

Questa Del Rio News

QUESTA • RED RIVER • CERRO • COSTILLA • AMALIA • LAMA • SAN CRISTOBAL

QUESTANEWS.COM

SENIOR MENU: NOVEMBER 2023

Monday	Tuesday	Wednesday	Thursday	Friday
All Meals Served With 8oz. 2% Milk as available		1 Meat loaf, Gravy, Sweet Potatoes Green Beans, Wheat Roll, Strawberries w/Angel cake	2 Bean Burrito Smothered, cucumber salad, Roasted Brussel Sprouts, peaches, Greek Vanilla Yogurt	3 BBQ Pulled Pork Sandwich, Stewed Tomatoes, Coleslaw, mandarin oranges
6 Chili Dog, French Fries, Carrots, Cantaloupe	7 Soft Chicken Tacos, Pinto Beans/ Salsa Calabacitas, Spiced pears w/ granola	8 Tossed Salad, Crackers, Sliced Apples	9 Pork Posole, flour tortilla, Orange	10 Closed Veterans Day
13 Orange chicken, steamed brown rice, oriental vegetables, Fortune Cookie, Pineapple Chunks	14 Pork chop Gravy, Lemon Herb Orzo, broccoli spears, Roasted Zucchini w/roll, applesauce	15 Beef Burrito Supreme, Spanish Rice Calabacitas, Diced Mango	16 turkey, mashed potatoes/ gravy, green beans w/ Slivered almonds, corn bread stuffing/ Roll, cranberry sauce, pumpkin pie w/ whipped topping	17 Frito Pie, Pinto Beans, Beet and Red Onion salad, Gelatin w/ banana
20 Pepperoni Pizza , HB Egg, Greek Nonfat Vanilla, Peaches, Crackers	21 Spaghetti w/ meat sauce Italian Blend, Vegetables, Tossed Salad w/Dressing, Wheat roll, Fruit Cocktail	22 Tuna salad Sandwich, Asparagus, Roasted Cauliflower, Apricots	23 Closed	24 Closed Thanksgiving
27 Baked Fish, wild rice, Vegetable medley, Banana	28 Cheeseburger W/ FF, Cucumber and tomato, Salad, Watermelon	29 Grilled Cheese sandwich LS tomato soup, Capri Vegetables/ HB Egg Fruit Salad w/ vanilla yogurt	30 Chicken Bow Tie Alfredo, Italian Veggies, Garlic wheat roll, Tropical Fruit Salad	