

Questa Del Rio News

QUESTA • RED RIVER • CERRO • COSTILLA • AMALIA • LAMA • SAN CRISTOBAL

QUESTANEWS.COM

SENIOR MENU: APRIL 2024

Monday	Tuesday	Wednesday	Thursday	Friday
1 Sloppy Joe, Tater Tots, Peas & Carrots, Berries	2 Chicken & Potato Burrito, Red Chili Sauce, Chuck Wagon Veggies, Fruit Cocktail in Gelatin	3 Pork Stir Fry, Fried Rice, Stir Fry Veggies, Spinach Salad, Fresh Orange	4 Meatloaf, Scalloped Potatoes, Buttered Carrots, Wheat Roll, Cinnamon Spiced Apples	5 Baked Pork Chop, Rice Pilaf, Green Beans & Corn, Wheat Roll, Fresh Cantaloupe
8 Salisbury Steak, Mashed Potatoes, Mushroom Gravy, 5 Way Veggies, Wheat Roll, Tropical Fruit	9 Soft Fish Taco, Cucumber Salad, Black Beans, Spanish Slaw, Tapioca Pudding	10 Hot Roast Beef and, Swiss Sandwic, Au Jus Sauce, 3 Bean Salad, Roasted Beets, Potato Chips, Fresh Banana	11 Baked Chicken, Chicken Gravy, Wild Rice, Asparagus with Onions, Biscuit, Apricots	12 Cheese Tortellini with Meaty Marinara Sauce, Italian Veggies, Tossed Salad w/ Dressing, Wheat Roll, Oatmeal Cookie
15 Pork Posole, Chateau blend Vegetables, Flour Tortilla, Berries w/ gelatin	16 Chicken Fettuccini with Alfredo Sauce, Broccoli & Cauliflower, Wheat Roll, Fresh Pear	17 Boneless Country Style Ribs, Baked Beans, Carrot and Raisin Salad, Cornbread, Pineapple chunks	18 Green Chili Chicken Enchiladas, Pinto Beans, Yellow Squash & Zucchini, Plums	19 Turkey Cobb Salad with Boiled Egg, Ranch Dressing, Crackers, Strawberries
22 Teriyaki Chicken, White Rice, Asian Veggies, Wheat Roll, Mandarin Oranges, Fortune Cookie	23 Breaded Cod, Baked French Fries, Vegetable Medley, Cole Slaw, Lemon Sherbet	24 Pork Posole, Spanish Rice, Mixed Veggies, Flour Tortilla, Sliced Pears	25 Beef in Ravioli, Marinara Sauce, California Veggies, Wheat Roll, Applesauce	26 Ham & Cheese Sandwich, Sun Chips, Garden Blend Vegetables, Watermelon
29 Shredded pork, Sweet Potatoes, Cauliflower, Fresh Apple	30 Classic Chicken salad, Tomato Soup, broccoli Salad, Fruit Salad		All Meals Served With 8oz. 2% Milk as available	Taos County Senior Program (575) 737-8927 PLEASE NOTE THAT THE MENU IS SUBJECT TO CHANGE WITHOUT NOTICE