,000 in bonds for improvements to higher education, special public schools, and tribal schools.

**New Mexico Constitutional Amendment 1 – Land Grant Permanent Fund Distribution for Early Childhood Education Amendment**

A "yes" vote supports allocating 1.25% of the five-year average of year-end market values of the money in the Land Grant Permanent Fund (LGPF) to early childhood education and the public school permanent fund and providing that the allocation would not occur if the average year-end market value for the preceding five years of the LGPF fund balance was below \$17 billion.

**New Mexico Constitutional Amendment 2 – Authorizing Funds for Residential Services Infrastructure Amendment**

A "yes" vote supports authorizing the legislature to appropriate state funds for infrastructure that provides services primarily for residential use—such as internet, electric, natural gas, water, and wastewater—through a majority vote in each chamber.

**New Mexico Constitutional Amendment 3 – Appointed Judge Elections Amendment**

A "yes" vote supports this constitutional amendment to provide that an appointed judge shall be up for election at the first general election one year after being appointed. A "no" vote opposes this constitutional amendment, thus maintaining that an appointed judge be up for election at the next general election.

**United States Congress – New Mexico, District 3**

(Incumbent) Teresa Ledger Fernandez (Democratic Party) Alexis Martinez Johnson (Republican Party)

**Governor of New Mexico**

(Incumbent) Michelle Lujan-Grisham (Democratic Party)

**Lieutenant Governor of New Mexico**

(Incumbent) Howie Morales (Democratic Party) Anthony Thornton (Republican Party) Efrén Gallardo (Libertarian Party)

**Attorney General of New Mexico**

Raul Torrez (Democratic Party) Jeremy Gay (Republican Party)

**New Mexico Secretary of State**

(Incumbent) Maggie Toulouse Oliver  
(Democratic Party)  
Audrey Mendonca-Trujillo  
(Republican Party)  
Mayna Myers (Libertarian Party)

**New Mexico Treasurer**

Laura Montoya (Democratic Party)  
Harry Montoya (Republican Party)

**New Mexico State Auditor**

Joseph Maestas (Democratic Party)  
Travis Sanchez (Libertarian Party)

**New Mexico Public Education Commission, District 2**

Timothy Beck (Republican Party)

**New Mexico Public Education Commission, District 3**

Alan Brauer Jr. (Democratic Party)

**New Mexico Public Education Commission, District 5**

Sharon Clahchischilliage  
(Republican Party)

**New Mexico Public Education Commission, District 6**

Stuart Ingham (Republican Party)

**New Mexico Public Education Commission, District 7**

(Incumbent)  
Patricia Gibson (Democratic Party)

**New Mexico Commissioner of Public Lands**

(Incumbent)  
Stephanie Garcia Richard  
(Democratic Party)  
Jefferson Byrd (Republican Party)

**New Mexico Court of Appeals, special election**

(Incumbent)  
Gerald Baca (Democratic Party)  
Barbara Johnson (Republican Party)

**New Mexico Supreme Court**

(Incumbent)  
Julie Vargas (Democratic Party)  
Thomas Montoya (Republican Party)

**New Mexico Supreme Court**

(Incumbent)  
Briana Zamora (Democratic Party)  
Kerry Morris (Republican Party)

**New Mexico Supreme Court**

(Incumbent)  
Michael E. Vigil (Non-partisan)

**New Mexico Court of Appeals, special election**

(Incumbent)  
Katherine Anne Wray (Democratic Party)  
Gertrude Lee (Republican Party)  
Stephen Curtis (Libertarian Party)

**New Mexico Court of Appeals**

(Incumbent)  
Jane Yohalem (Non-partisan)

**New Mexico House of Representatives, District 42**

(Incumbent)  
Kristina Ortez (Democratic Party)

SOURCE: [https://ballotpedia.org/Taos\\_County\\_Sample\\_Ballot\\_\(New\\_Mexico\)](https://ballotpedia.org/Taos_County_Sample_Ballot_(New_Mexico)).

**Where to vote in northern Taos County?**

1. Costilla Parish Hall  
#16 Garcia Rd  
Costilla, NM 87524
2. Amalia Senior Center  
583 St Rd. 196  
Amalia, NM 87512
3. Cerro Community Center  
151 St. Rd. 372  
Cerro, NM 87519
4. Village of Questa Municipal Office  
2500 Old St. Rd. 3  
Questa, NM 87556
5. Red River Conference Center  
101 W River St.  
Red River, New Mexico 87558
6. Tres Piedras Fire House  
38391 Hwy 285  
Tres Piedras, NM 87577

SOURCE: <http://www.taoscounty.org/174/Precinct-Sites>.



WHAT ARE YOU GRATEFUL FOR?

By MARTA GLOVER

Here comes November with cold clear mornings and the warm, crisp days of late fall. Gathering, gathering the last of the harvest from the fields, the woods, the gardens, and the river. What an abundance of beautiful vegetables and flowers, I was part of growing from seed to maturity at Cerro Vista Farms. I am grateful for the camaraderie I experienced with the staff and the care I witnessed that was given to the plants. It is exciting to know these plants have been shared with many folks at many tables and brought sustenance and well-being to all who have gathered. November is about sharing the feast, blessing all the time and good effort we put into our relationships with plants, animals, and humans by celebrating together at the table of Thanksgiving.

What does the month of November bring to you? Do you celebrate Thanks-

giving? How does the holiday affect you now or in the past? Do you traditionally celebrate in the same way you did as a child? November is the last chance to get ready before the snow flies. Get your firewood in and stock up on supplies. Happy Thanksgiving to all!

**AnneMarie:**

“We are French but we still have celebrated Thanksgiving. My mom got a duck instead of a turkey one time in the 1970s. French aren’t that keen on turkey. We got the duck from a local farmer. It was pretty special to me that you don’t really have to have turkey on Thanksgiving. My mom loved entertaining. She really did it up with a beautiful table. Thanksgiving was a mutual holiday where family actually got along, not a French holiday. That is what I am grateful for.”

**Holly:**

“Thanksgiving is one of my favorite gatherings. I am grateful for the food, shelter, and the people that I meet. I lately have met some very happy people. I moved here two weeks ago. Food, warmth and happiness ties into Thanksgiving, the gathering together. I had a very special lady I worked for who carried all these qualities inside herself. She was a shining light in my life. Her laughter and

caring she gave to all beings that she met. I am grateful that she brought forward the importance of family and friends.”

**Daniel:**

“I have been collecting food gifts at the Farmers Market. I am thankful I can pass these out by Thanksgiving. I am grateful that I get to be a farmer. I enjoy giving the best of the best edibles of the year.”

**Jesse:**

“I am grateful for coming together with family, friends and neighbors as the seasons change. I love this time of year going to the mountains to cut firewood with my son. I like the feeling of the shift from the summer to the fall. It’s a good

time to be creative.”

**Conrad:**

“When I was growing up, we did Thanksgiving on my Dad’s side and Christmas on my mother’s side. This was about the only time I saw my cousins. We had a lot of fun playing at my grandparents’ house, playing games in the basement and yard. We ate at the kiddie table in the kitchen with all the kids. That’s what I did as a child and it has evolved into three stages. As you grow older, the first stage in celebrating holidays is with family, second stage is partner/married and family stuff and third is celebrating with friends on holidays.”

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# Shining Light on Dark Days: The Friendship Circle

By DYLAN R.N. CRABB

Flavio Cisneros and his team of volunteers were hard at work cooking what could have been a Thanksgiving feast for some 200 people. Unfortunately, it wasn't a feast of thanksgiving but of mourning the life of Felix Quintana Shannon, one of the many memorial dinners the Friendship Circle has prepared this year.

Cisneros and his volunteers are part of an organization known as the Friendship Circle, a group dedicated to providing meals for the families of their recently deceased loved ones.

The Friendship Circle has 400 members. The organization is divided into 12 groups, all volunteers; each group cooks together for a memorial dinner when needed. The original structure of rotating each dinner ensured that each group would cook, at the most, two to three feasts per year, so that no one group would be overburdened. This year Cisneros' team has cooked for six fu-

nerals and they are exhausted. For Felix Quintana Shannon's memorial dinner, five Friendship Circle volunteers were Cisneros' main support in his efforts that morning. Many others cooked or baked at home and dropped dishes by the VFW or came to help serve. Cisneros says his group has 25 members, and only a few people show up to help.

"It's a big undertaking, we're doing the Lord's work," Cisneros said. "The problem is ... we need volunteers." The Friendship Circle has had three head cooks resign last year and no replacements have been found. "If the Circle is going to survive, we need help from the membership," said Cisneros. "Members need to commit!"

The mission statement of the Friendship Circle reads "a paid membership per household ensures that the Friendship Circle can provide a large meal in a safe place for families to gather during their times of grief. It's a rewarding program but we must ask that more members step forward and help. A good



Photo by Dylan R.N. Crabb

Friendship Circle Volunteers at the newly renovated Questa VFW kitchen. From left to right: Flavio Cisneros, Janice Montoya, Katie Duran, Dorothy Duran, Roxie Barela

crew of 10-15 can easily prepare a large meal and clean up the Questa VFW. Our senior and consistent members are limited and need more support. More hands means less work."

If anyone would like to volunteer

with the Friendship Circle, contact Flavio Cisneros at (575) 779-4609 or email [flaviocisneros71@yahoo.com](mailto:flaviocisneros71@yahoo.com). To become a member of the Friendship Circle contact Laveida Cisneros at (575) 586-1112. Membership cost is \$25 per year.

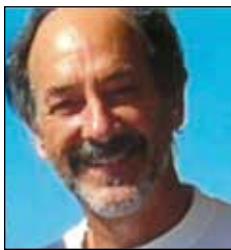
## O B I T U A R I E S



**Cecil Burnett**

Cecil W. Burnett, age 34, a resident of Taos/Red River, passed away unexpectedly on October 13, 2022. A full obituary is pending at this time and will be posted as soon as it becomes available. The family of Cecil W. Burnett has entrusted the care of their loved one to DeVargas Funeral Home of Taos.

To order memorial trees or send flowers to the family in memory of Cecil Burnett, please visit our flower store.



**Dennis Alan Cohen M.D.**

Dr. Dennis Alan Cohen, age 72, of Angel Fire passed away peacefully on October 6 after a lengthy battle with dementia which was caused by exposure to mold. He was born on August 9, 1950 in Denver, Colorado. He graduated from the University of Colorado School of Medicine in 1976 and completed his medical residency in Family Practice Medicine at the University of New Mexico School of Medicine in Albuquerque, NM in 1979. After completing his residency, he worked at the Family Health Clinics in Albuquerque and Los Lunas for over 11 years.

Dennis loved the outdoors, backpacking, fishing, camping, hiking, and skiing. This love

is what brought him to Angel Fire in 1991, where he was the doctor in town until he retired in 2017. He was a "people person", he loved being a doctor and he loved his patients. He also loved Angel Fire and Taos and being so closely surrounded by nature, all the beauty and animals. In Angel Fire, friends taught him to be a "lumberjack" of sorts. Every year he looked forward to Spring and Summer when he could cut down trees, buck them up and split firewood. He really did like doing this... another way to spend time outdoors.

He is preceded in death by his parents, Joseph and Alta Cohen, brothers, Michael and Larry and many other relatives and friends. He is survived by his wife and life partner of 51 years, Marilyn Cohen, sister, Ellen Zelniker of San Diego, CA and many nieces and nephews. He will be dearly missed. We will LOVE you forever, Dennis.

There will be a celebra-

tion of his life at a later date. Arrangements by Rivera Family Funeral Home.



**Jake Cordova**

Jake Cordova, 49, was a resident of Taos, he passed away unexpectedly September 22, 2022.

He was preceded in death by his grandparents Jacobo and Susana B. Cordova; Alfonso Cardenas and Lucia Cordova.

Jake loved to listen to music and played with numerous local music bands, he loved to spend time outdoors and enjoyed woodworking.

He is survived by his children Feliz Cordova, Ariana Cordova and Elena Cordova; parents Jake Cordova and Priscilla Cardenas; sister Genevieve

Lopez (Armando); nieces and nephew Julian Cordova (who was also his godson), Alma Cordova, Marissa Lopez and many other loving relatives and friends.

Services are postponed and will be updated as soon as they become available.

The family of Jake Cordova has entrusted the care of their loved one to DeVargas Funeral Home of Taos.



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11/02	<ul style="list-style-type: none"> <li>• Overall basic tutorial (turning on &amp; off, answering calls, alarms and reminders, notifications)</li> </ul>
11/09	<ul style="list-style-type: none"> <li>• Text messaging</li> <li>• Email setup and other application setup/download</li> <li>• Using the calendar</li> </ul>
11/16	<ul style="list-style-type: none"> <li>• Taking and managing pictures/videos</li> <li>• Using maps and GPS</li> </ul>
11/30	<ul style="list-style-type: none"> <li>• Elective application setup (banking, creative, news, music, podcasts, browsers, etc)</li> </ul>

➤ *Wednesday's in November 2022 (skip Thanksgiving week)*

➤ Questa Library (**in-person**) 4-6pm

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*Wishing everyone a Happy Thanksgiving*

from all of us here at




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NOVEMBER MOVIE REVIEW

## Lunana: A Yak in the Classroom

Half-way through the movie *Lunana: A Yak in the Classroom* a yak named Norbu, does appear in the classroom. Norbu is the village's gift to Ugyen, the teacher. Norbu is one of the oldest yaks in the villagers' herd, but he is still prolific in providing the one element that is the source of everyone's heat - dung; Ugyen is told to feed Norbu as much as necessary to produce the amount of fuel he needs to keep warm.

After a bit of research, I learned a few yak facts. A yak is an early genetic

ancestor of the North American bison and is similar in many ways. But it is different in its red blood cells, lack of sweat glands, and diet consisting entirely in grass - which means that they are the perfect herd animal for higher elevations.

And Bhutan, where this film was made, has lots of that. It is nestled high in the Himalayans with China on the North and India on the other three borders. Its geography ranges from 660 feet in elevation in some of the southern river valleys to almost 25,000 feet in the northern mountains, resulting in some of the greatest biodiversity on the planet. About 84 percent of the population practices Vajrayana Buddhism, perhaps explaining why it is the only country that measures Gross National Happiness. Given all that, is it really a surprise that in this very unusual country you might find a yak in the classroom?

The movie's main character, though, is not Norbu, but Ugyen, a young man in his twenties who lives in Bhutan's capital city. Ugyen wants to go to Australia and become a singer but has one more year on his contract with the Ministry of Education to serve as a teacher. In what we are to believe is a helpful insight by

the minister, Ugyen is assigned to teach for a few months in the remote village of Lunana (population 56; elevation 15,748 ft) - advertised as the most remote school in Bhutan, and possibly in the entire world. You get an increasing sense of how remote it is as Ugyen ascends in altitude to different locations that are descending in population. All but the first day of the journey is on foot.

The journey up to Lunana begins to capture what is wonderful about this film. For one, the cinematography is terrific. Filmed in color and with a letterbox aspect ratio, the format invites terrific panoramic landscapes, and the countryside is more than able to provide them — you will be stunned by Bhutan's natural beauty. As you ascend in altitude and become increasingly distanced from the modern world, you begin to appreciate the simple pleasures that this movie delivers.

The 'fish out of water' tale is a story often told. But what makes this one special is the genuineness of the characters. Only three of the characters in this movie are actors, the rest are the actual villagers of Lunana. The village is relatively prosperous because it has access to an abundant supply of a medicinal fungi

which only grows at high altitudes. Still, the people place a high value on education and, while they strongly believe in their culture as yak herders, they want their children to enjoy a different, and hopefully, better future.

You can find lots of faults with the film - many times the young children's behavior seems forced, like they were told what to say. And, sometimes, you can catch them glancing at the camera; apparently the villagers had never seen a movie, much less a camera. So you have to marvel at their ability to "stick to script." But, in so many ways, that is the charm of this movie. It is an honest tale of an honest people. Whether you accept the character's transformation or not, you must believe in the people surrounding him. They have a reality that is missing in the modern world, and a spiritual relationship with their yaks that is all powerful. This movie will be too simple for many. But if you want a beautiful experience with a culture that you likely don't know, watch *Lunana: A Yak in the Classroom*. (3.5\*)

Stream on Netflix, rent on Vudu, NetflixDVD or wherever you get your discs! For more, visit [MichaelsMovieMoments.com](http://MichaelsMovieMoments.com)

### MOOSE cont'd from page 1

and took photos and filmed the moose as it walked south along the treeline. The photos we took were not the best quality; I was maybe a quarter mile away from the moose, too far to get a good photo but close enough to see that it was indeed a moose.

I posted my video on my personal Facebook page and it quickly went viral. I was alarmed that it was shared on an elk hunting page with chatter about hunting it down. I contacted the owner of the Facebook page and he agreed to remove the post.

The following morning, the moose

was spotted again farther south in Questa by Lexy Gurule and Kevin Montoya. Lexy captured the moose on video, jumping over the neighborhood fences and heading east, back into the mountains. Kevin told his story on KRQE News. He was glad they had the moose on video, otherwise no one would have believed them. To see the news clip with information from New Mexico Dept. of Game and Fish see the KRQE News story at:

<https://us06web.zoom.us/postattendee?mn=EvHbIPMgnWHx91X-S9Ux-doiV8xuDpSvIUHX.edYG3el6k-9CDanjY&id=22>

In 2018 there was a sighting of a bull

moose in Costilla that made television network news. It is possible that this moose seen recently in Questa could be the same moose reported back then, as the antlers appear to have grown an appropriate amount.

As far as I know there have been no more recent moose sightings in the Questa area.

After I posted my video on Facebook, I got an overwhelming response. Yehuda Maayan shared on Facebook that "they reintroduced a few hundred moose into southern Colorado in the '90s at the headwaters of the Rio Grande. I'm assuming they sometimes migrate along the river. Taos weather has been super

wet summer with cold winter (we got to -27 degrees this past winter) so maybe the moose habitat is moving."

Many people shared their local moose stories with me on Facebook. Moose symbolizes strength and power, and remind us to find courage in our lives. I heard from locals that this same moose had been seen a few times in the past four years on the Tres Ritos Ranch in Cerro. One person from Cerro said on Facebook that the moose was seen with a female moose. I sincerely hope so. Thinking of a lone moose wandering for years in the mountains of New Mexico makes me sad. I like to think that he will find his tribe.



# ESOTERIC ASTROLOGY

SKYDANCE ESOTERIC ASTROLOGY by Charlene R. Johnson  
NOVEMBER 2022

## LUNAR ECLIPSE

**"It is the secret of the world that all things subsist and do not die, but only retire a little from sight and afterwards return again." Ralph Waldo Emerson**

On November 8 we undergo a full lunar eclipse. Lunar eclipses occur when the full moon passes behind the Earth and into its shadow. In exact conjunction with Moon and Earth will be Uranus, all three in the sign of Taurus, while the Sun and Vulcan are both in opposition to the first three in the sign of Scorpio. Since Vulcan is the planetary ruler of Taurus it's likely we'll see a planetary tug of war on the financial level. Taurus rules your money while Scorpio rules other people's money. Taurus rules energy like gasoline and finances while Scorpio rules the energy that gets things done. Taurus rules gripping and squeezing while Scorpio rules blocking and obstructing. Add an eclipse to the mix and suddenly everything comes to a halt; the light of the Sun itself is blocked, an incredible vibrational shock to the solar system. Scorpio wielding its greatest power!

Some traditional astrology considers an eclipse a malefic time. After all, the moon turns Scorpio-blood red. While Scorpio sometimes gets a bad rap it is the sign of rebirth after being tested in the fire, while the Earth is the planet of transformation. We can see where these issues of energy and money, obstructing and hoarding are already occurring in our world today. The eclipse could bring this to a head and if we are open to it, show us the change that needs to occur. With so many forms of energy involved, we could be proactive in choosing to share rather than accumulate, find new forms of energy and new ways of distribution. Uranus retrograde initiates out-of-the-box concepts while Vulcan, the mythological god of the forge can break the chains of our captivity to greed, fear and old habits. We can use this powerful energy of the eclipse to join together, in resolving global conflicts like the phoenix rising from the fire, immortal and with tears that can heal.

**Everyone:** The eclipse will be visible throughout eastern Russia, Japan, Australia, and parts of western and central North America.

**ARIES ♈ Planet: Mercury ♀ MARCH 20 – APRIL 19**

**Dynamic:** Your agitation to take charge could shift to higher levels.

**Direction:** Look up.

**Soul Thought:** Agitate on behalf of the Divine.

**TAURUS ♉ Planet: Vulcan ♁ APRIL 19 – MAY 20**

**Dynamic:** The urge to gather could turn into a spending spree.

**Direction:** Determine what you gather.

**Soul Thought:** "It's not hard to make decisions when you know what your values are."

Roy Disney

**GEMINI ♊ Planet: Venus ♀ MAY 20 – JULY 20**

**Dynamic:** You've come through some emotional stuff.

**Direction:** Now it's time to direct that energy.

**Soul Thought:** When anger is turned into spiritual fire.

**CANCER ♋ Planet: Neptune ♆ JULY 20 – JULY 22**

**Dynamic:** It's a highly spiritual time for you for.

**Direction:** Use it well.

**Soul Thought:** "The descriptions you get with spiritual experiences seem to parallel the descriptions of quantum physics." Stanford Neuroscientist, Karl Pribram

**LEO ♌ Planet: Sun ☉ JULY 22 – AUG 22**

**Dynamic:** You shift from high emotion to high aspiration.

**Direction:** Direction and control are needed.

**Soul Thought:** What is your Highest Aspiration?

**VIRGO ♍ Planet: Moon ☾ AUG 22 – SEPT 22**

**Dynamic:** It's a month of transition and new awareness.

**Direction:** Mythology is always a great tool.

**Soul Thought:** Who is Diana?

**LIBRA ♎ Planet: Uranus ♁ SEPT 22 – OCT 22**

**Dynamic:** You may feel unconventional but it's still you.

**Direction:** Pay attention on November 8.

**Soul Thought:** Time for a change.

**SCORPIO ♏ Planet: Mars ♂ OCT 22 – NOV 21**

**Dynamic:** That communication thing could be about your eyes.

**Direction:** Check out your vision.

**Soul Thought:** "Do this, don't do that! Can't you read the signs?"  
Five Man Electrical Band

**SAGITTARIUS ♐ Planet: Earth ☷ NOV 21 – DEC 20**

**Dynamic:** Practicality and ostentation could get mixed up.

**Direction:** Mind your pocketbook but also mind what counts.

**Soul Thought:** What's a shadow?

**CAPRICORN ♑ Planet: Saturn ♄ DEC 20 – JAN 19**

**Dynamic:** What seems like a challenge could be opportunity.

**Direction:** Think outside the box.

**Soul Thought:** Is there a difference?

**AQUARIUS ♒ Planet: Jupiter ♃ JAN 19 – FEB 18**

**Dynamic:** Things should get a little more positive this month.

**Direction:** Dive deep inside to see it.

**Soul Thought:** Or look around.

**PISCES ♓ Planet: Pluto ♇ FEB 18 – MAR 20**

**Dynamic:** A nice relationship occurs though the other may be unclear.

**Direction:** Time will tell.

**Soul Thought:** "We are all just walking each other home." Ram Dass

To discover your Rising Sign, or for more information, contact Charlene R. Johnson,  
[www.SkyDanceAstrology.com](http://www.SkyDanceAstrology.com), or email: [SkyDance@SkyDanceAstrology.com](mailto:SkyDance@SkyDanceAstrology.com)

Esoteric Astrology is focused on the rising sign more than the sun sign (we suggest you read both) and provides clarity, direction and answers for those seeking a higher level of life.



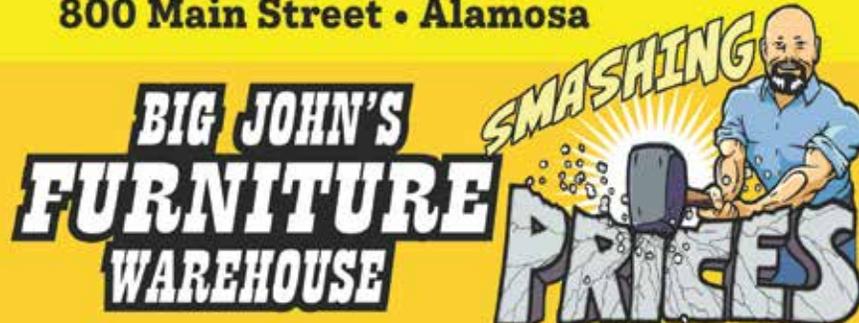
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- Harry Winston**

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## COMMUNITY CALENDAR • NOVEMBER 2022

## HAPPY BIRTHDAY TO EVERYONE BORN IN NOVEMBER!

**NOV 2: WED 4-6 pm**  
**Questa Library Senior Technology classes** for those learning to use an iPhone. Join us for this free four-week series covering basic use to more advanced tasks. You will be glad you did! Call the Questa Library to sign up (575) 586-2023.

**6 pm**  
**Questa Independent Schools Board meets** the first and third Wednesdays of each month, in person and live streamed: <https://www.youtube.com/channel/UCu>

**NOV 5: SAT 2 pm**  
**Grandmother Winter book signing** at op.cit Bookstore, John Dunn Shops, 124 Bent St. in Taos. Support our local author and artist, Gabrielle Herbertson and Lynn Garlick. For more information call (575) 751-1999.

**3-5 pm**  
**Explore "The Magic of Youthful Art" opening reception at the Questa Library.** Artwork by our local school-age children and youthful local artist, Diane deFremery, will be on display. (575) 586-2023.

**NOV 6: SUN**  
**Daylight Saving Time ends,** set your clocks back one hour.

**NOV 8: TUES**  
**Election Day! Don't forget to vote in the General Election.** For polling locations go to <https://www.taoscounty.org/174/Precinct-Sites> or call (575) 586-0694 and see our election guide. See pages 24 and 25.

**2 pm**  
**Friends of the Questa Public Library Board Meeting.** All are welcome. Discover how the FQPL supports our Questa Library, creating a better library for all of us. Call (575) 586-2023.

**6 pm**  
**Village of Questa Town Council Meeting** in person at Village Council Chambers. For agenda see VOQ Website, *Questa Del Rio News* Facebook page or call (575) 586-0694.

**NOVEMBER 9: WED 4-6 pm**  
**Questa Library Senior Technology classes for those learning to use an iPhone.** Join us for this free four-week series covering basic use to more advanced tasks. You will be glad you did! Call the Questa Library to sign up (575) 586-2023.

**NOVEMBER 11: FRI**  
**Veteran's Day,** thank you to all who have, and, are serving.

**9 am–Noon**  
**Food for All at North Central NM Food Pantry,** 140 Embargo Rd. in Questa. Call Jeannie Masters at (575) 586-0486 or (575) 779-9194 or Nancy Parker at (575) 586-2069 or (505) 699-7563; [www.questafoodpantry.org](http://www.questafoodpantry.org). Note change of schedule for the Holidays!

**3:30-4 pm**  
**Monthly Kid's Music Class 0-5 years, with Twirl** and Amber Thomas free every month, mark your calendar for Dec 2. At Yoga Sala. Check website for times and offerings, at [yogasalaquesta.org](http://yogasalaquesta.org).

**NOV 14: MON 6 pm**  
**Free community Narcan training** hosted by Vida Del Norte, 62 State Rd. 38, in Questa. For more information contact Maria Gonzalez at (575) 779-2260 or [maria.gonzalez@vidadelnorte.com](mailto:maria.gonzalez@vidadelnorte.com).

**NOV 15: TUE 9:30 – 10:30 am**  
**Bookmobile at Questa Post Office;** (575) 376-2474; [laura.gonzales@state.nm.us](mailto:laura.gonzales@state.nm.us)

**10:45 am - noon**  
**Bookmobile at Roots & Wings Community School in Lama;** (575) 376-2474; [laura.gonzales@state.nm.us](mailto:laura.gonzales@state.nm.us).

**NOV 16: WED 11 am**  
**Presbyterian Health Open Enrollment with Bingo** at the Questa Senior Center, 148 Embargo Rd, Questa. Info: (575) 586-0508.

**4-6 pm**  
**Questa Library Senior Technology classes** for those learning to iPhone use. Join us for this free four-week series covering basic use to more advanced tasks. You will be glad you did! Call the Questa Library to sign up (575) 586-2023.

**6 pm**  
**Questa Independent Schools Board** meets the first and third Wednesdays of each month, in person and live streamed: <https://www.youtube.com/channel/UCu>.

**NOV 17: THURS 1-4 pm**  
**In Person One-on-One Business Counseling** in Questa at the Visitor Center with Anwar Kaelin, Director of the Small Business Development Center at UNM-Taos. FREE and CONFIDENTIAL. No longer offered via Zoom. For an appointment or more information, call (575) 737-6219.

**5 pm**  
**Cerro VFW Post #9516, monthly meeting** at 108 NM Highway 378 in Cerro. [litameadphoto@gmail.com](mailto:litameadphoto@gmail.com). Call (575) 586-1112 to confirm meeting date.

**NOVEMBER 18: FRI 9 am–Noon**  
**Food for All at North Central NM Food Pantry,** 140 Embargo Rd. in Questa. Call Jeannie Masters at (575) 586-0486 or (575) 779-9194 or Nancy Parker at (575) 586-2069 or (505) 699-7563; [www.questafoodpantry.org](http://www.questafoodpantry.org). Note change of schedule for the Holidays!

**1-3 pm**  
**Questa Library Fun Friday STEAM program** with TWIRL. Kids 4-10 welcome. Catapults: Bring the whole family and build your own contraptions! Come play, create and explore with Twirl. (586) 586-2023.

**6-8 pm**  
**Blue Winds Concert,** live music, healing sound journey, (suggested donation) at Yoga Sala. Check website for times and offerings, at [yogasalaquesta.org](http://yogasalaquesta.org).

**NOV 19: SAT 10 am**  
**Monthly Writers' Group** hosted by Yoga Sala. Online only, free. Check website for times and offerings, at [yogasalaquesta.org](http://yogasalaquesta.org).

**NOV 21: MON 3:30 pm**  
**Questa Library Book Club** meets at the library for lively conversation on the book or topic of the month. For the current month's selection, call the library at (575) 586-2023.

**6-7 pm**  
**Neighborhood Watch Meeting** at the Vida Del Norte Coalition Office, 62 Highway 38 in Questa. Every third Monday of the month. Please contact Jason Gonzalez for more information: [lowrider632000@live.com](mailto:lowrider632000@live.com) or (575) 741-5013.

**NOV 22: TUES 6 pm**  
**Village of Questa Town Council Meeting** in person at Village Council Chambers. For agenda see VOQ Website, *Questa Del Rio News* Facebook page or call (575) 586-0694.

**NOV 24: Happy Thanksgiving!**  
**NOV 26: SAT**  
**Small Business Saturday.** Forget Black Friday, do your holiday shopping on Saturday, support your local merchants and keep it local!

**NOV 29: All Day**  
**National Giving Tuesday,** support your local nonprofit with a year end financial donation. Help kick off the Questa Del Rio News Annual December Fundraiser with an appreciation contribution for your free local paper ; go to [QuestaNews.com](http://QuestaNews.com).

**NOVEMBER 30: MON 4-6 pm**  
**Questa Library Senior Technology classes** for those learning to use iPhone. Join us for this free four-week series covering basic use to more advanced tasks. You will be glad you did! Call the Questa Library to sign up (575) 586-2023.

Mark your December calendars:

**DEC 10: SAT 10am - 4 pm**  
**Alumbra de Questa Christmas Market,** at the Questa VFW. For more information or to be a vendor, [contact.dina@questaedf.com](mailto:contact.dina@questaedf.com) or (575) 586-2258. Vendor fee is \$25.

**AT DUSK**  
**Questa Holiday Light Parade,** Sponsored by the Village of Questa, for more information and to participate, contact Valerie Vigil at [vvigil@villageofquesta.org](mailto:vvigil@villageofquesta.org) or (575) 586-0984.

## SUNDAYS

Please see our Church Directory on Page 31

## MONDAYS

**Classes at Yoga Sala.** Check website for times and offerings, at [yogasalaquesta.org](http://yogasalaquesta.org)

**9 am**  
**Breath Work & Movement,** Magical Passes, Julian (no class Nov 7)

**5 pm**  
**Free Community Yoga:** Gentle practice, Rae, in person only

**7 pm**  
**Kickboxing Reto,** in person only

## TUESDAYS

**Free Transportation for Qualified Seniors** Questa Senior Center, 148 Embargo Rd, Questa. Info: (575) 586-0508.

**5:30-7 pm**  
**Relax & Renew:** Kundalini Yoga, Meditation & Gong, (2 hrs) Jiwanshakti in person only. Check website for times and offerings, at [yogasalaquesta.org/](http://yogasalaquesta.org/) (no class Nov 1 & 8)

## WEDNESDAYS

**Classes at Yoga Sala.** Check website for times and offerings, at [yogasalaquesta.org](http://yogasalaquesta.org).

**9 am**  
**Gentle morning yoga,** Rae, in person only

**7 pm**  
**Kickboxing,** Reto, in person only

**9 am – 3 pm**  
**Repurposing Plastic Project:** Come smash plastic and make wire walls! Meet the team, work your body, lift your spirit, and help the planet! At the old "Movies at Home" building opposite Questa Supermarket on Hwy 522. Call (575) 770-8681 or (575) 224-7386. Also meets Fridays.

**12:30 am -1:30 pm**  
**Wildcat Kitty Club** at the Questa Public Library, for ages 0-3. (Older siblings and guests are welcome.) Stories, songs, and play. The fourth Wednesday of each month will feature our friends from Taos First Steps. 575-586-2023.

**6-8 pm**  
**Bible Study Freedom Center Church** 2558 Hwy 522, Questa. Facilitated by Pastor Johnny. All are welcome to join on Zoom or in person. For link contact Pastor Kristi (575) 770-1714. See [freedomquesta.com](http://freedomquesta.com) for series info.

## THURSDAYS

**Free Transportation for Qualified Seniors** Questa Senior Center, 148 Embargo Rd, Questa. Info: (575) 586-0508.

**10-11 am**  
**Free Senior Exercise Classes,** at the Questa Senior Center, 148 Embargo Rd, Questa. Info: (575) 586-0508.

**Classes at Yoga Sala.** Check website for times and offerings, at [yogasalaquesta.org](http://yogasalaquesta.org).

**5:30 pm**  
**Power Hour Yoga,** Gaea, in person and online.

**2:30 – 4:30 pm**  
**Dropped Stitch** at the Questa Public Library. We knit. We crochet. We laugh. We teach. We learn. Bring your latest project. If it has a fiber, it counts! All skill levels are welcome. Info: (575) 586-2023.

**6 pm**  
**Thursday Night Jam Session** at Rael's Market & Coffee House; bring your instrument to jam or just bring yourself and enjoy. Free! 2430 NM-Hwy 522 in Questa. Info: (575) 779-9249.

## FRIDAYS

**Classes at Yoga Sala.** Check website for times and offerings, at [yogasalaquesta.org](http://yogasalaquesta.org).

**9 am**  
**Free Community Qigong,** Martha, online only

**9 am**  
**Free Community Qigong,** Julian, in person only (no class Nov 4 & 11)

**4 pm**  
**Free Kids Ballet,** Miss Tuesday, in person only, free (no class Nov 25)

\* Tai Chi and Qigong are martial arts, and are gentle, accessible practices. Anyone can join, no prior knowledge needed.

**9 am – 3 pm**  
**Repurposing Plastic Project:** Come smash plastic and make wire walls! Meet the team, work your body, lift your spirit, and help the planet! At the old "Movies at Home" building opposite Questa SuperMarket on Hwy 522. Info: (575) 770-8681 or (575) 224-7386. Also meets Wednesdays.

**6 pm**  
**New Third Group: a Christian Approach to Recovery** at Living Word Ministries, 14 Llano Rd., Questa. (575) 613-8010.

**6 – 8 pm**  
**Live Music** every other Friday with Chris Arellano and family and friends, 101 Bar & Grill (formerly The Crazy Beaver), 101 County Rd 13.2, Garcia, CO 81152. Please call to confirm (719) 672-9022.

## SATURDAYS

**10 am Free Community Tai chi,** teacher: Reto, in person only. Check website for times and offerings, at [yogasalaquesta.org](http://yogasalaquesta.org) (no class Nov 26).

DO YOU HAVE SOMETHING FOR OUR CALENDAR?  
FREE LISTINGS! Please send us your event and include the date, time, place, and contact information (575) 586-2149 or [Events@QuestaNews.com](mailto:Events@QuestaNews.com)



**CLASSIFIEDS**

**HELP WANTED**

**Family Dollar Store** is short-staffed, now hiring sales clerks. Apply in person at 2339 NM-522, Questa.

**Certified Police Officers** for Questa Police Department. The job description and employment application are uploaded to the website: [questa-nm.com](http://questa-nm.com). Under the government tab there is a job positions tab. Questions: Valerie Vigil Clerk/HR (575) 586-0694 or [vvigil@villageofquesta.org](mailto:vvigil@villageofquesta.org)

**Interviewing NOW! In-home caregiver for an intellectually feisty elder.** Must be personable, patient, articulate with a good sense of humor. Assist with ALL daily living skills and needs: bathing, dressing, transferring from bed to walker or wheelchair, meal prep, companionship. Must communicate clearly with family members, the client and other caregivers. Call Robyn at (575) 779-6802.

**NOTICES**

**LOST KEY FOB: \$50 Reward:** Lost in Red River. Contact Connie at (575) 808-0633

**Alumbra de Questa at the Questa VFW** Saturday December 10: SAT 10am -4 pm. To be a vendor contact [dina@questaedf.com](mailto:dina@questaedf.com) or (575) 586-2258. Vendor fee us \$25.

**Light Parade at dusk,** after Alumbra on Saturday December 10. Sponsored by the Village of Questa, for more information and to participate, contact Valerie Vigil at [vvigil@villageofquesta.org](mailto:vvigil@villageofquesta.org) or (575) 586-0984.

**Free community Narcan training on Monday, Nov. 14 at 6 pm,** hosted by Vida Del Norte at 62 State Rd. 38, in Questa. Narcan is a medication designed to reverse the effects of an

opioid overdose, come learn about Narcan and learn how to administer it, you may save a life! For more information contact Maria Gonzalez at (575) 779-2260 or [maria.gonzalez@vidadelnorte.com](mailto:maria.gonzalez@vidadelnorte.com).

**Free Senior Exercise Classes,** Thursdays, 10-11 am, Questa Senior Center, 148 Embargo Rd, Questa. Call (575) 586-0508 for more information.

**Free Transportation for Qualified Seniors** Every Tuesdays and Thursday. Questa Senior Center, 148 Embargo Rd, Questa. Call (575) 586-0508 for more information.

**FREE COVID PCR TESTS AND VACCINES** at the Questa Health Center. Vaccines are available by appointment, including vaccines for children 6 months to four years old. 2573 NM-522, Questa, NM. For an appointment, call Amy at (575) 586-0315.

**Free Senior Lunches:** Questa Senior Center, 148 Embargo Rd., Questa, NM 87556, (575) 586-0508 and at 583 State Road 196, Amalia, NM 87512, (575) 586-0071. **See November menu and pricing on page 6.**

**FREE COVID AT-HOME TESTS** Every home in the US is eligible to order four at-home COVID-19 tests. Sign up at [covid.gov/tests](http://covid.gov/tests).

**North Central New Mexico Food Pantry:** Please note change of schedule for the Holidays: distribution days are 11/11,11/18, 12/9, and 12/16 from 9 am-noon, 140 Embargo Rd. in Questa. If you need an emergency food box or other information, please call: Jeannie Masters (575) 586-0486 or (575) 779-9194 or Nancy Parker (575) 586-2096 or (505) 699-7563. To make a donation, go to [ncfpquesta.com](http://ncfpquesta.com) or mail to: North Central Food Pantry,

PO Box 1076, Questa, NM 87556. For more information, please email [wmesquire2@gmail.com](mailto:wmesquire2@gmail.com). If you would like to volunteer, please call Jeannie (numbers above). Happy Holidays from all of us at the North Central New Mexico Food Pantry.

**Questa One-on-One Business** in person at the Questa Visitor Center with Anwar Kaelin, Director of the Small Business Development Center at UNM-Taos. FREE and CONFIDENTIAL. Business owners, independent contractors, and entrepreneurs in the Questa area can receive free one-on-one business consulting and training in planning, accessing capital, marketing, regulatory compliance, technology development, international trade, and more. No longer offered via Zoom. For an appointment or more information, call (575) 737-6219.

**NOVEMBER QUOTE FROM LISA FOX** "The moment you notice that you are an instrument of God, once you become like a hollow flute, the wind will blow through you and there will be music" — Leonard Peltier



**MATCHING FUNDS NEXT MONTH IN DECEMBER!**

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**QUESTA**

**ST. ANTHONY DE PADUA CHURCH**  
Father Andrew Ifele (575) 586-0470  
Saturday 6 pm, Sunday 7 am in Spanish, 11 am in English

**MISSION CHURCHES OF ST. ANTHONY'S:**  
Costilla - Sagrado Corazon - Sunday 9 am  
Cerro - Nuestra Señora de Guadalupe - 2nd & 4th Saturdays 4 pm  
Amalia - Santo Niño - 1st & 3rd Saturdays 4 pm

**FREEDOM CENTER CHURCH**  
(previously Harvest Questa)  
Pastors Kristi & Johnny Gonzales  
2558 Hwy 522, Questa  
Sunday Service 11 am - 12:30 pm  
(575) 770-1714  
Visit us online: [freedomquesta.com](http://freedomquesta.com)

**LIVING WORD MINISTRIES**  
Pastors Peter and Gayle Martinez  
12 Llano Road  
Service: Sunday 10:30 am  
Nursery and Kids' Church at 10:30 am  
Wednesday Bible Study 7 pm  
[www.lwmsite.org](http://www.lwmsite.org)  
(575) 586-1587

**PATH OF LOVE**  
Sunday 7:30 am class and meditation  
Introductory Meditation Class Sunday 3 pm  
(575) 586-1454, Hilece

**THEOSOPHY**  
Sunday 10 am Alice Bailey Theosophy Study Group  
(575) 586-4641, Francis

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Sunday Bible Class Sunday 9:30 am  
followed by worship at 10:15 am

**KAGYU MILA GURU SANGHA**  
Tibetan Buddhism  
Monday, 11 am, Green Tara  
Friday, 1 pm,, Chenrezig  
[www.earthjourney.org](http://www.earthjourney.org)  
(575) 586-1454, Hilece

**KINGDOM HALL OF JEHOVAH'S WITNESSES**  
(575) 586-1947

**AMALIA**

**SANTO NIÑO MISSION CHURCH**  
1st & 3rd Saturdays 4 pm

**ABUNDANT LIFE CHRISTIAN FELLOWSHIP**  
Sunday Service 10:30 am  
Potluck & Fellowship 3rd Sunday of the month  
Highway 196, Amalia  
Pastors: Lorenzo & Arleen Lucero  
(575) 770-5716

**RED RIVER**

**FAITH MOUNTAIN FELLOWSHIP**  
Corner of River Street and Copper King Trail  
Sunday 10:30 am  
First Baptist Church of Red River  
103 High Cost Trail  
Sundays 8:15 am and 10:30 am  
Pastor Joe Phillips (575) 754-2882

**ST. EDWIN'S CATHOLIC CHURCH**  
North end of Silver Bell Trail  
Saturday 6 pm (Confession prior to Mass or by appt.)  
Father Andrew Ifele (575) 586-0470

**LIST IT IN THE CLASSIFIEDS!**

CALL for Rates (575) 613-0856 Email Dina for Rates [Sales@QuestaNews.com](mailto:Sales@QuestaNews.com)

**AA MEETINGS**  
LOCAL AA MEETINGS  
Sundays 10-11 am  
Open Meeting; Questa Youth Center

**HOLD YOUR FACE TO THE LIGHT**  
Believe more deeply. Hold your face up to the light, even though for the moment you do not see.  
—AS BILL SEES IT, p. 3



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Questa, NM 87556  
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32 Sagebrush Rd. (next to Questa High School)

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